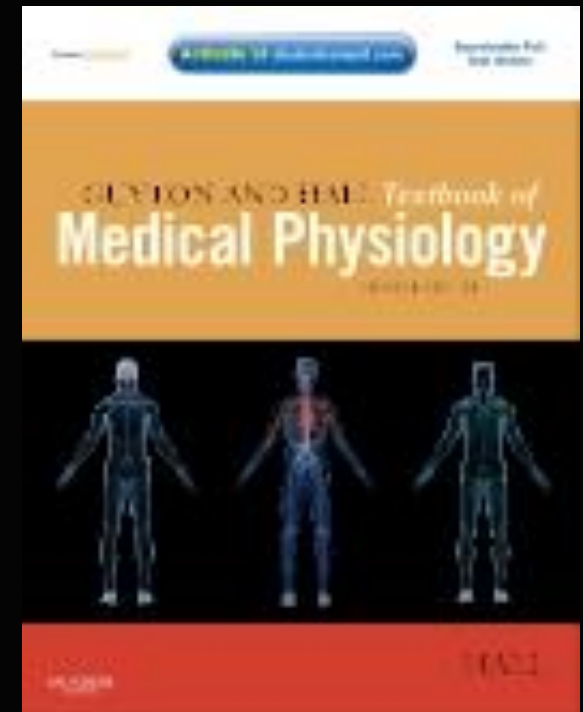


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

Physiology of the Kidney and Urological system

Gihad Allugamie MD.
Uro-Andrologist
dr.gihadallugamie@gmail.com



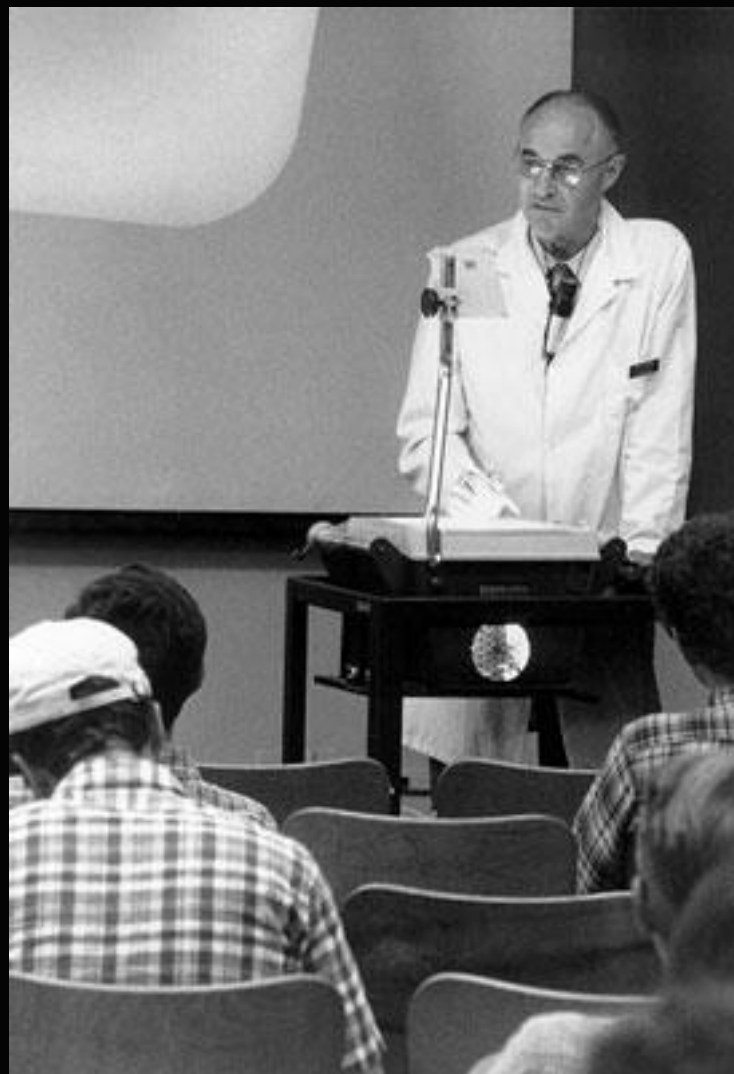
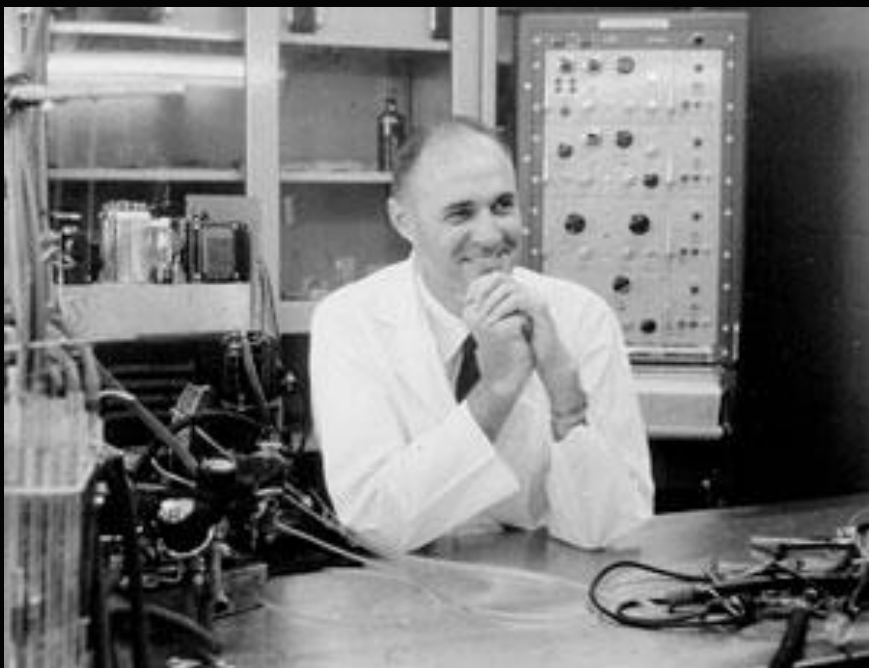


Frank H. Netter, MD
(1906-1991)
"Medicine's Michelangelo"



Arthur Guyton
(1919-2003)





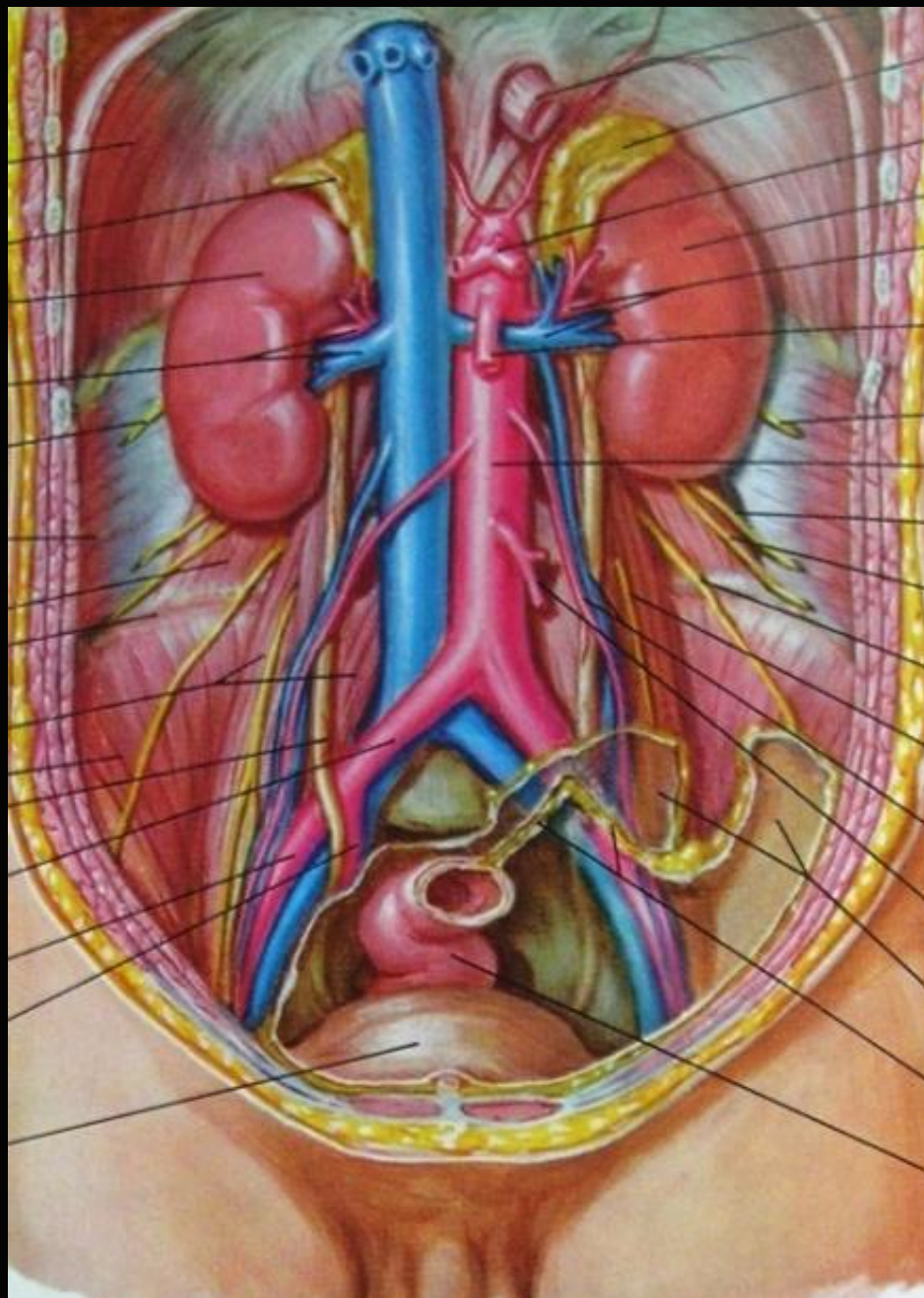
Arthur Guyton
(1919-2003)

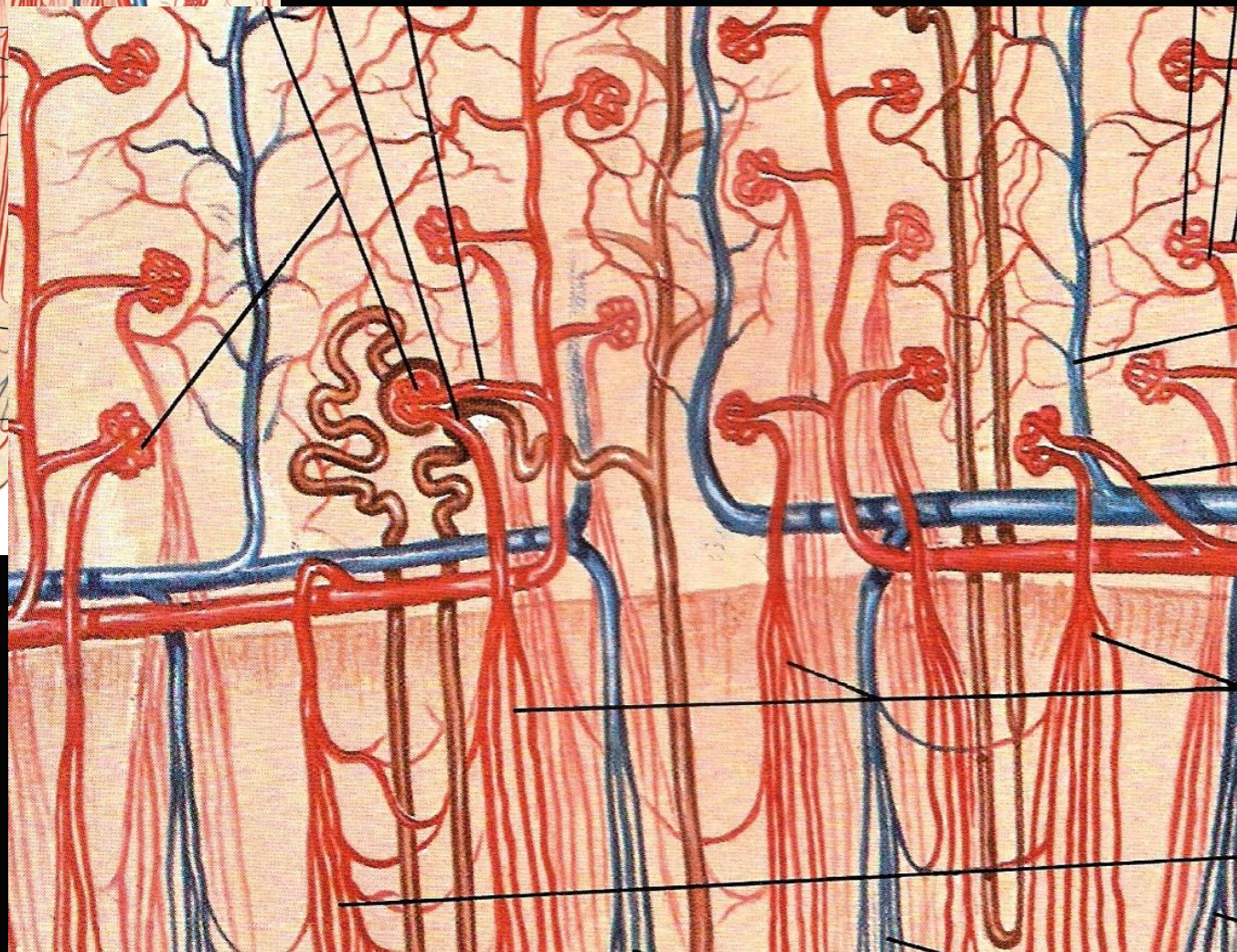
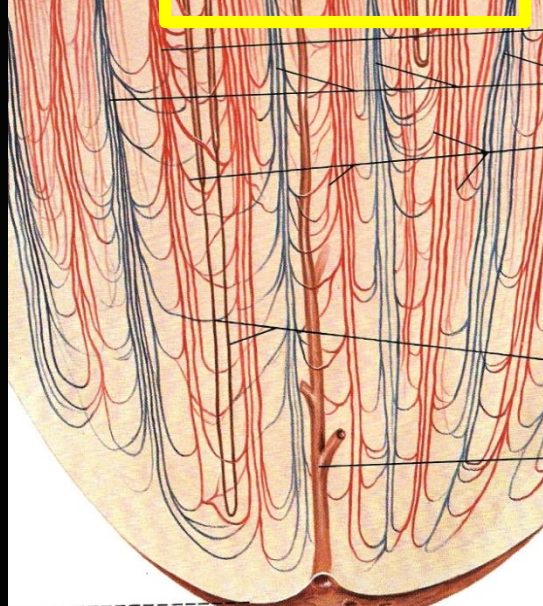




Frank H. Netter, MD
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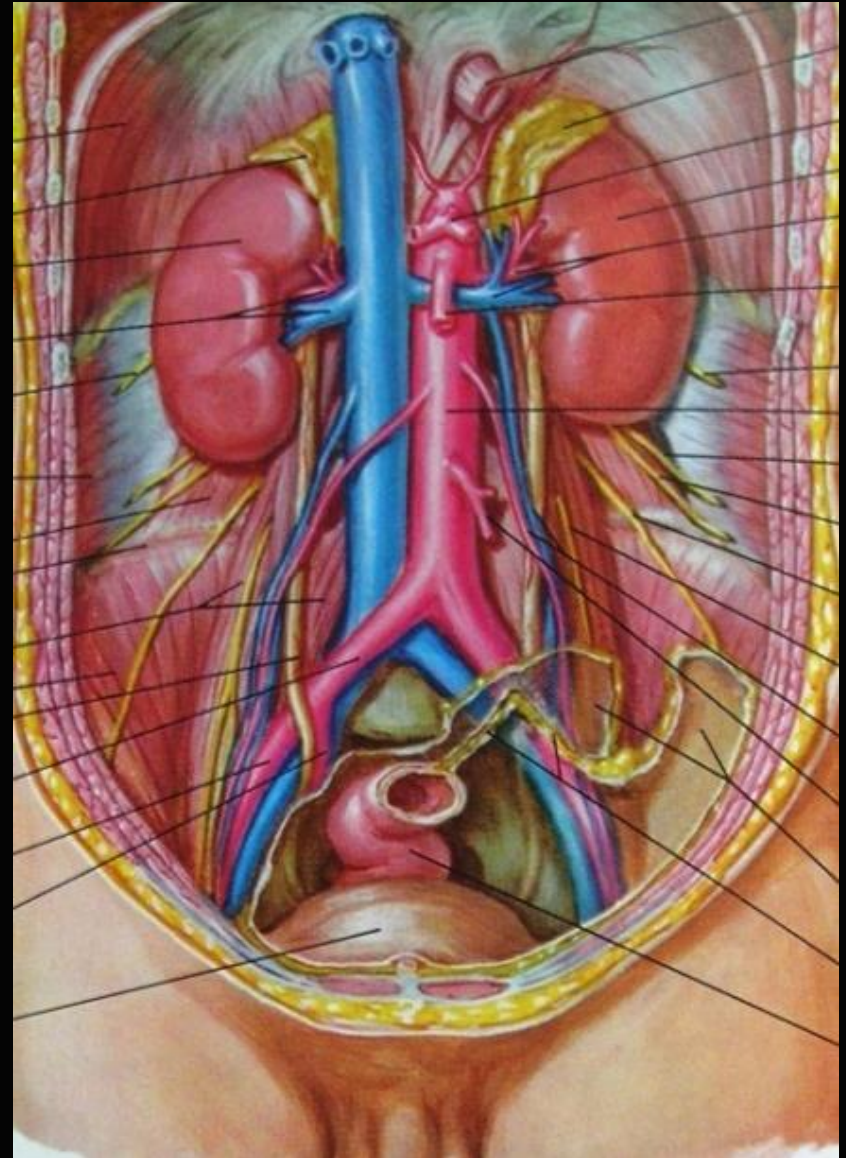


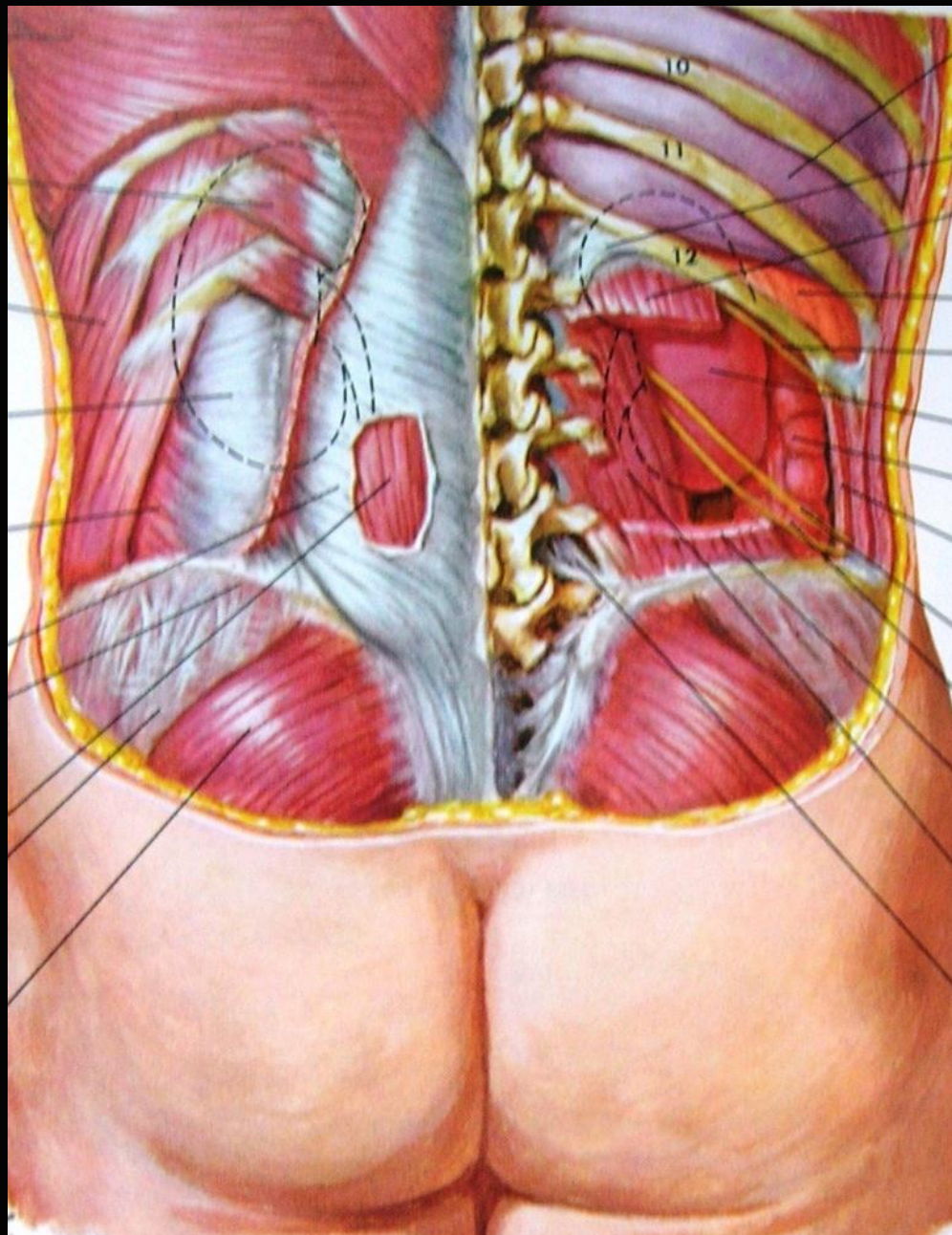




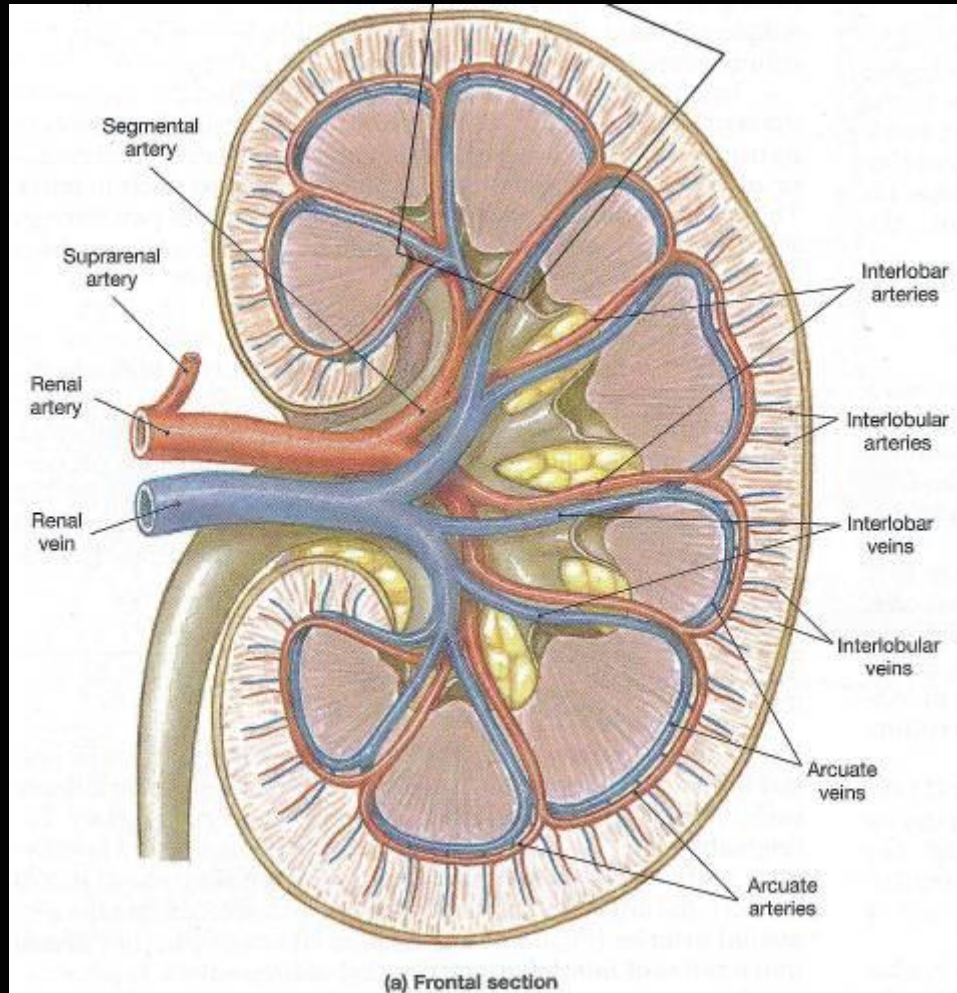
Kidneys

- Paire, Retroperitoneal
- Partially protected by the 11th and 12th ribs
- Right slightly lower due to liver
- Surrounded by renal capsule
- Adipose capsule
- Renal fascia



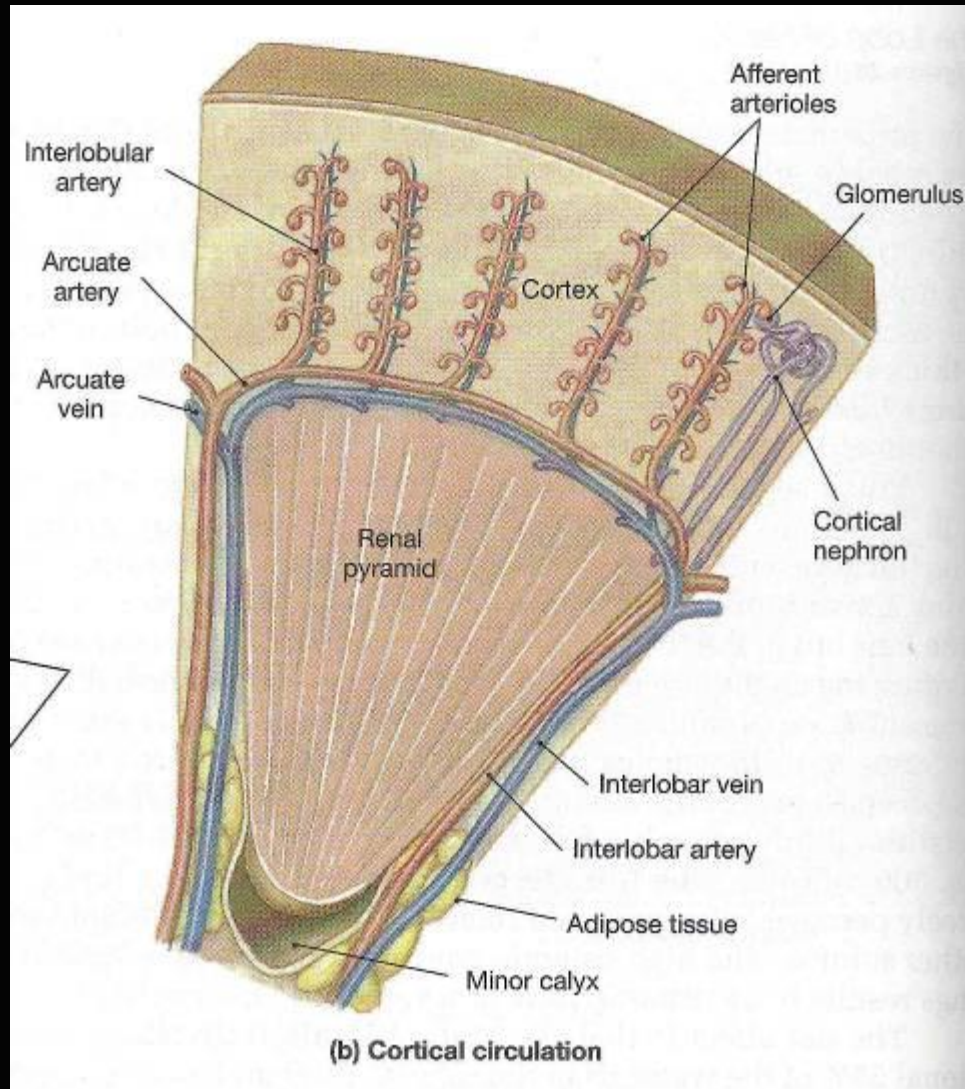


Blood Supply to the Kidney



- The renal artery
- segmental arteries
- interlobar arteries that communicate with one another via arcuate arteries.
- The arcuate arteries give off branches called interlobular arteries that extend into the cortex.
- Venous return of blood is via similarly named veins.

Blood Supply to the Kidney



- The interlobular arteries
- afferent arteriole
- Glomerulus
- efferent arterioles
- capillary network surrounding the tubule system of the nephron.
- The interlobular veins are then the collecting vessel of the nephron capillary system.

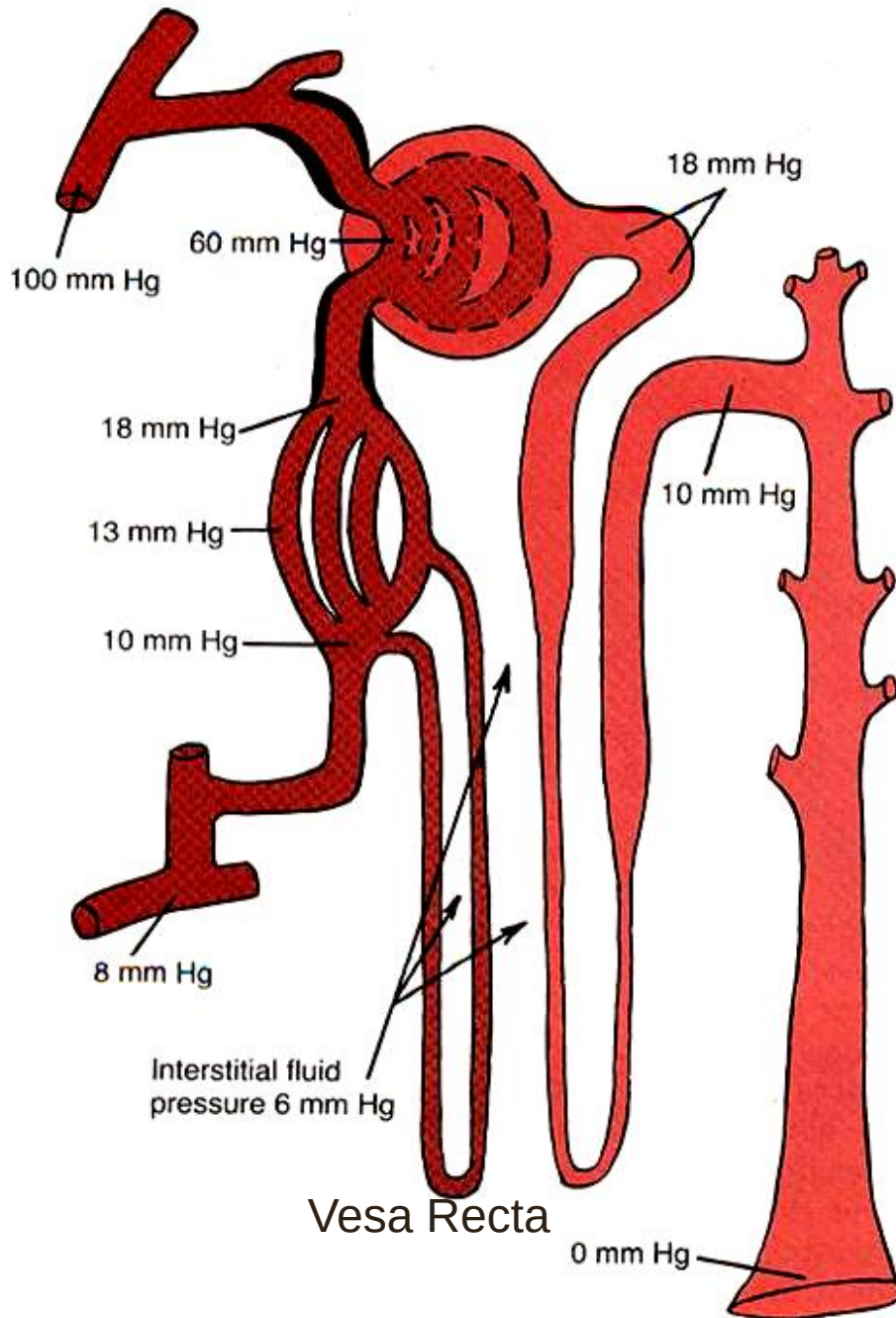
Characteristics of the renal blood flow:

1, **high blood flow**

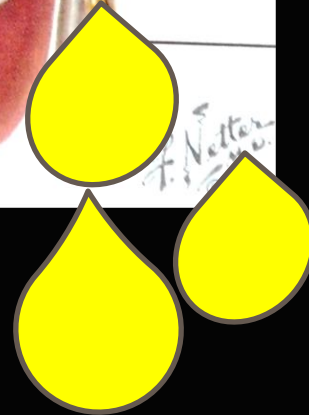
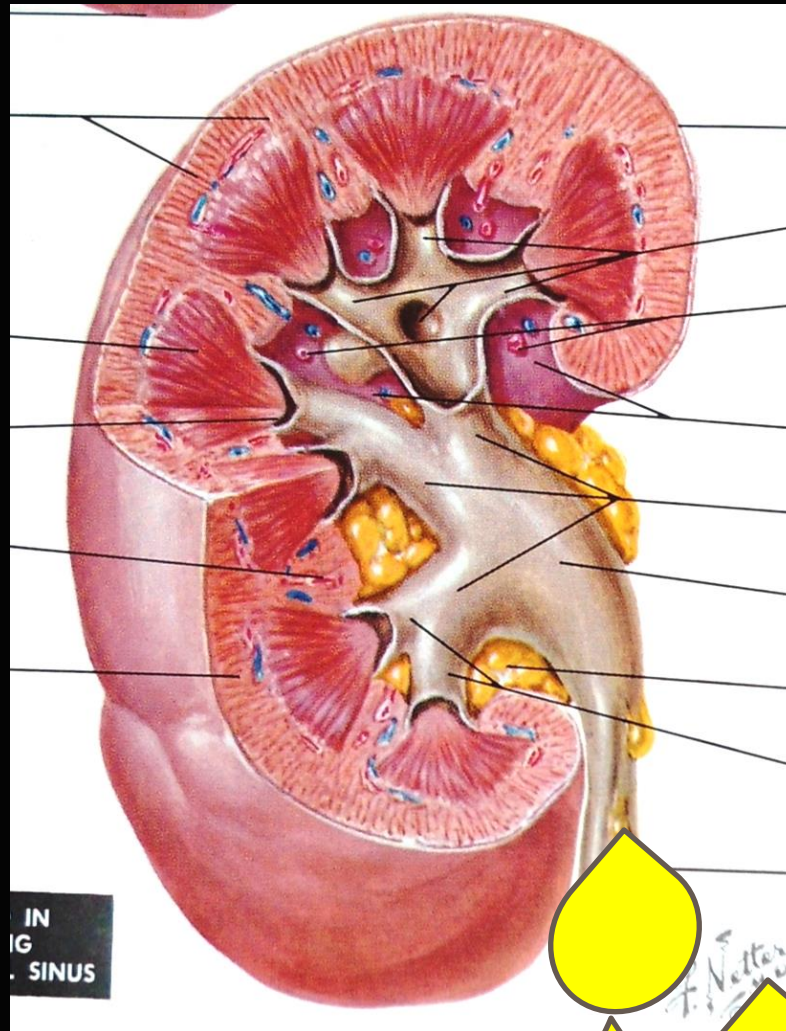
1200 ml/min, or 21 percent of the cardiac output. 94% to the cortex

2, **Two capillary beds**

High hydrostatic pressure in glomerular capillary (about 60 mmHg) and low hydrostatic pressure in peritubular capillaries (about 13 mmHg)



Kidneys



- Kidneys make up 1 % of body mass, but receive about 25% of cardiac output.
- Kidney has two major functions:

1. Filtration of blood

- Removes metabolic wastes from the body, esp. those containing nitrogen (**Urine formation**)

2. Regulation:

- Blood volume and composition
- Electrolytes
- Blood pH
- Blood pressure



Blood flow in kidneys and other organs

Organ	Approx. blood flow (mg/min/g of tissue)	A-V O ₂ difference (ml/L)
Kidney	4.00	12-15 (depends on reabsorption of Na ⁺)
Heart	0.80	96
Brain	0.50	48
Skeletal muscle (rest)	0.05	-
Skeletal muscle (max. exercise)	1.00	-

SUPERIOR (APICAL) SEGMENTAL ARTERY

ANTERIOR SUPERIOR
SEGMENTAL ARTERY

CAPSULAR AND
PERIRENAL BRANCHES

INFERIOR
SUPRARENAL ARTERY

ANTERIOR DIVISION
OF RENAL ARTERY

MAIN RENAL
ARTERY

POSTERIOR DIVISION
OF RENAL ARTERY
(POST. SEGMENTAL ARTERY)

PELVIC AND URETERIC BRANCHES

ANTERIOR INFERIOR
SEGMENTAL ARTERY

POSTERIOR SEGMENTAL ARTERIES

INFERIOR SEGMENTAL ARTERY

**TERMINAL BRANCHES
OF RENAL ARTERY
(LEFT KIDNEY VIEWED
FROM IN FRONT)**

INTERLOBAR
ARTERIES

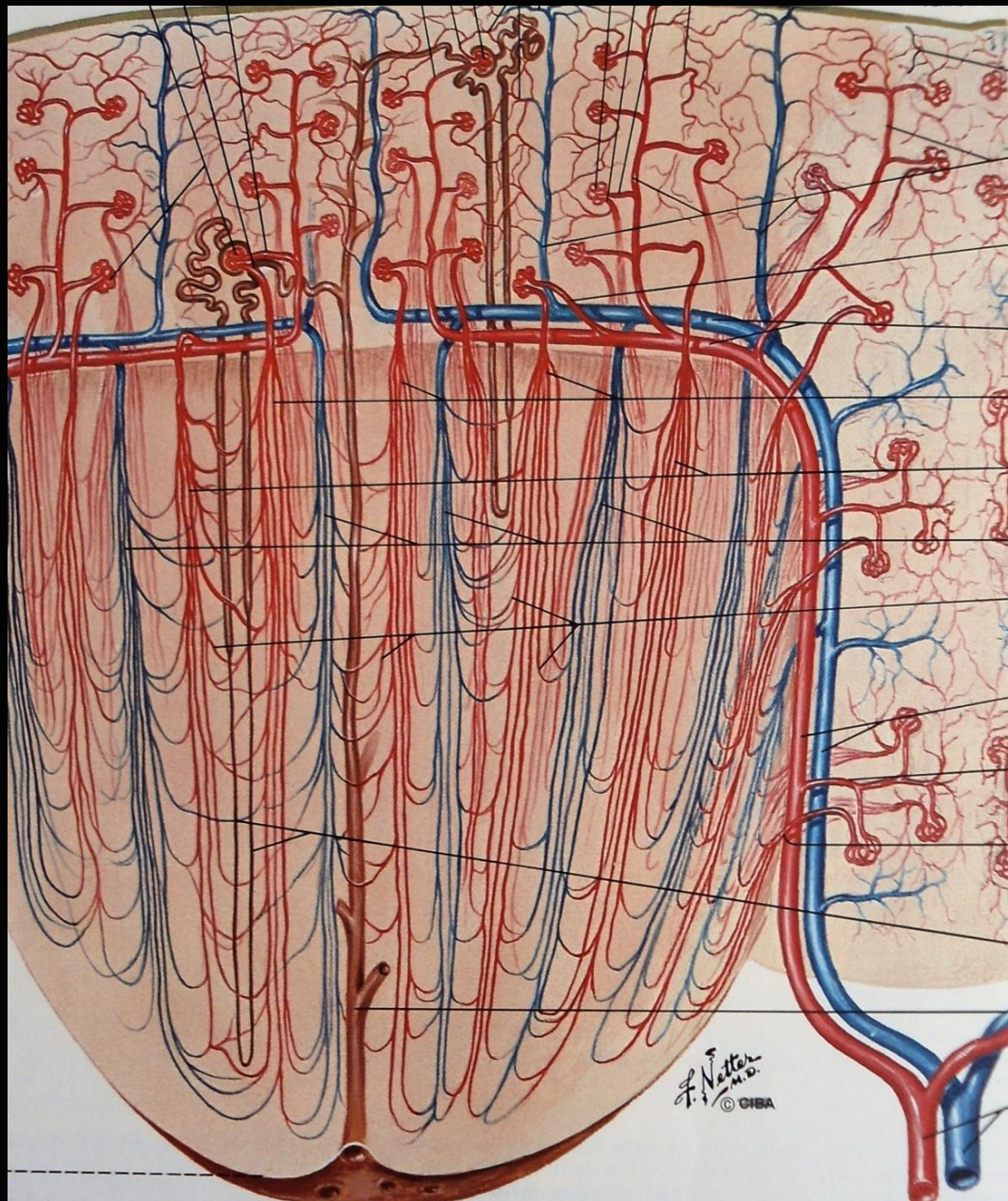
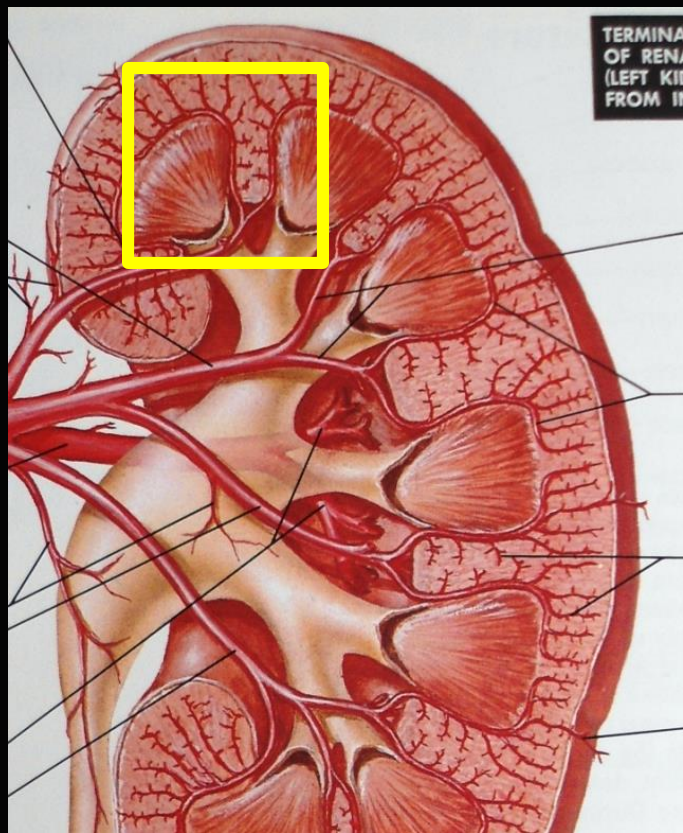
ARCUATE
ARTERIES

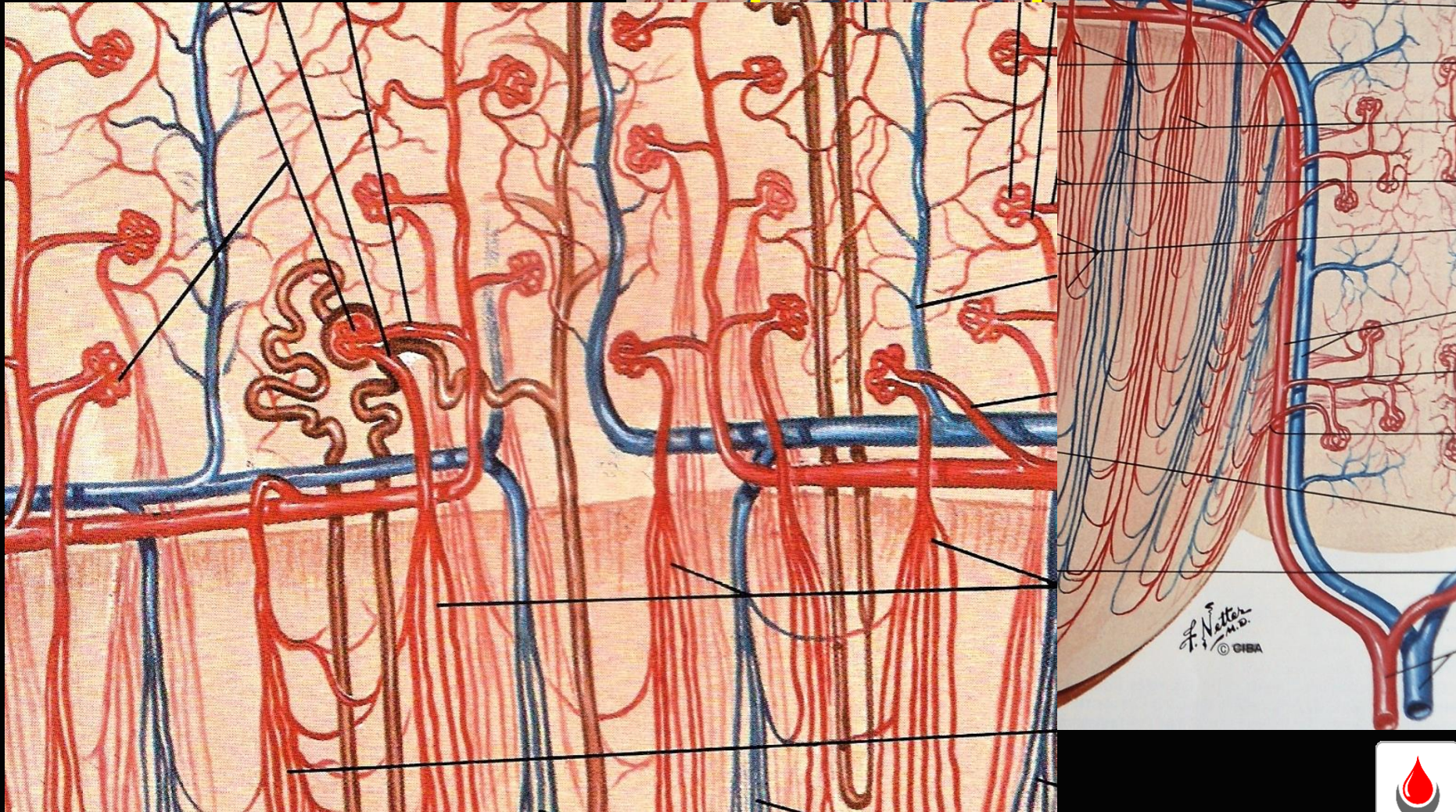
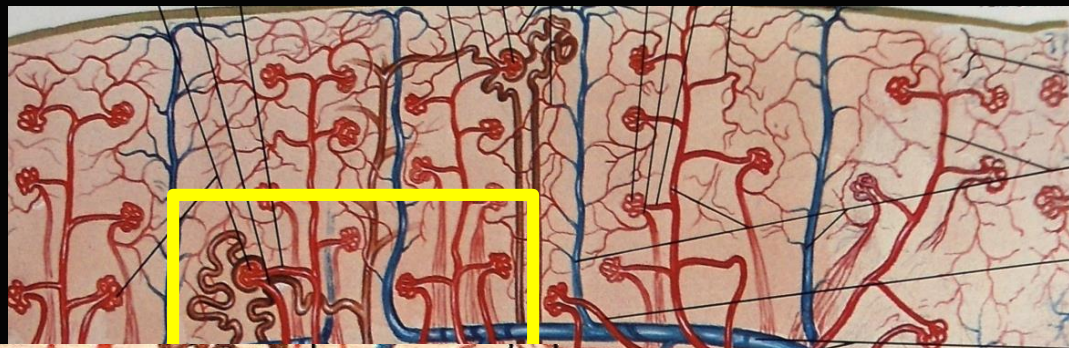
INTERLOBULAR
ARTERIOLES

CAPSULAR
PERFORATING
BRANCH

*F. Netter
M.D.*
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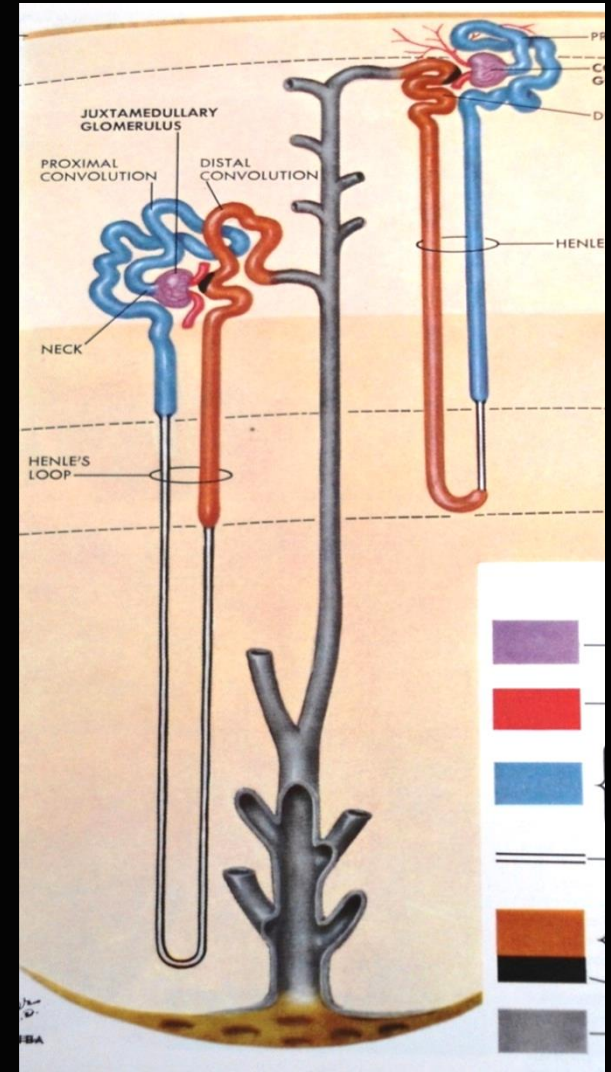






Nephron

- Functional unit of the kidney
- Filtration, tubular reabsorption, tubular secretion
- Renal corpuscle:
 - Glomerulus – capillaries
 - Glomerular or Bowman's capsule

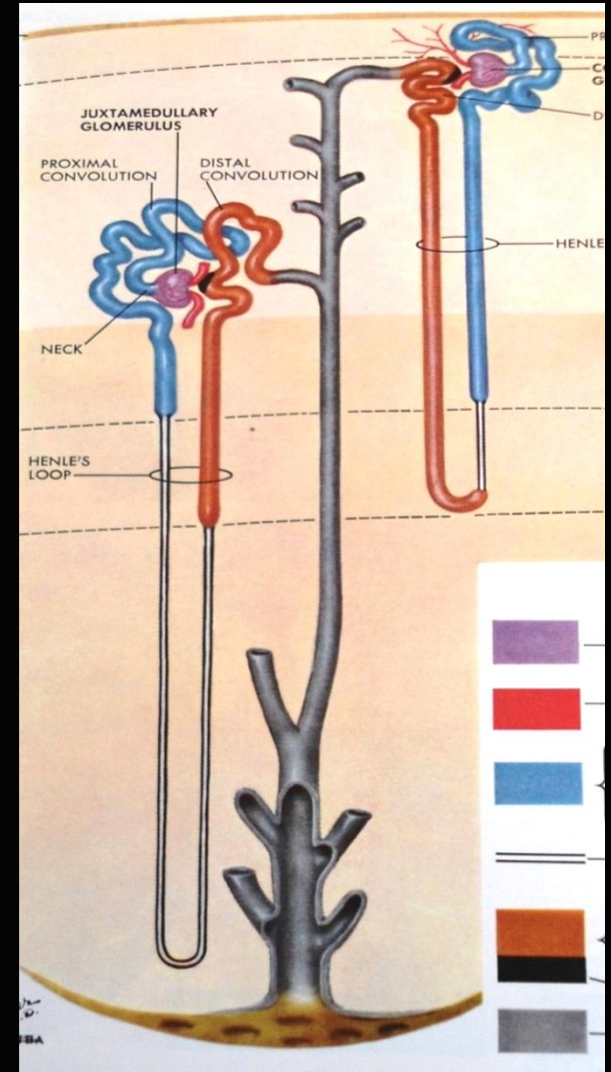


The Nephron

1. glomerulus
 2. proximal convoluted tubule
 3. loop of Henle
 - descending limb
 - ascending limb
 4. distal convoluted tubule
- many nephrons connect to collecting duct

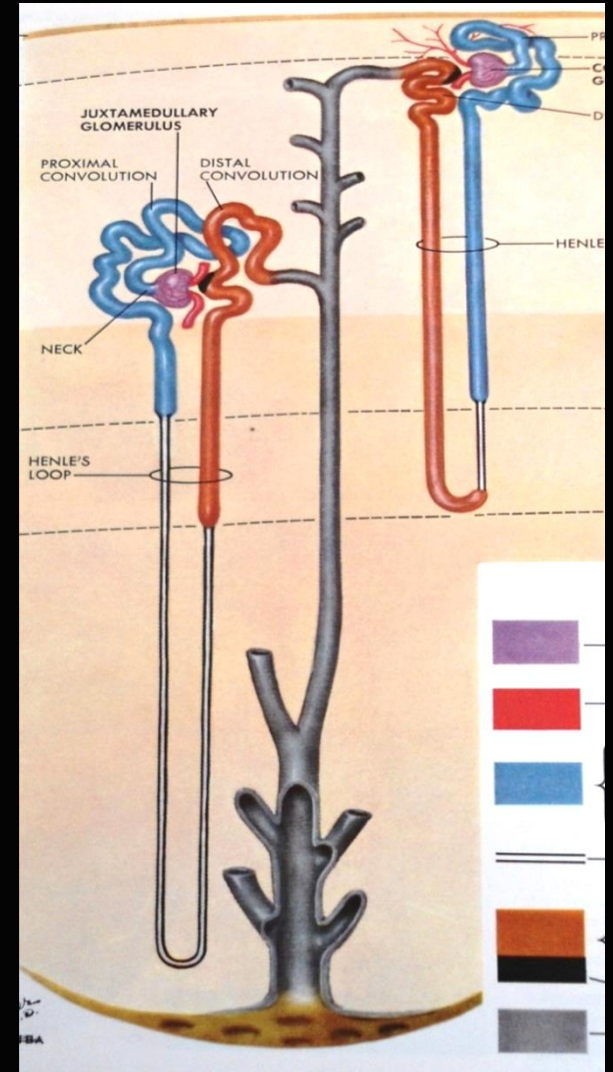
Blood flow:

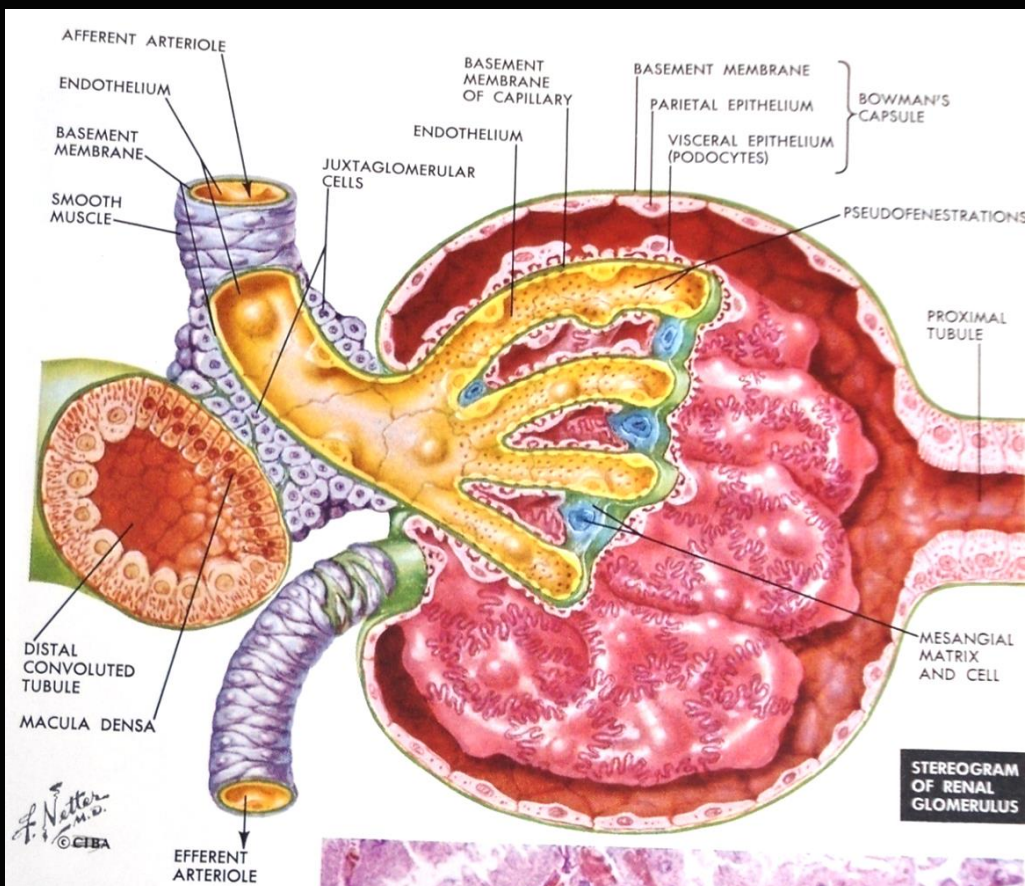
afferent arteriole
efferent arteriole
Peritubular capillaries
vasa recta



Cortical nephron – **glomeruli in outer cortex & short loops of Henle** that extend only short distance into medulla-- blood flow through cortex is rapid – majority of nephrons are cortical.

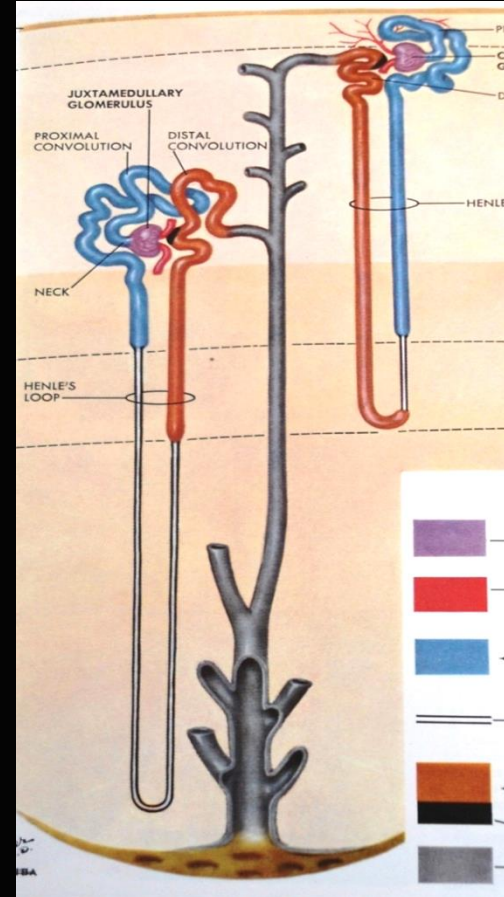
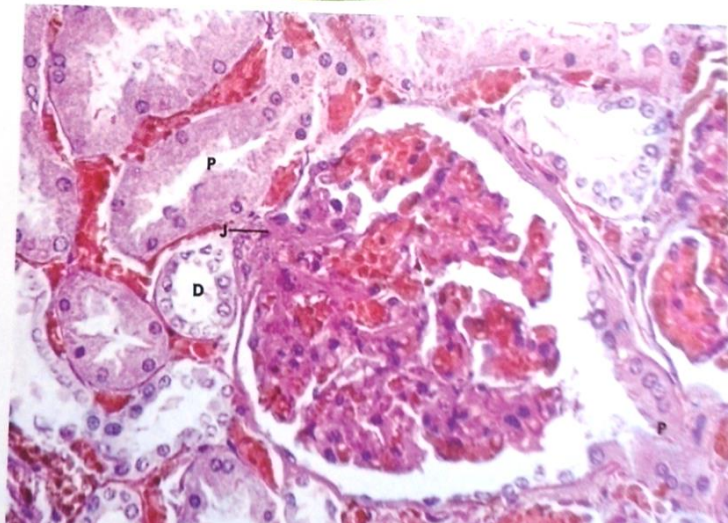
Juxtamedullary nephron – **glomeruli in inner part of cortex & long loops of Henle** which extend deeply into medulla.– blood flow through vasa recta in medulla is slow.





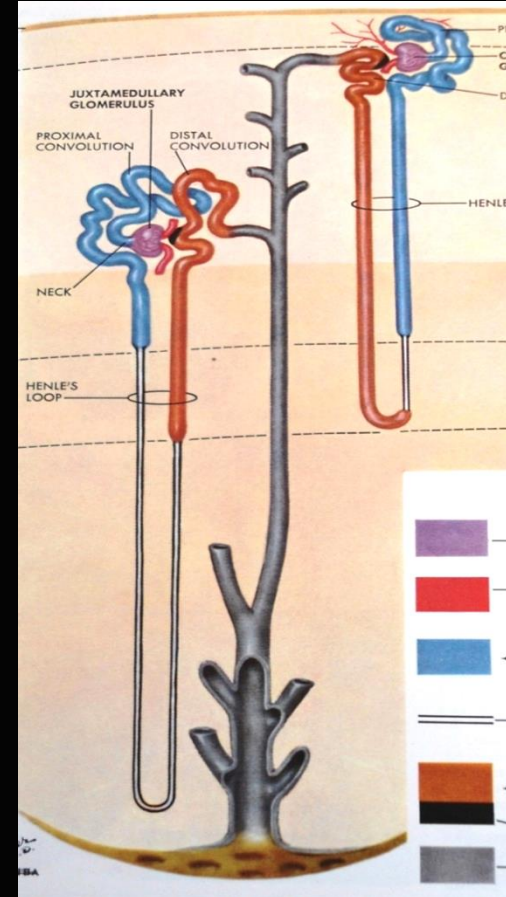
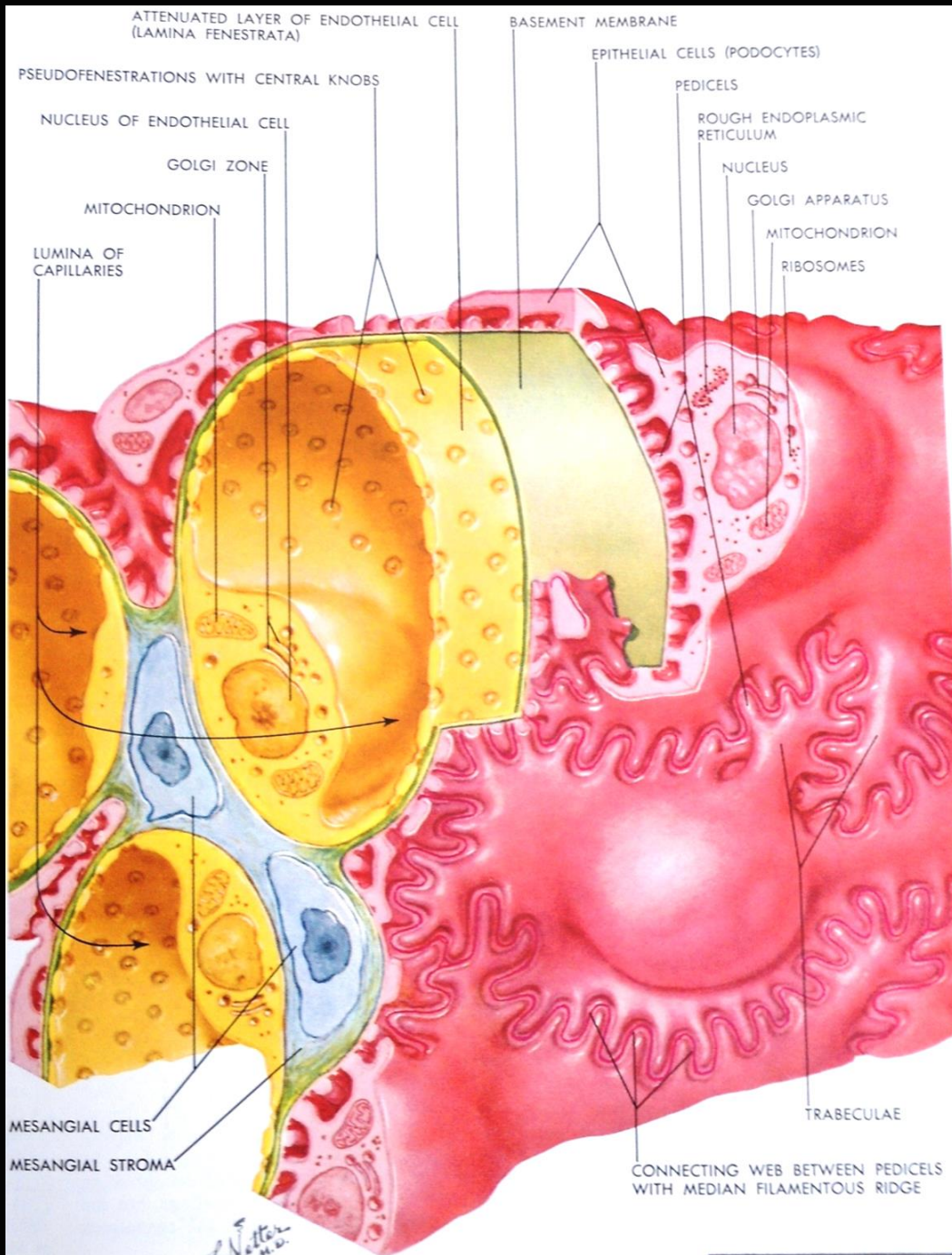
J. Natter
 M.D.
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GLOMERULUS (HUMAN);
 H. & E. STAIN, X 350
 P=PROXIMAL TUBULE
 D=DISTAL TUBULE
 J=JUXTAGLOMERULAR CELLS



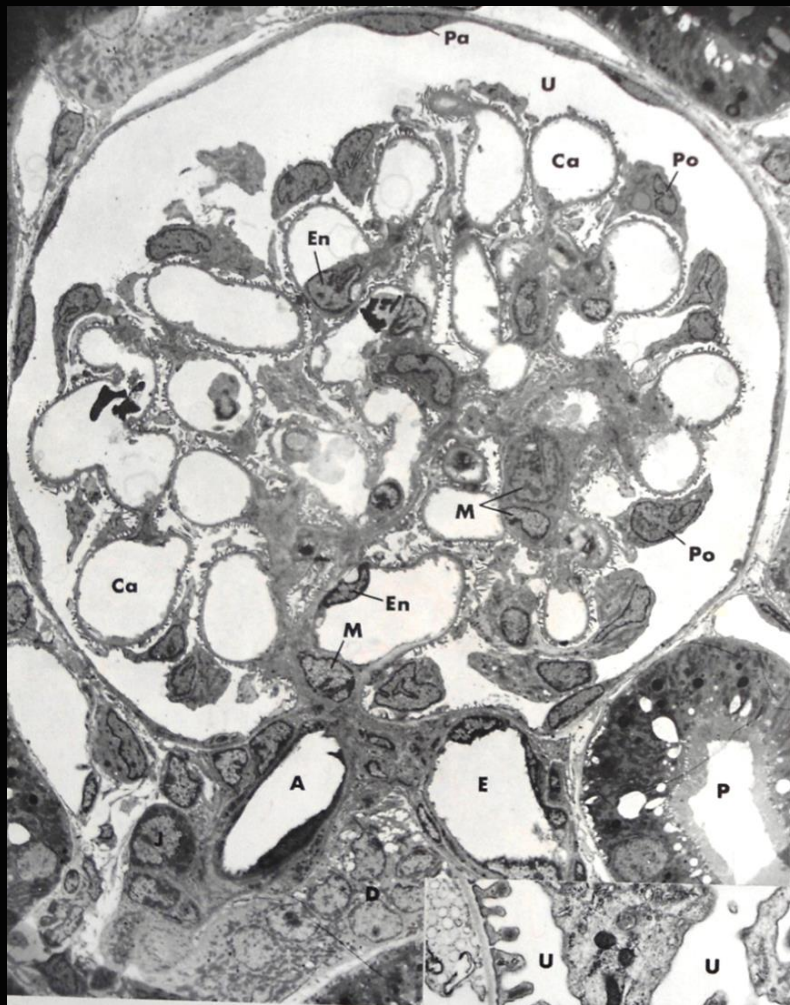
Bowman's capsule
 200 mcm
 Receives filtrate



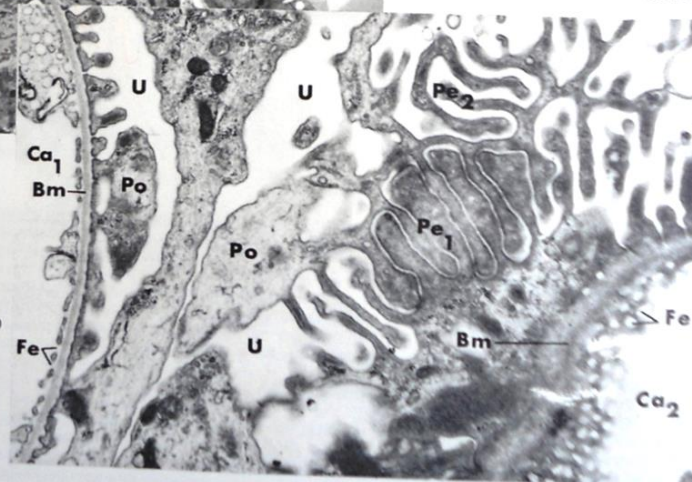


0.4 mm²

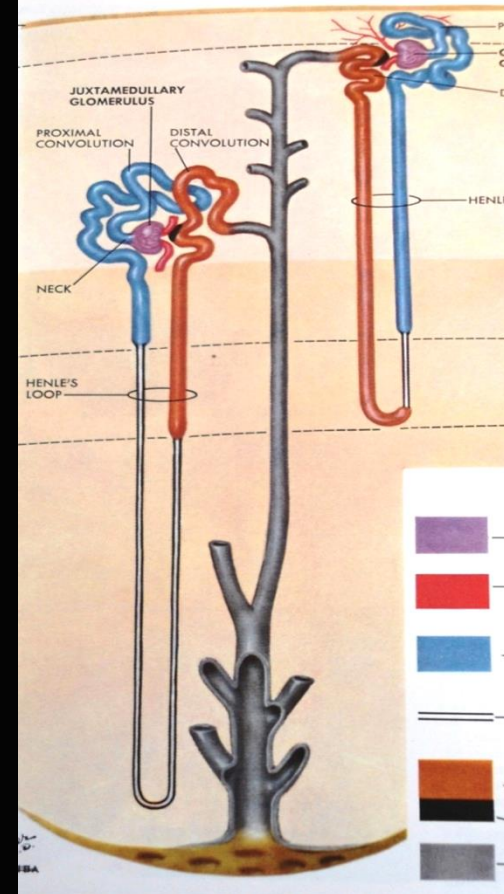




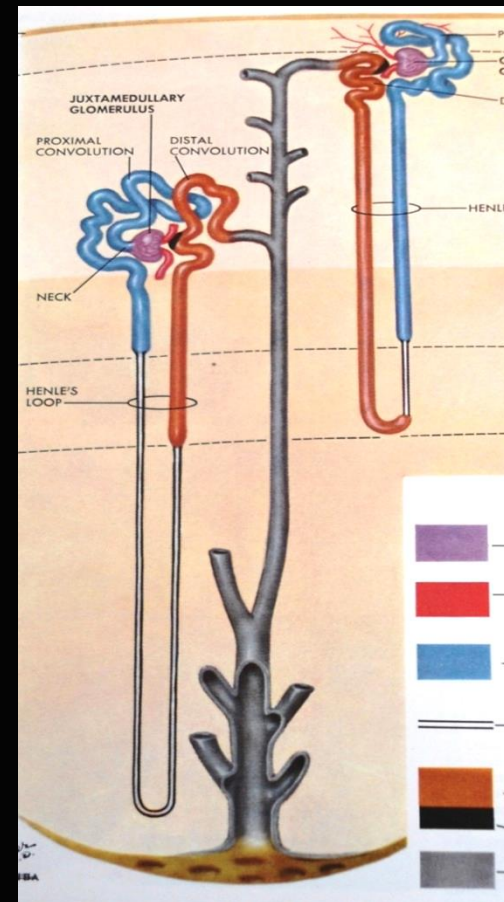
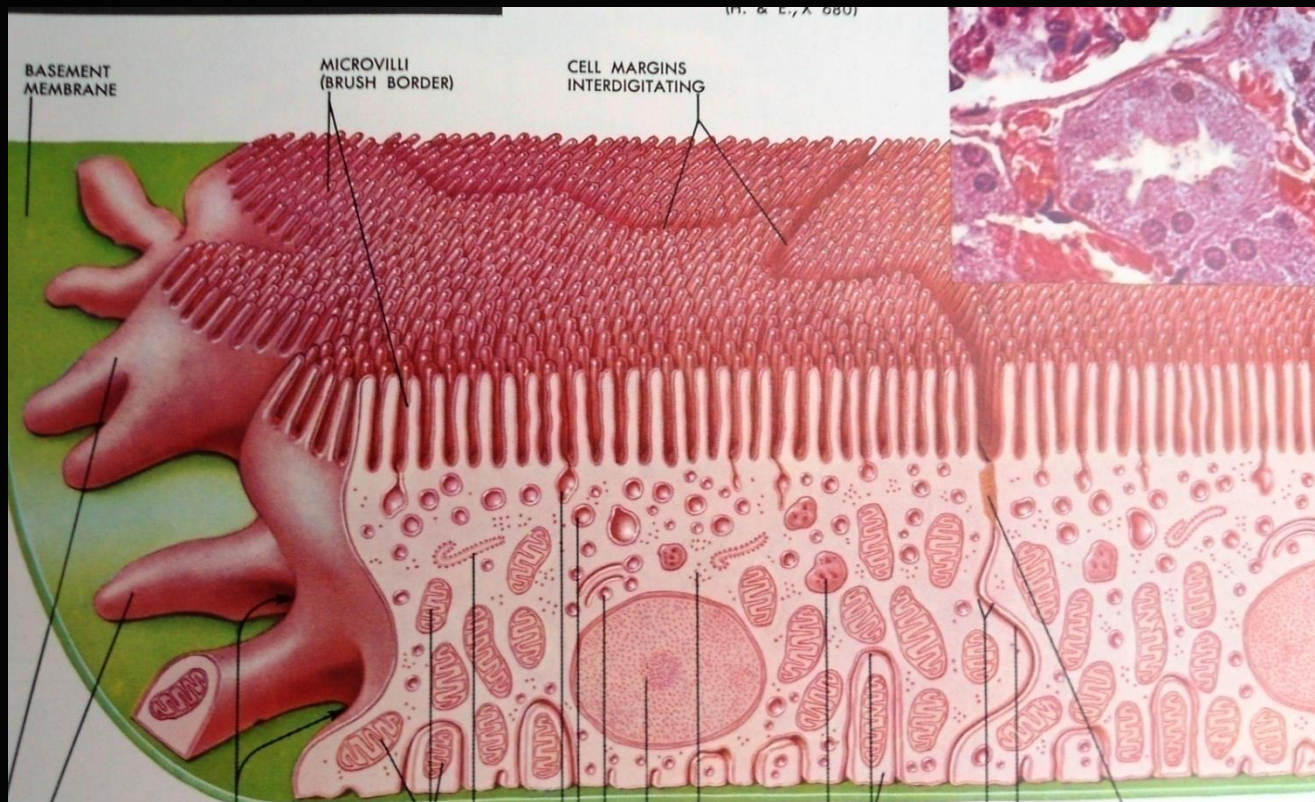
ELECTRON PHOTOMICROGRAPH OF
RENAL CORPUSCLE, X 1100
Pa=PARIETAL EPITHELIUM NUCLEUS
U=URINARY SPACE
Ca=CAPILLARY
Po=PODOCYTE (VISCERAL
EPITHELIUM) NUCLEUS
En=ENDOTHELIUM NUCLEUS
M=MESANGIAL CELL NUCLEUS
A=AFERENT ARTERIOLE
E=EFFERENT ARTERIOLE
J=JUXTAGLOMERULAR CELL
D=MACULA Densa OF DISTAL
TUBULE (TANGENTIALLY CUT)
P=PROXIMAL TUBULE



ELECTRON PHOTOMICROGRAPH, DETAIL OF
GLOMERULAR FILTRATION MEMBRANES, X 15,000
Ca₁=CAPILLARY, CROSS SECTIONED
Ca₂=CAPILLARY, TANGENTIALLY SECTIONED
Bm=BASEMENT MEMBRANE
Fe=FENESTRATED ENDOTHELIUM
Po=PODOCYTE
U=URINARY SPACE
Pe₁=PEDICELS NEAR BASEMENT MEMBRANE
Pe₂=PEDICELS SECTIONED FURTHER FROM
BASEMENT MEMBRANE

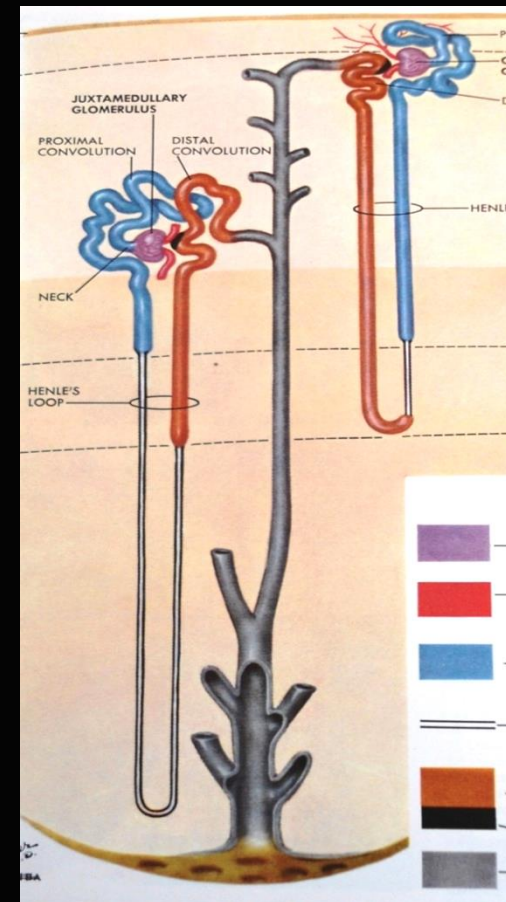
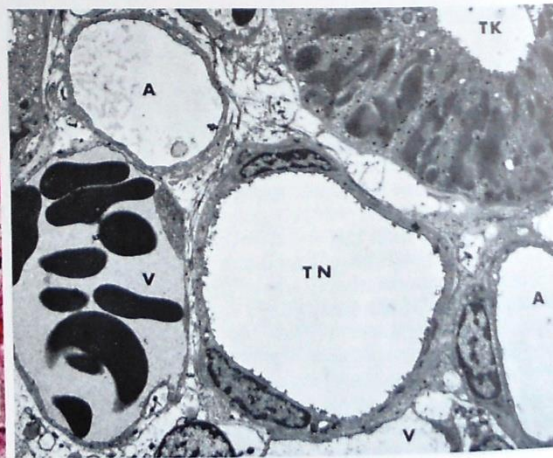
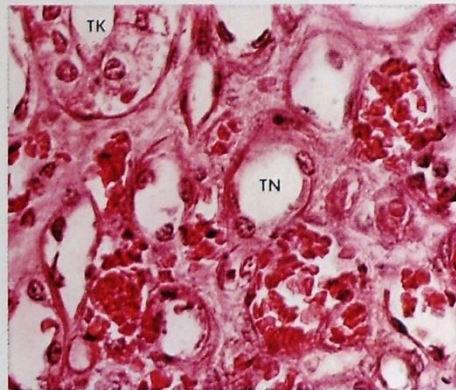
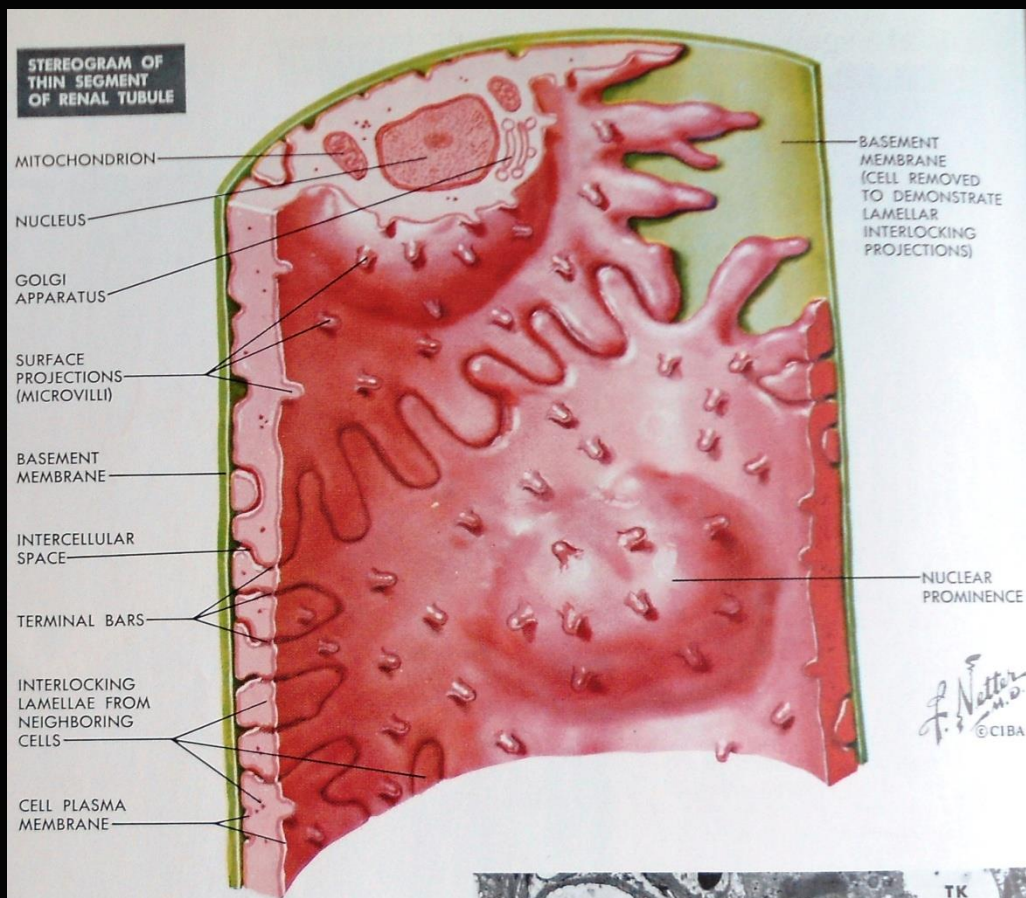


Proximal convoluted tubule Reabsorption of water and solutes



15 mm

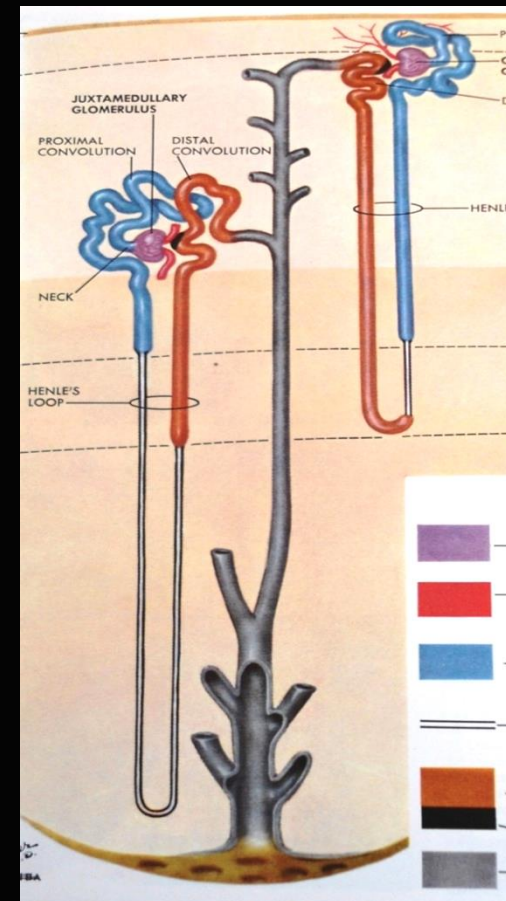
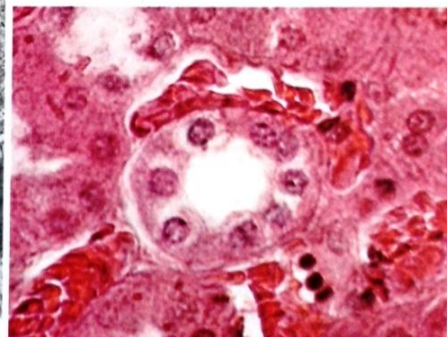
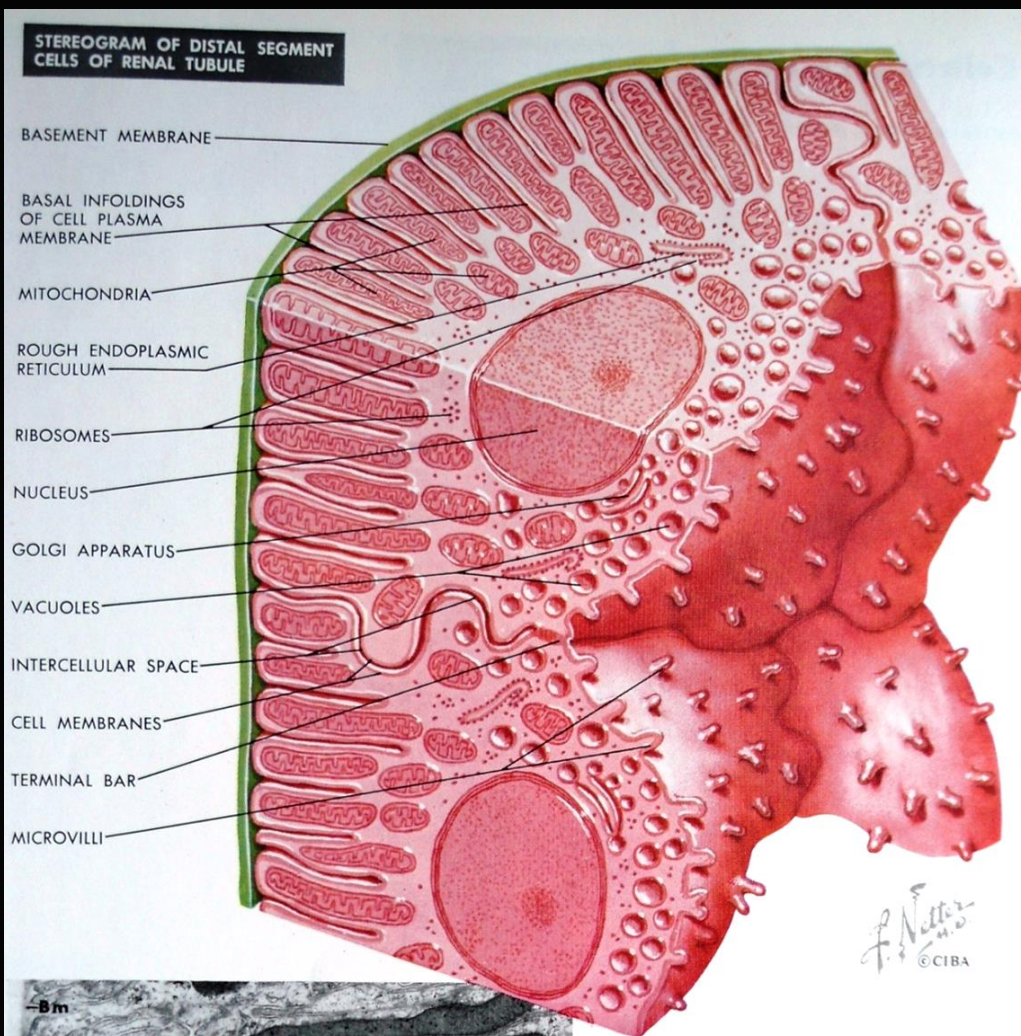




Nephron loop or Loop of Henle
Regulates concentration of urine

10mm , 15 mm

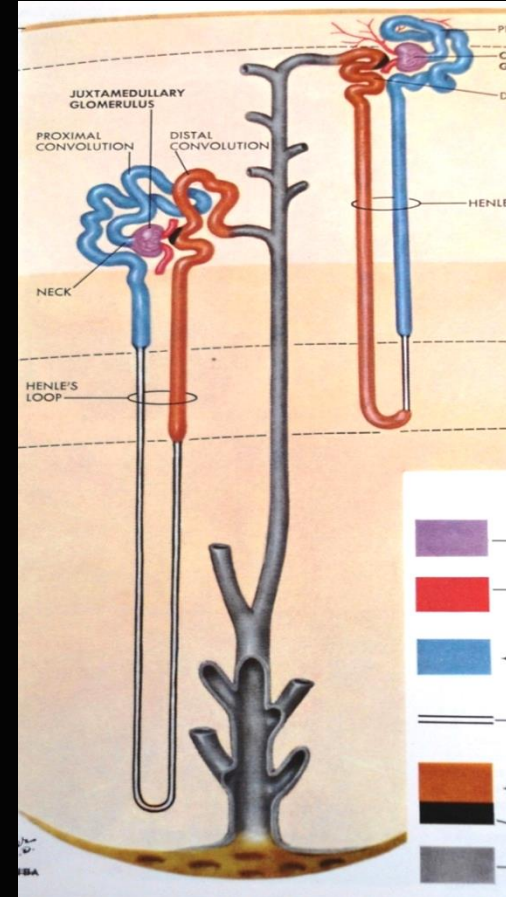
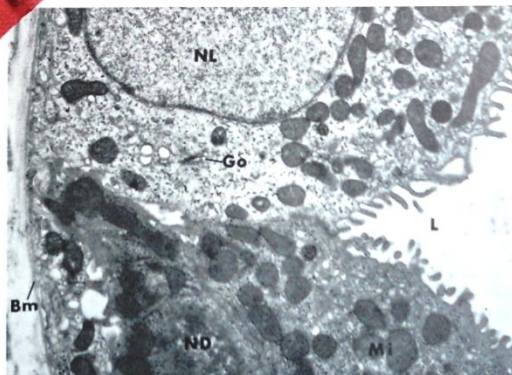
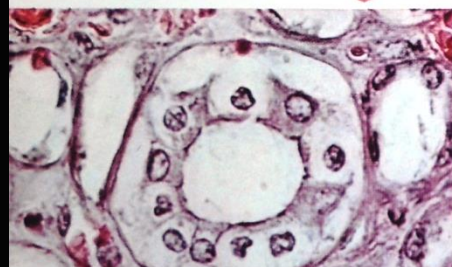
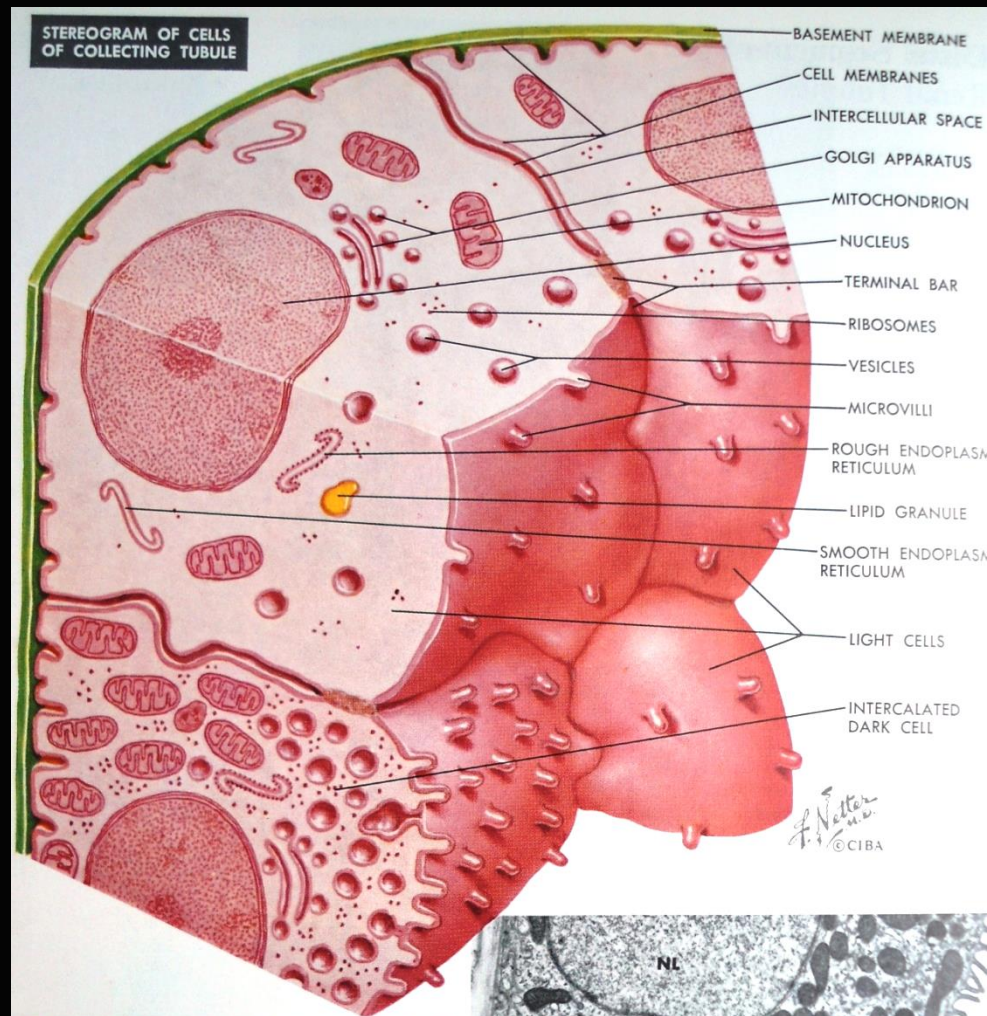


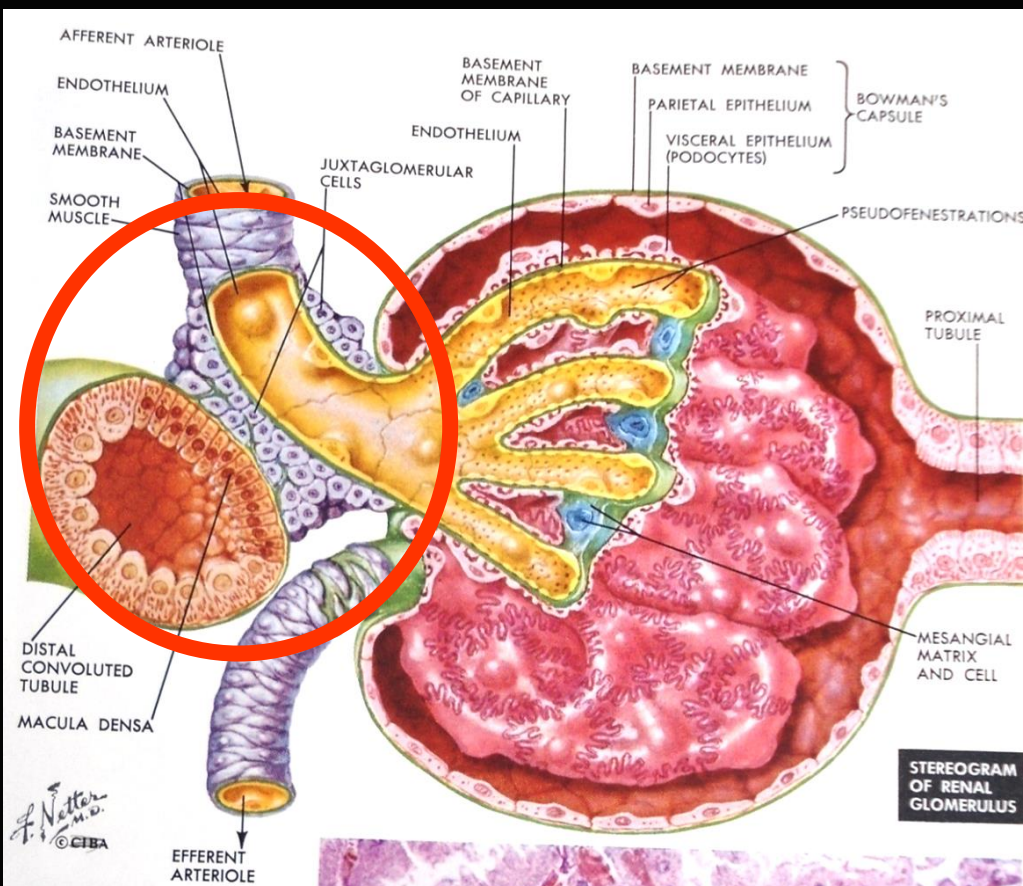


Distal convoluted tubule and Collecting duct
 Reabsorption of water and electrolytes
 ADH, aldosterone, ANP
 Tubular secretion

5 mm

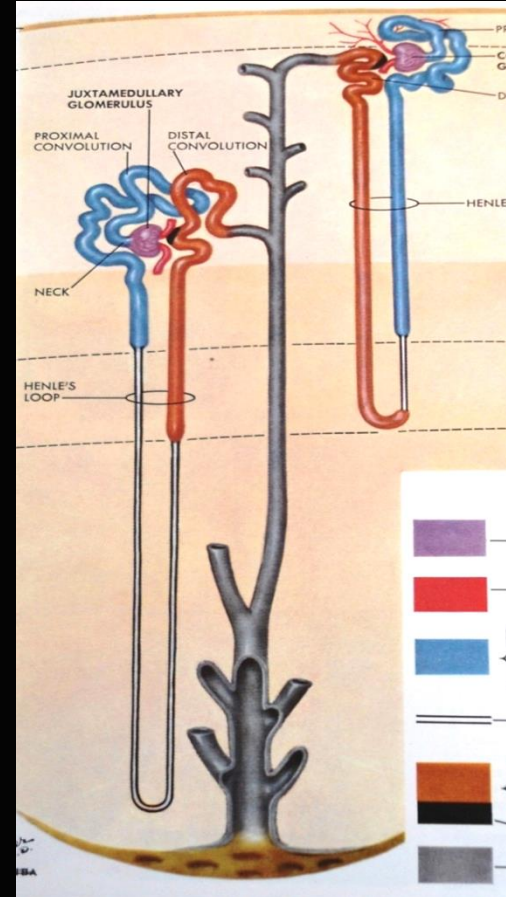
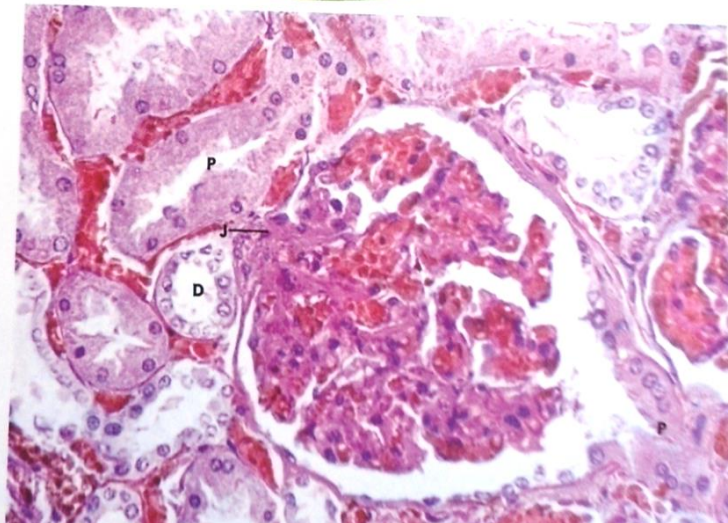






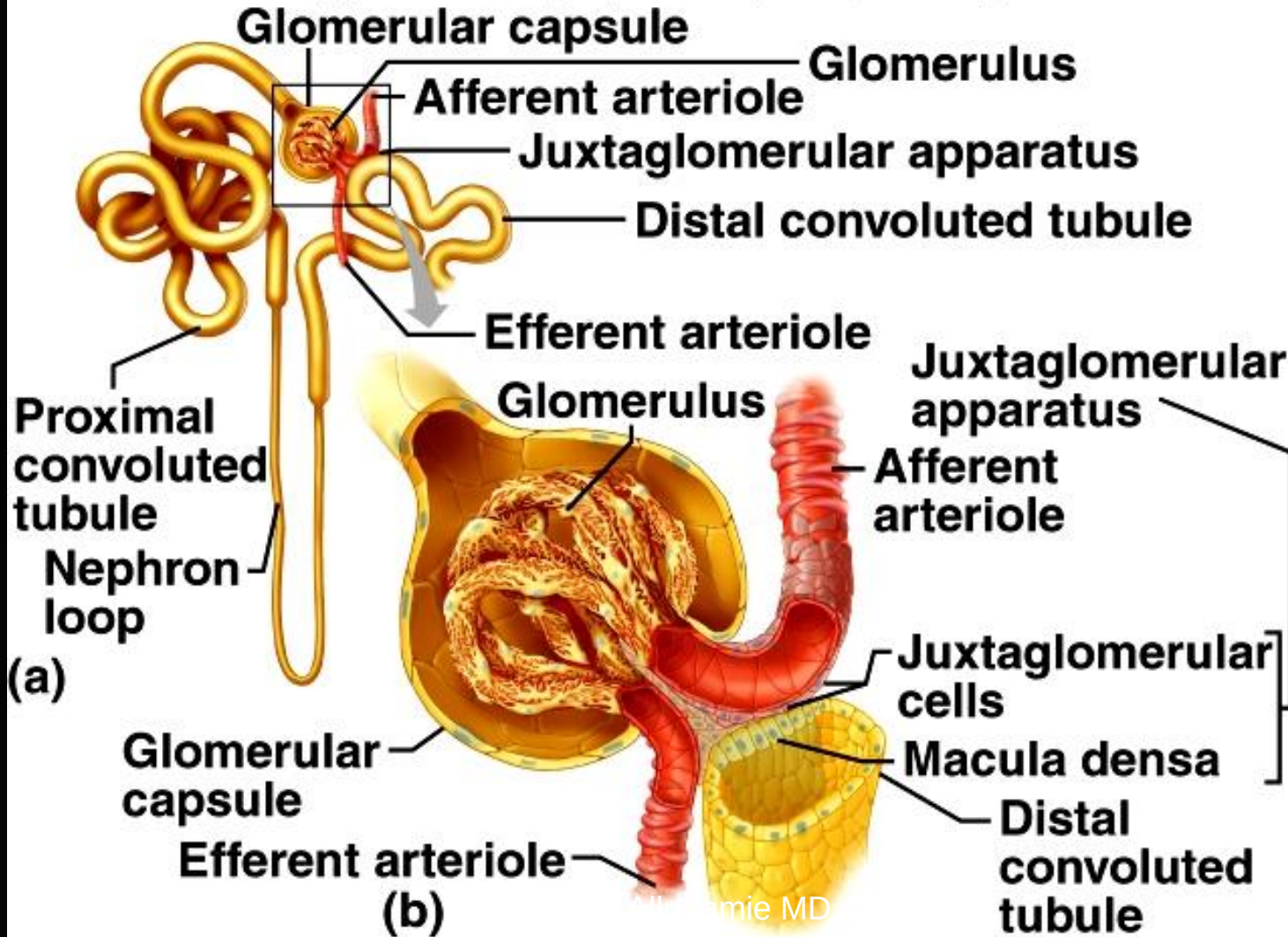
F. Netter M.D.
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GLOMERULUS (HUMAN);
 H. & E. STAIN, X 350
 P=PROXIMAL TUBULE
 D=DISTAL TUBULE
 J=JUXTAGLOMERULAR CELLS



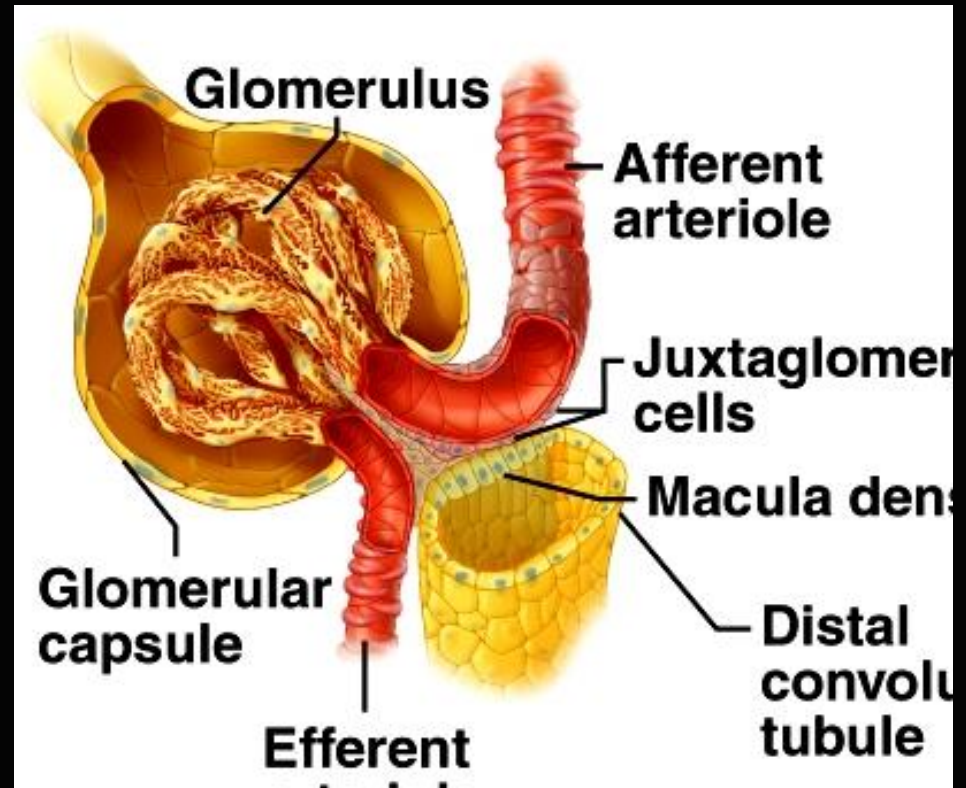
Juxtaglomerular apparatus

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Juxtaglomerular apparatus

- Juxtaglomerular cells lie in the wall of afferent arteriole
- Macula densa in final portion of loop of Henle – monitor **Na⁺ and Cl⁻** conc. and **water**
- Control blood flow into the glomerulus
- Control glomerular filtration



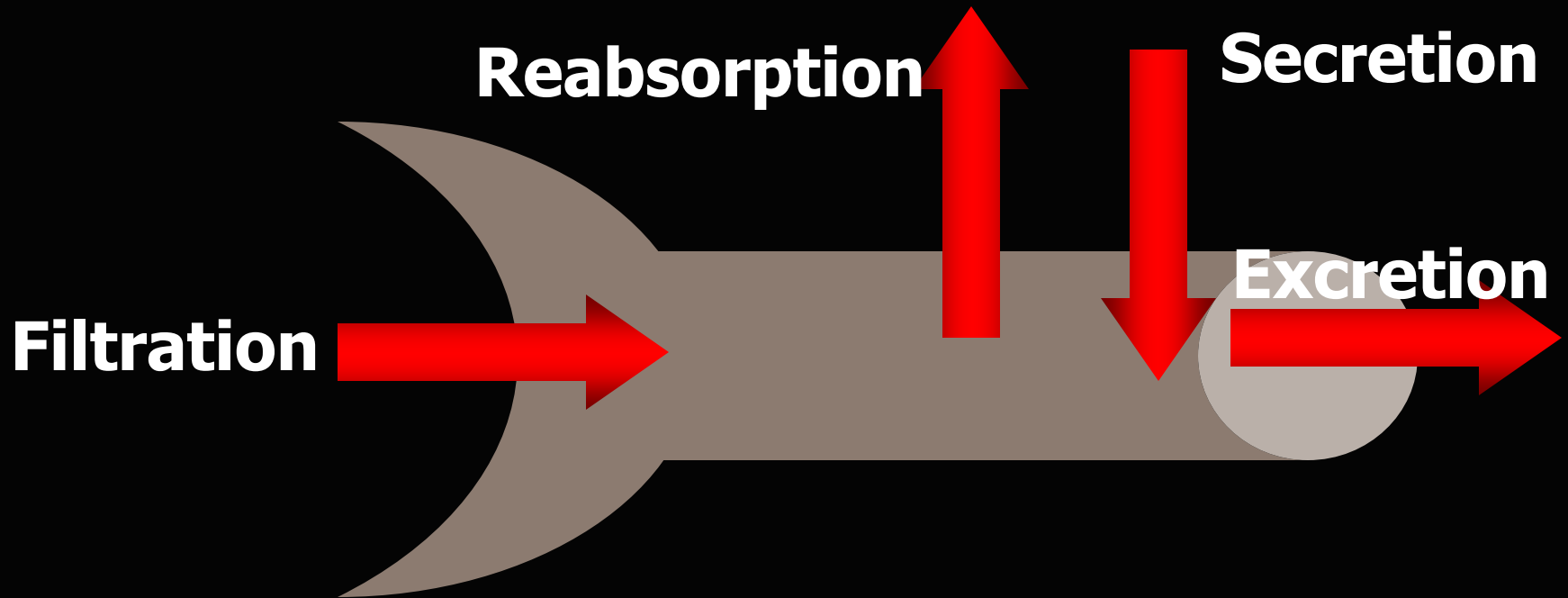
HUMAN RENAL PHYSIOLOGY

- Four Main Processes:

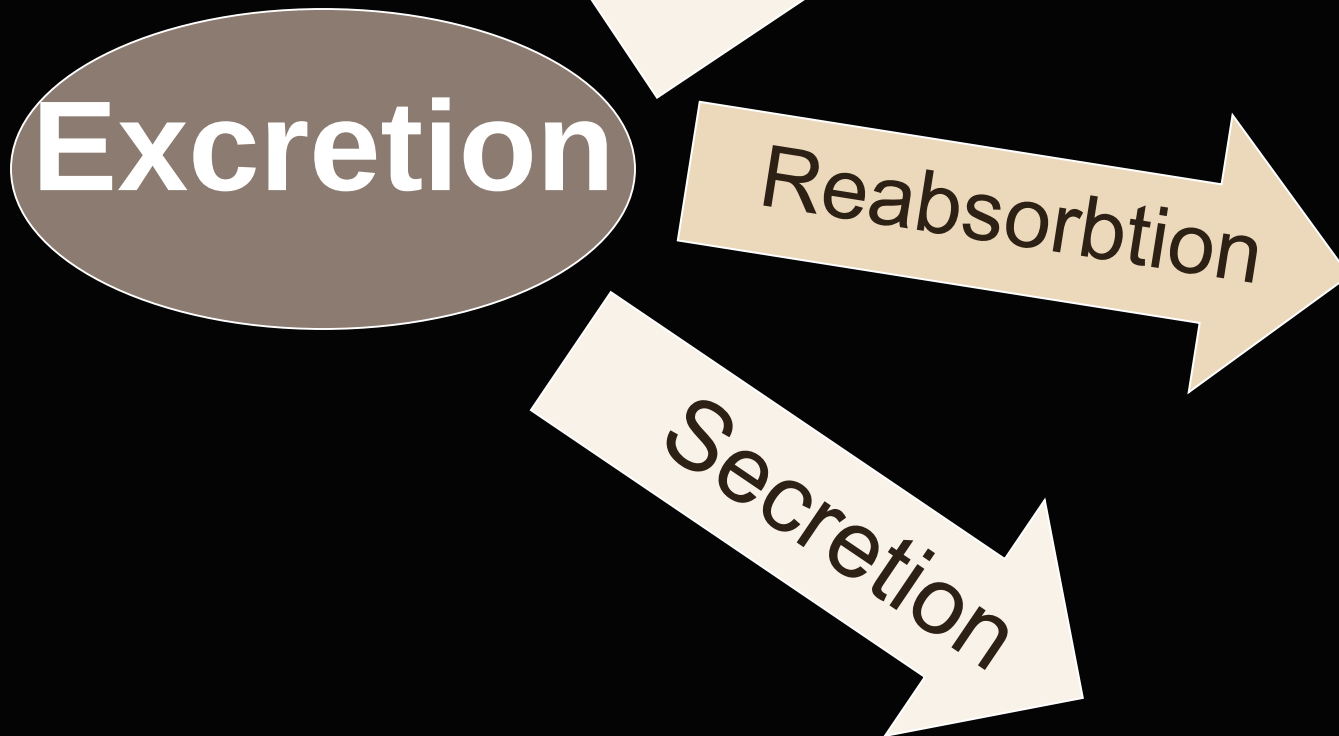
- Filtration
- Reabsorption
- Secretion
- Excretion



Functions of the Nephron



Excretion



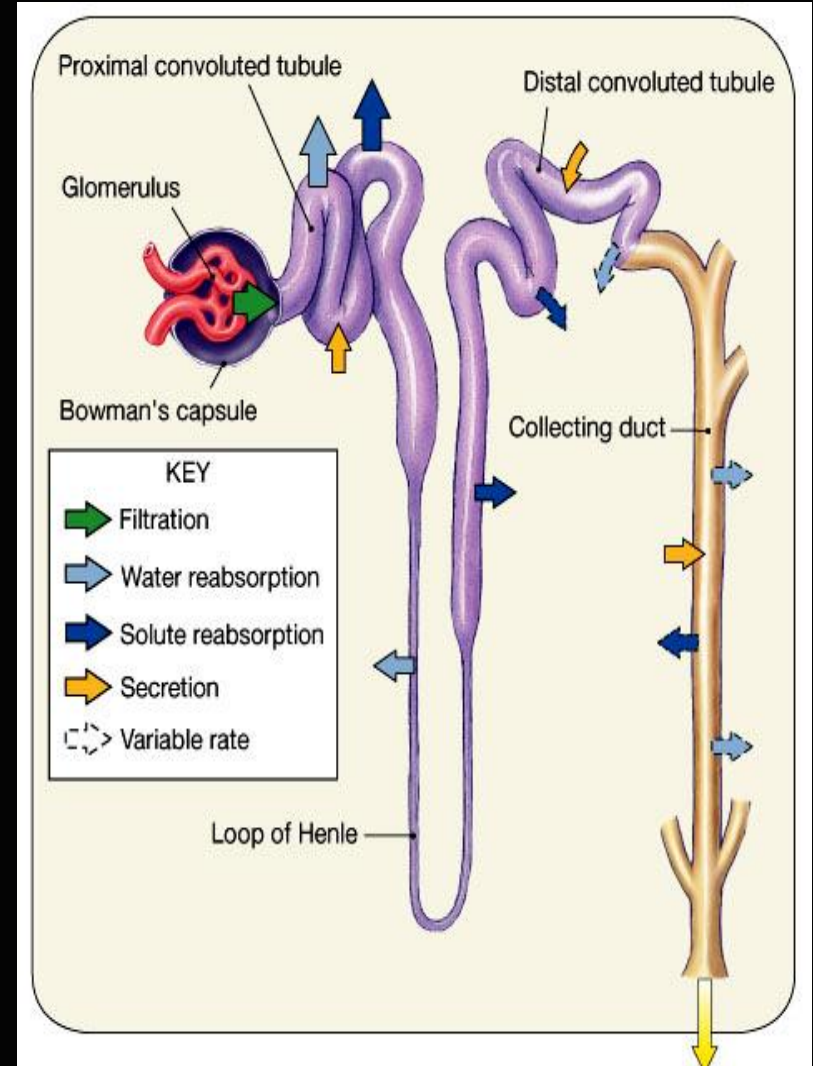
Filtration

Reabsorbtion

Secretion



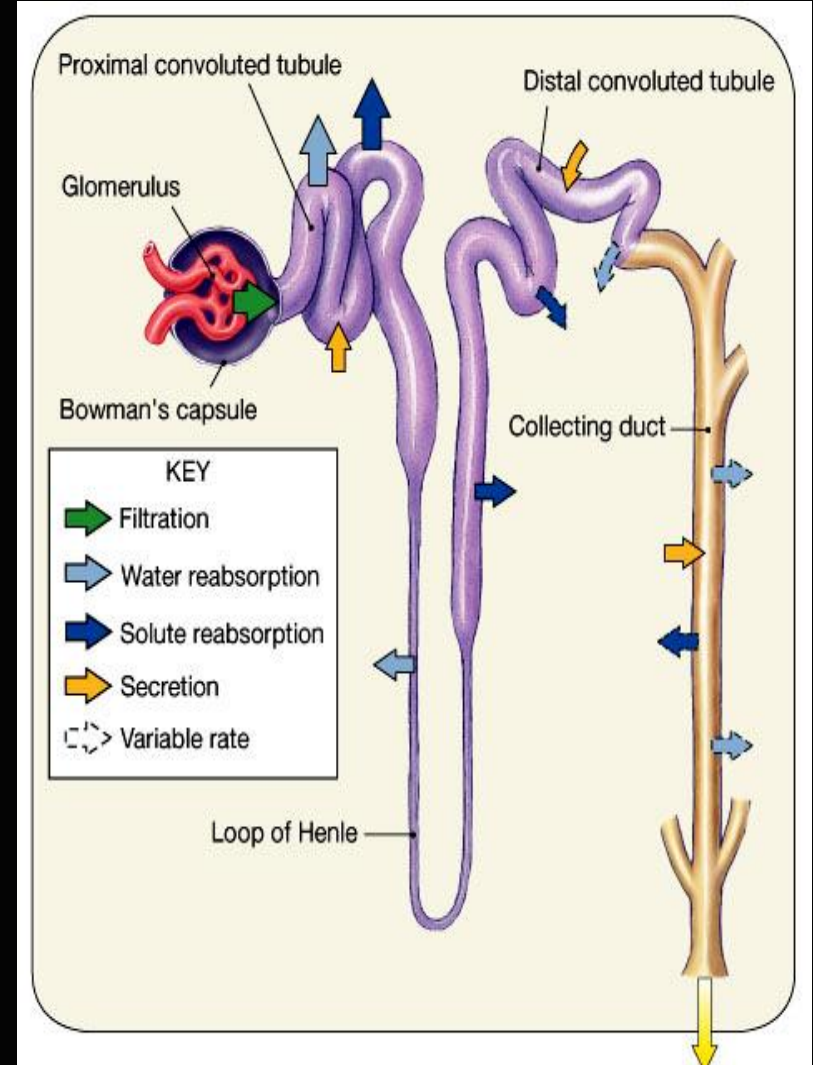
HUMAN RENAL PHYSIOLOGY



HUMAN RENAL PHYSIOLOGY

– Filtration:

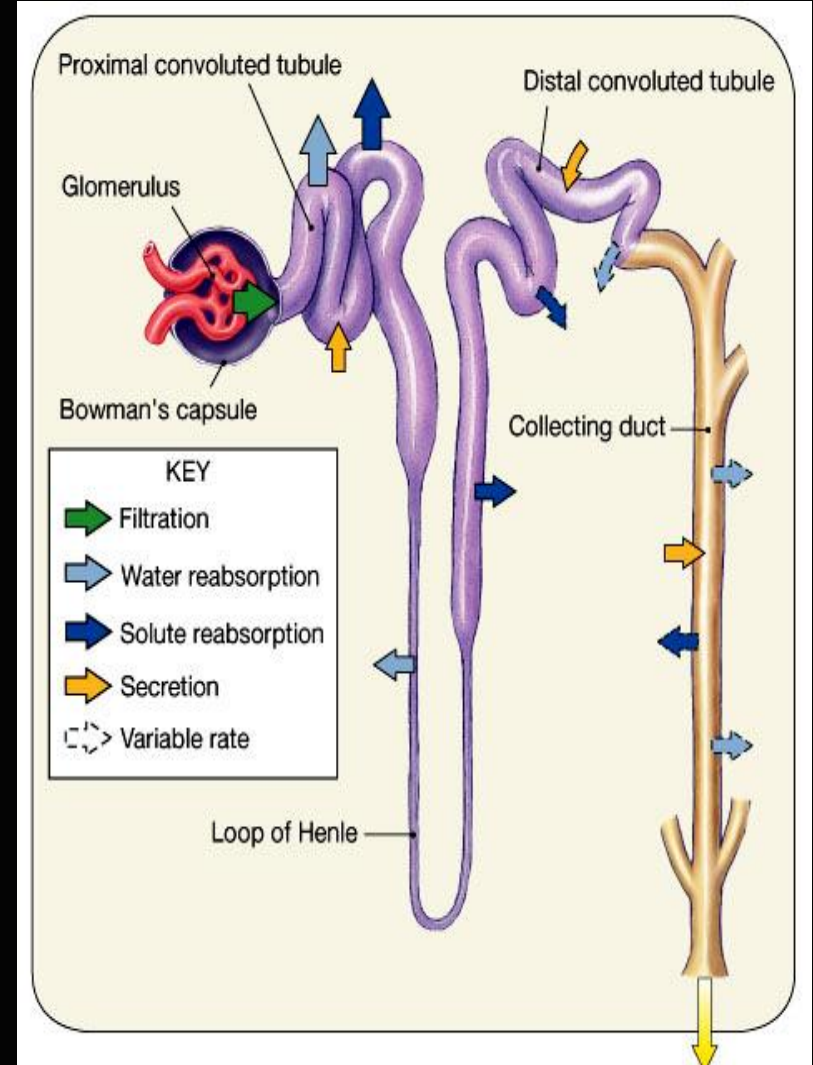
- First step in urine formation
- Bulk transport of fluid from blood to kidney tubule
 - » Isosmotic filtrate
 - » Blood cells and proteins don't filter
- Result of hydraulic pressure
- $GFR = 180 \text{ L/day}$



HUMAN RENAL PHYSIOLOGY

– Reabsorption:

- Process of returning filtered material to bloodstream
- 99% of what is filtered
- May involve transport protein(s)
- Normally **glucose** is totally reabsorbed



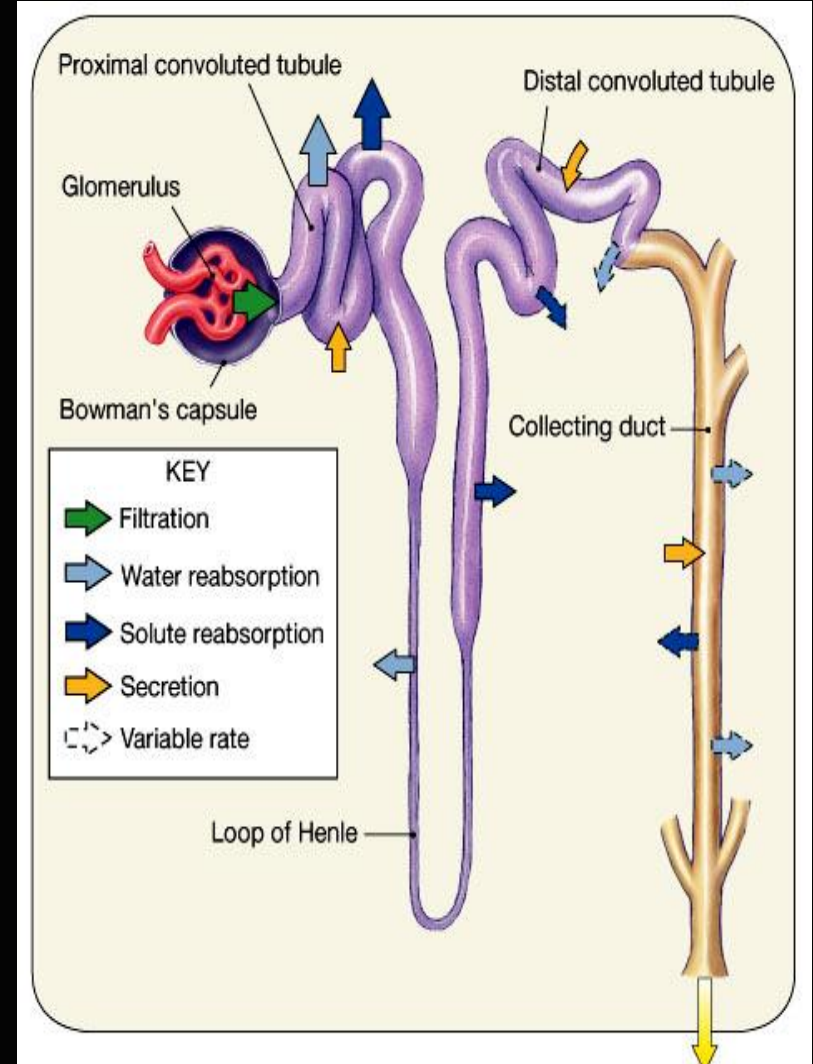
HUMAN RENAL PHYSIOLOGY

–Secretion:

- Material added to lumen of kidney from blood
- Active transport (usually) of toxins and foreign substances

» Saccharine

» Penicillin



HUMAN RENAL PHYSIOLOGY

- Functions of the Kidney:

- Excretion:

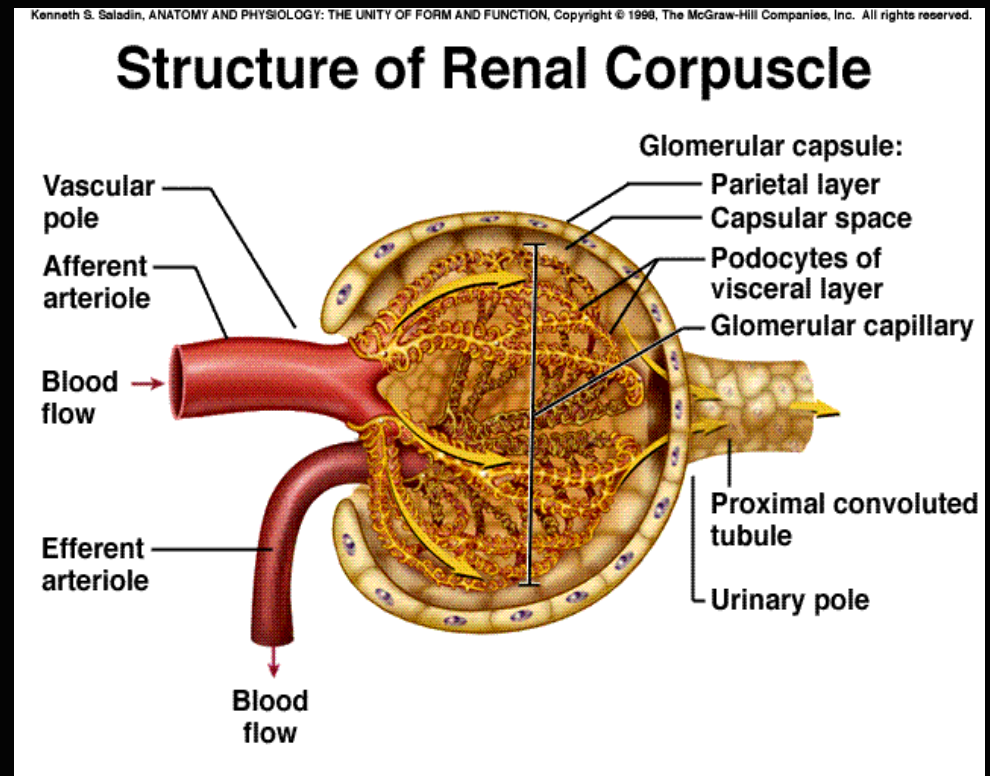
- Loss of fluid from body in form of urine

$$\left[\begin{array}{c} \text{Amount} \\ \text{of Solute} \\ \text{Excreted} \end{array} \right] = \left[\begin{array}{c} \text{Amount} \\ \text{Filtered} \end{array} \right] + \left[\begin{array}{c} \text{Amount} \\ \text{Secreted} \end{array} \right] - \left[\begin{array}{c} \text{Amount} \\ \text{Reabsorbed} \end{array} \right]$$



Glomerular filtration

Occurs as fluids move across the glomerular capillary in response to glomerular hydrostatic pressure



- blood enters glomerular capillary
- filters out of renal corpuscle
 - large proteins and cells stay behind
 - everything else is filtered into nephron
 - glomerular filtrate
 - plasma like fluid in glomerulus



Factors that determining the glumerular filterability

1.Molecular weight

2.Charges of the molecule

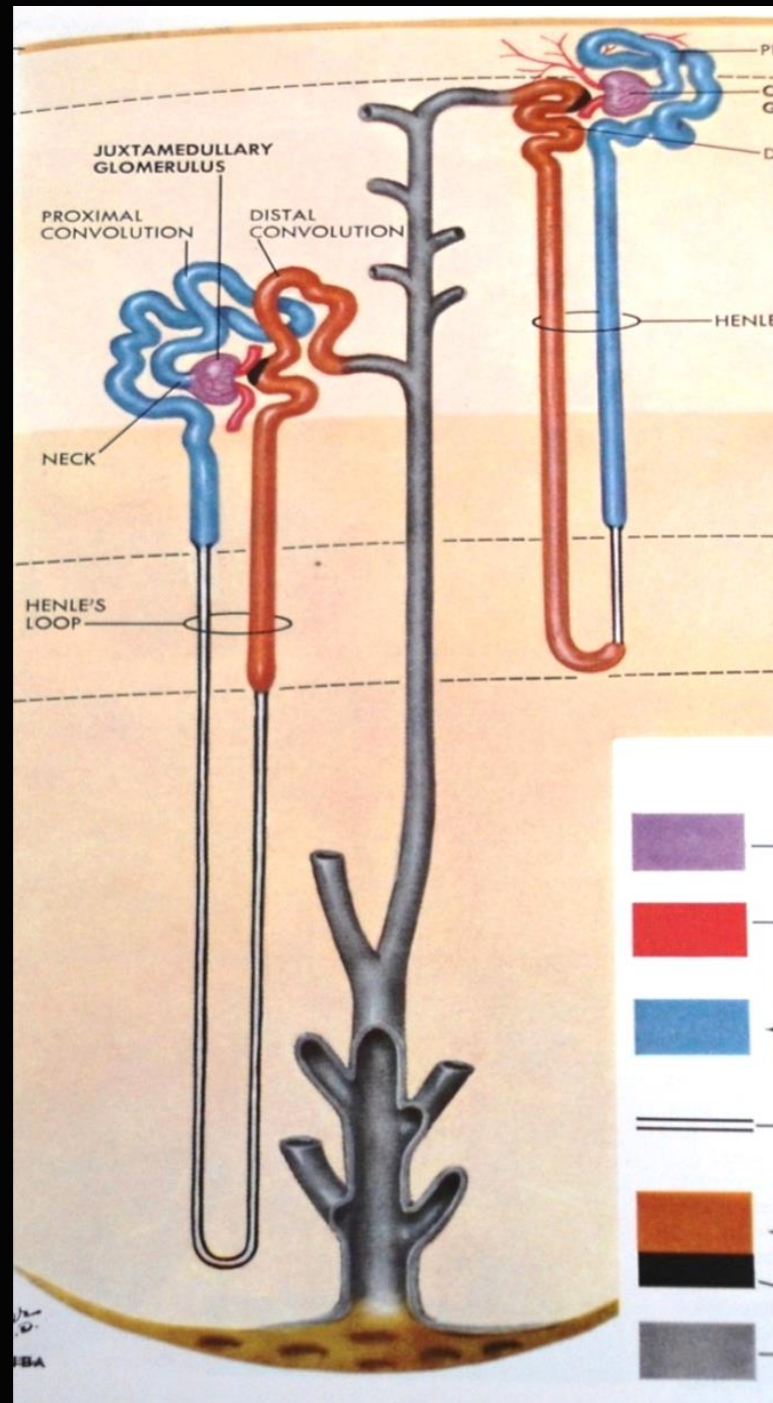


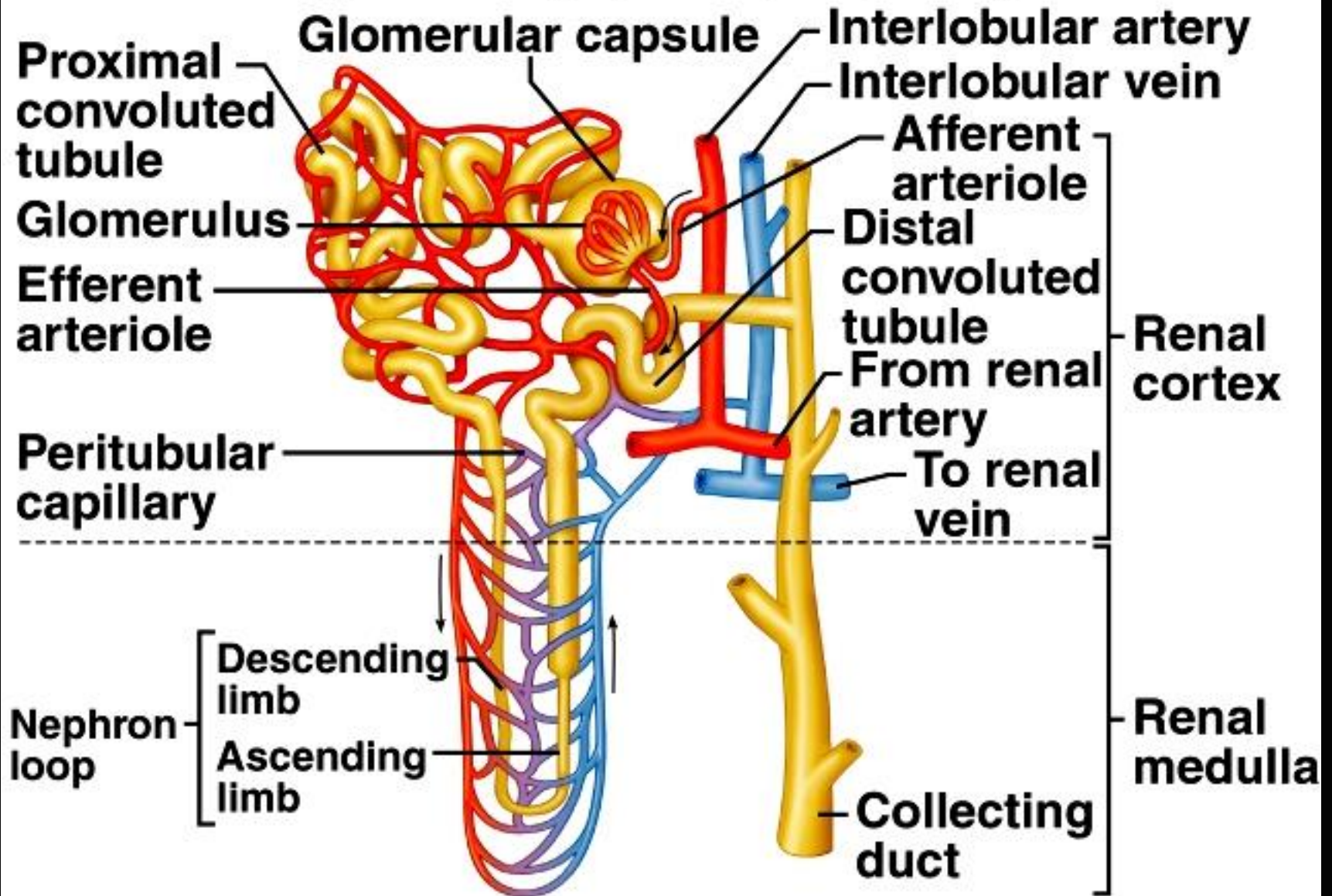


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

2

Nephron





Function of the Kidney

- ١- المحافظة على حجم وتركيب سوائل الدم
 - ٢- تزيل الفضلات والسموم من الدم (عن طريق البول) .
 - ٣- طرح الكمية الزائدة من الهيدروجين للمحافظة على (pH 7.4) .
 - ٤- المحافظة على سوائل الجسم والضغط الأسمولي (٣٠٠ ملي ازمول/لتر)
 - ٥- تنظم الكلية ضغط الدم عن طريق افراز انزيم **الرينين** كما تنظم افراز هرمون **مضاد اذار البول** من **الفص الخلفي** للغدة النخامية وهرمون **الألدوستيرون** من الغدة الكظرية كما انها تتحكم في معدل تصنيع الهرمون المولد للكريات الحمراء والمعروف **بالأريثروبيوتين** كما تنظم بعض الهرمونات **كالبروستاغلاندين** .
- كما تشارك الكلية في تصنيع الشكل الفعال لفيتامين د (D) الكلسيتيترول (Calcitriol) والذي يساعد في امتصاص الكالسيوم من الغذاء الى الدم.



Measuring GFR

- **125 ml/min** of plasma is cleared in glomerulus(or 180L/day)
- If a substance is filtered but neither reabsorbed nor secreted, then the amount present in urine is its **plasma clearance**(amount in plasma cleared/min by glomerulus)
- If plasma conc. Is 3mg/L then

$$\begin{array}{ccccc} 3 & \times & 180/\text{day} & = & 540\text{mg/day} \\ (\text{known}) & & (\text{unknown}) & & (\text{known}) \end{array}$$

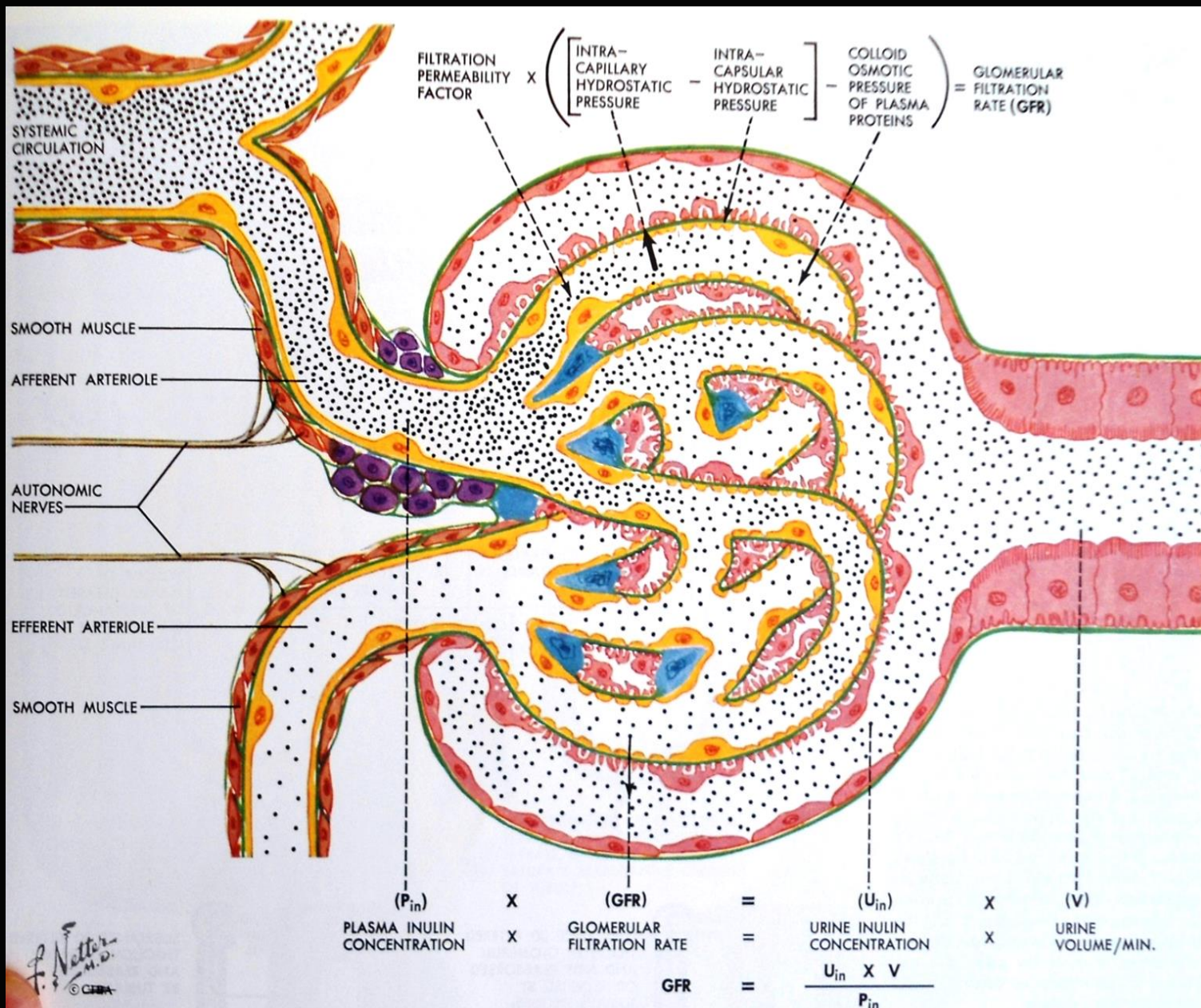


Qualities of agents to measure GFR

Inulin: (Polysaccharide from Dahalia plant)

- Freely filterable at glomerulus
- Does not bind to plasma proteins
- Biologically inert
- Non-toxic, neither synthesized nor metabolized in kidney
- Neither absorbed nor secreted
- Does not alter renal function
- Can be accurately quantified
- Low concentrations are enough (10-20 mg/100 ml plasma)





Inulin

GFR



Qualities of agents to measure GFR

Creatinine:

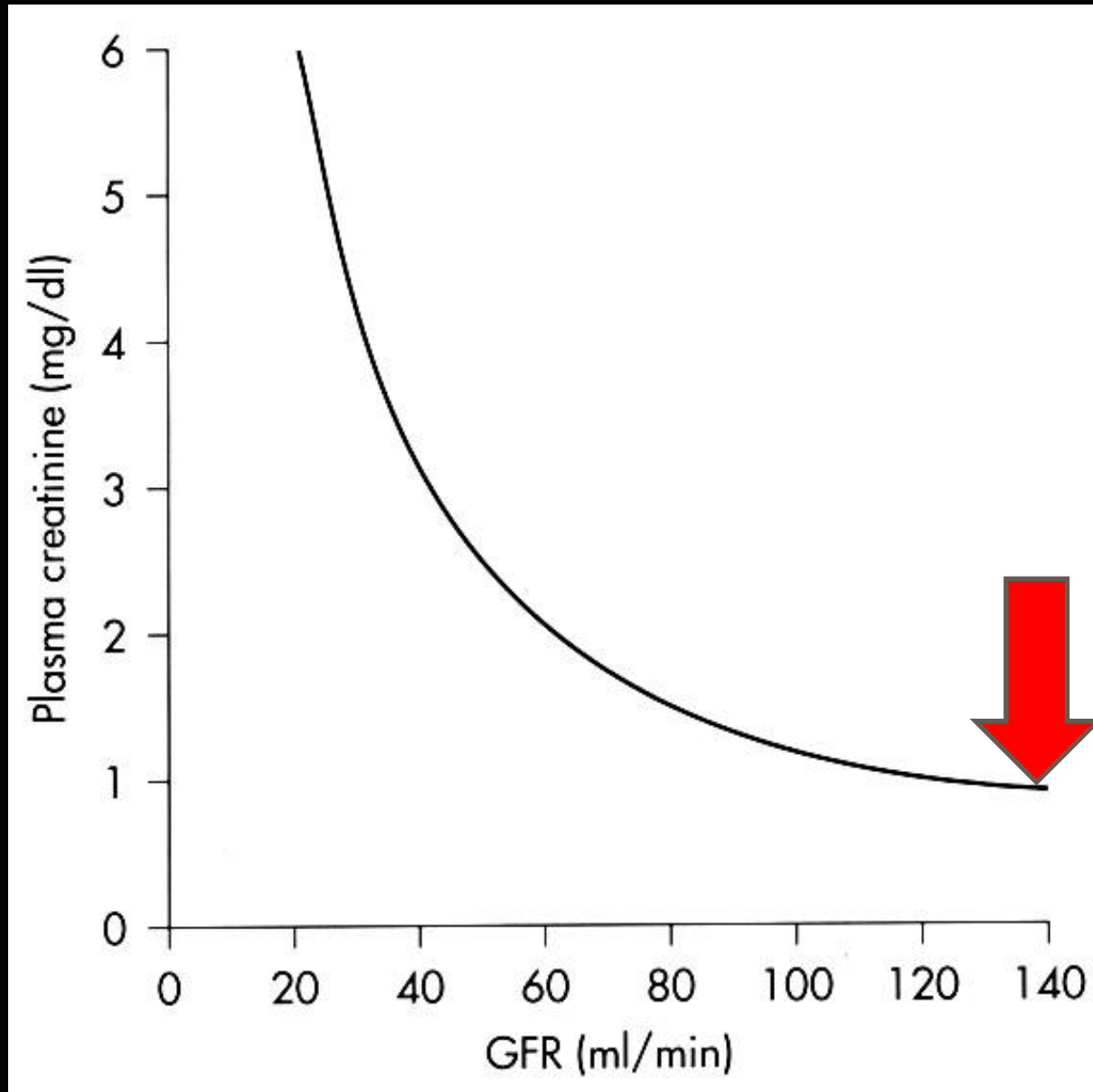
End product of muscle creatine metabolism

Used in clinical setting to measure GFR but less accurate than inulin method

Small amount secrete from the tubule



Plasma creatinine level vs. GFR

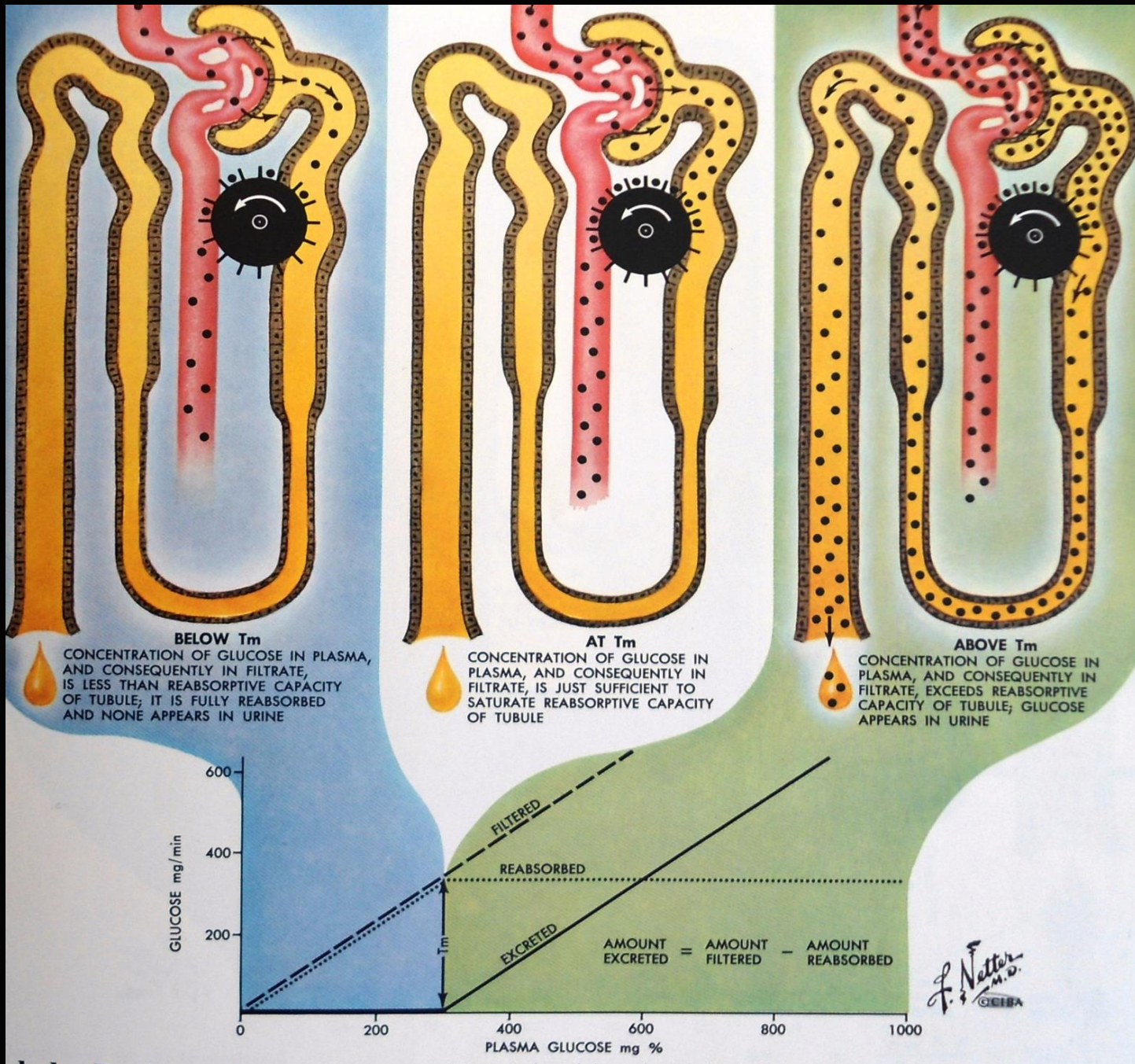


Filterability of plasma constituents vs. water

Constituent	Mol. Wt.	Filteration ratio
Urea	60	1.00
Glucose	180	1.00
Inulin	5,500	1.00
Myoglobin	17,000	0.75
Hemoglobin	64,000	0.03
Albumin	69,000	0.01



Glucose



PAH

RP Flow



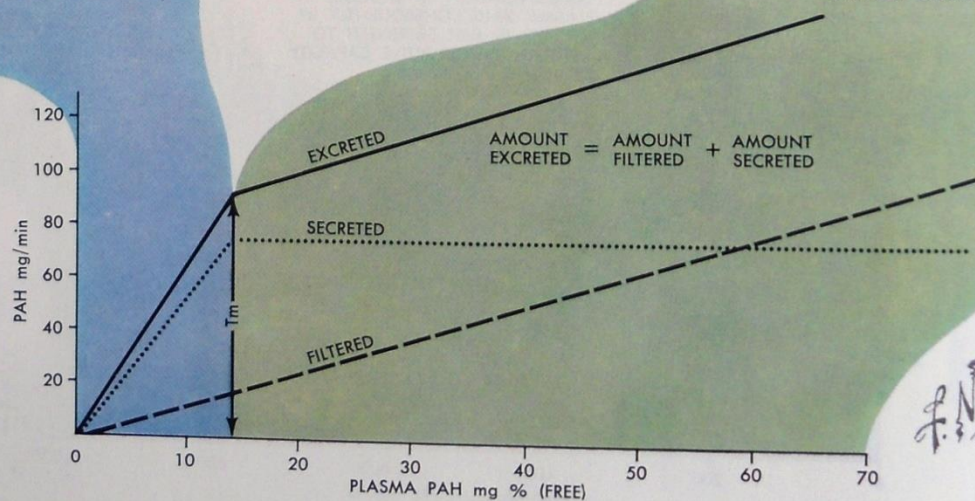
BELOW T_m
CONCENTRATION OF PAH IN PLASMA IS LESS THAN SECRETORY CAPACITY OF TUBULE; PLASMA PASSING THROUGH FUNCTIONAL KIDNEY TISSUE IS ENTIRELY CLEARED OF PAH



AT T_m
CONCENTRATION OF PAH IN PLASMA IS JUST SUFFICIENT TO SATURATE SECRETORY CAPACITY OF TUBULE

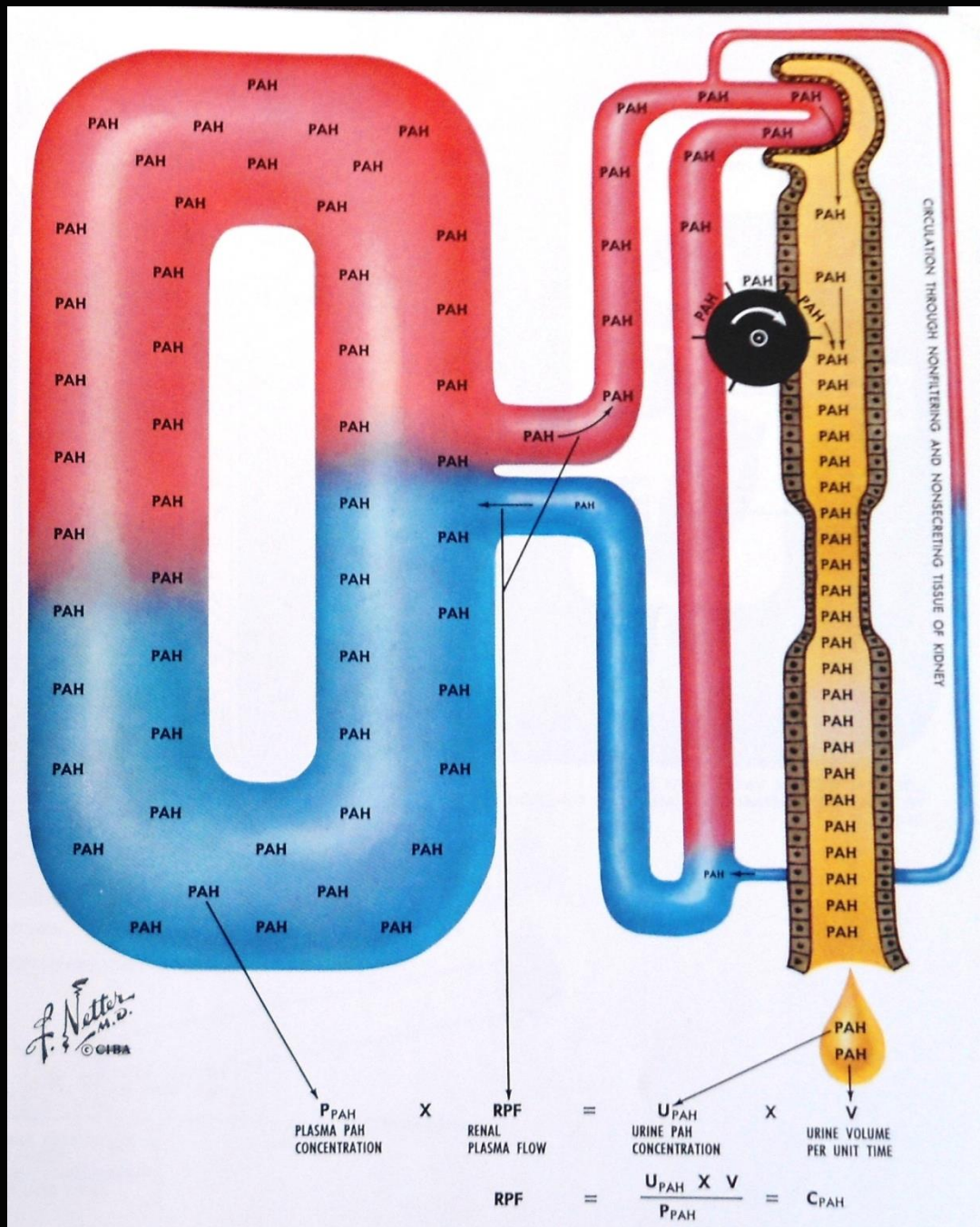


ABOVE T_m
CONCENTRATION OF PAH IN PLASMA EXCEEDS SECRETORY CAPACITY OF TUBULE; PLASMA PASSING THROUGH FUNCTIONAL KIDNEY TISSUE IS NOT ENTIRELY CLEARED OF PAH



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PAH
RPF



PAH

RPF

The diagram illustrates the clearance of PAH and the calculation of Renal Plasma Flow (RPF). It shows the relationship between plasma PAH concentration, renal plasma flow, urine PAH concentration, and urine volume, leading to the formula $RPF = \frac{U_{PAH} \times V}{P_{PAH}} = C_{PAH}$.

Diagram illustrating the calculation of Renal Plasma Flow (RPF) using PAH clearance:

Left side of the equation:

- P_{PAH} (PLASMA PAH CONCENTRATION) multiplied by RPF (RENAL PLASMA FLOW).

Right side of the equation:

- U_{PAH} (URINE PAH CONCENTRATION) multiplied by V (URINE VOLUME PER UNIT TIME).

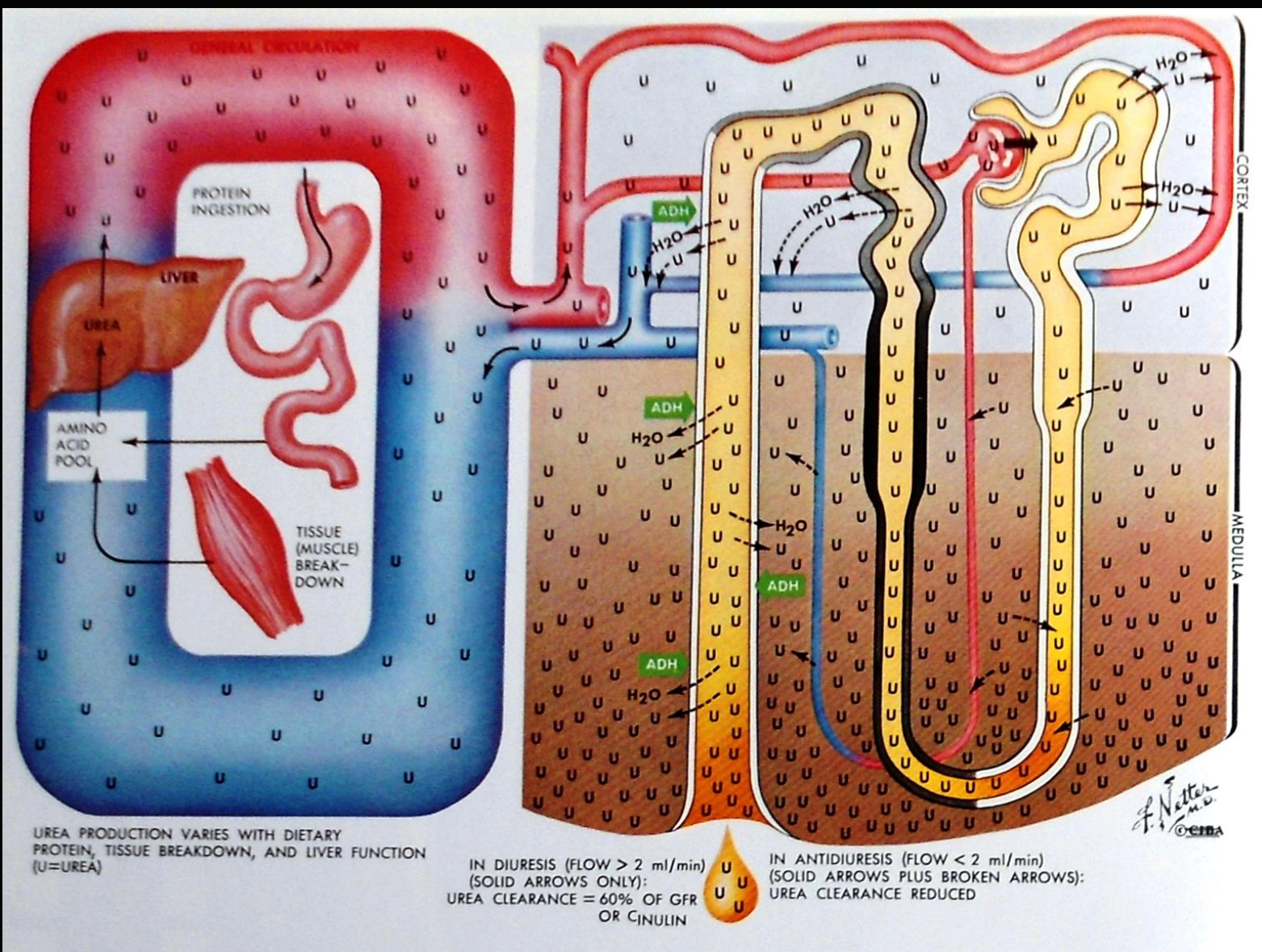
The equation is shown as:

$$P_{PAH} \times RPF = U_{PAH} \times V$$

Rearranging the equation to solve for RPF:

$$RPF = \frac{U_{PAH} \times V}{P_{PAH}} = C_{PAH}$$



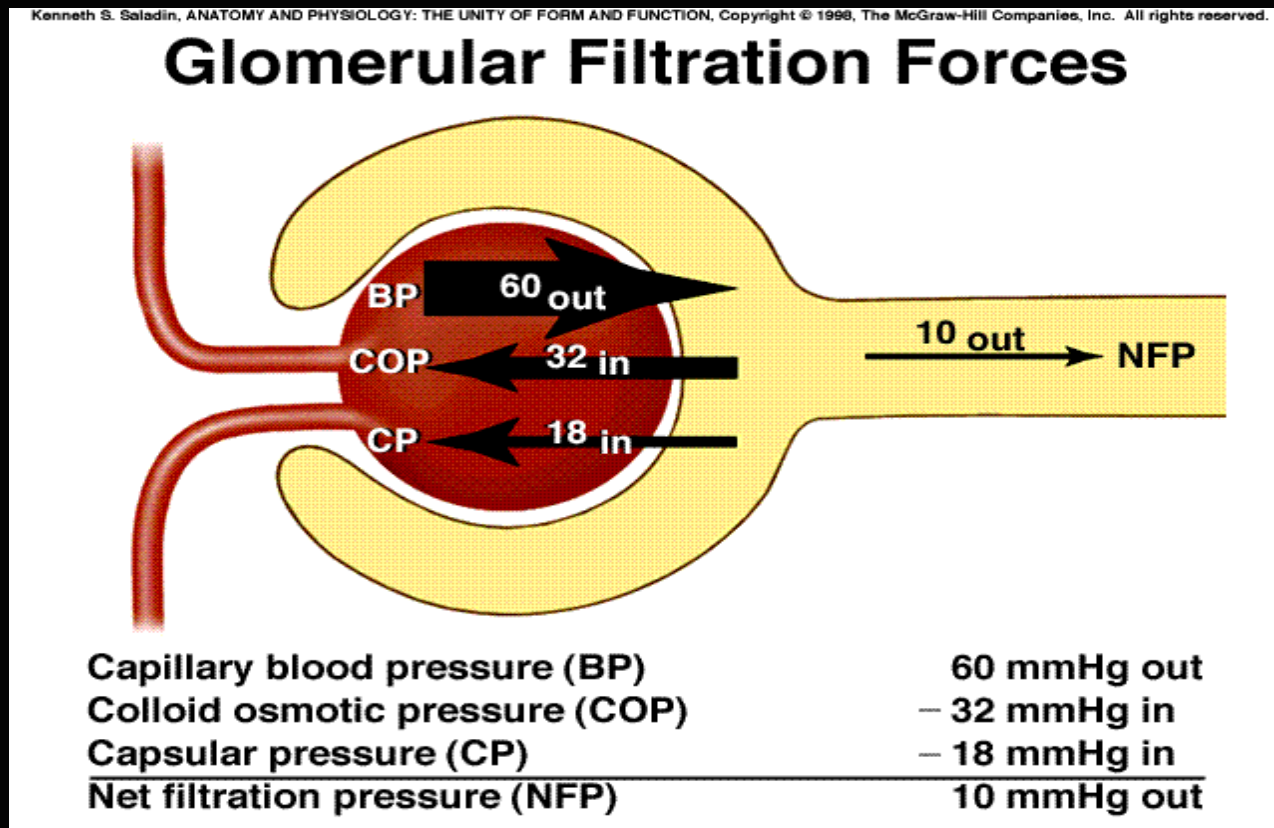


URIA



Forces that influence filtration

- Glomerular blood hydrostatic pressure 60
- Opposing forces:
 - Plasma colloid osmotic pressure 32
 - Capsular hydrostatic pressure 18

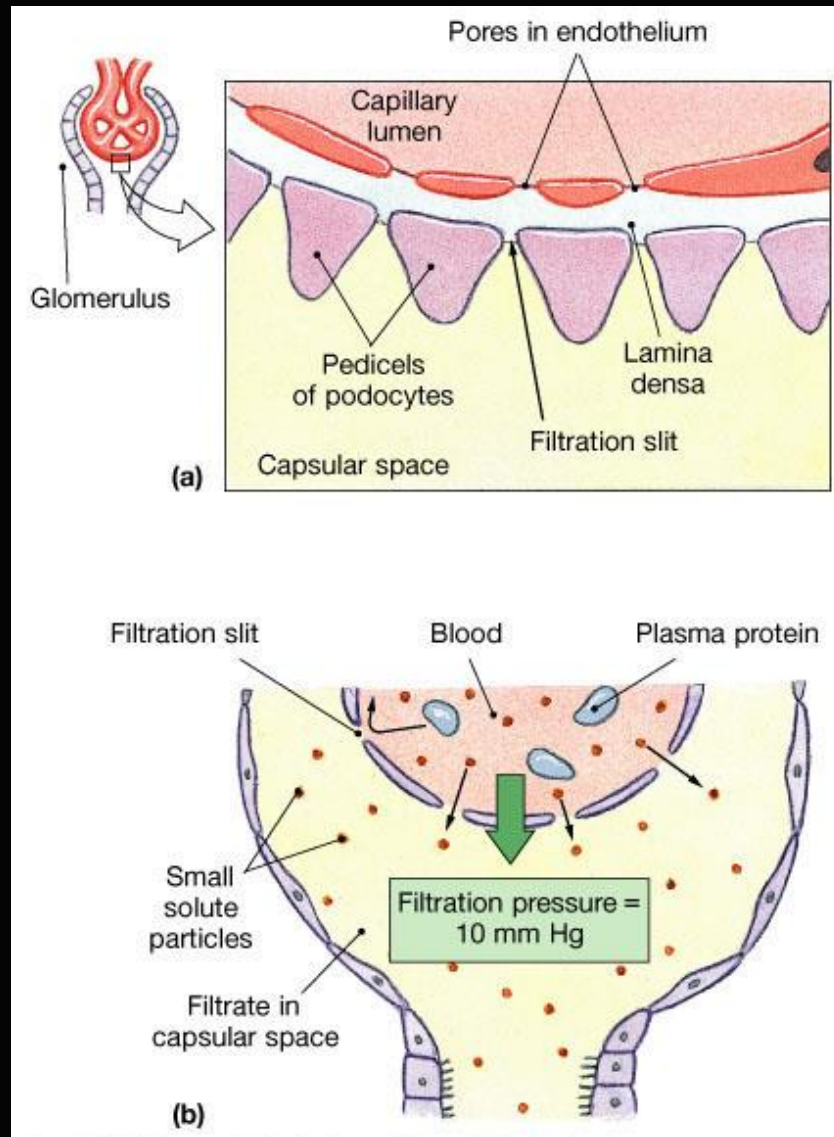


Filtration

- Renal corpuscle
- Filtration membrane
 - Fenestrated endothelium of capillaries
 - Basement membrane of glomerulus
 - Slit membrane between pedicels of podocytes



Glomerular Filtration



Glomerular filtration rate (GFR)

- Amount of filtrate produced in the kidneys each minute. **125mL/min = 180L/day**
- Factors that alter filtration pressure change GFR. These include:
 - Increased renal blood flow -- Increased GFR
 - Decreased plasma protein -- Increased GFR. Causes edema.
 - Hemorrhage -- Decreased capillary BP -- Decreased GFR



GFR regulation : Adjusting blood flow

- GFR is regulated using three mechanisms

1. Renal Autoregulation

2. Neural regulation

3. Hormonal regulation

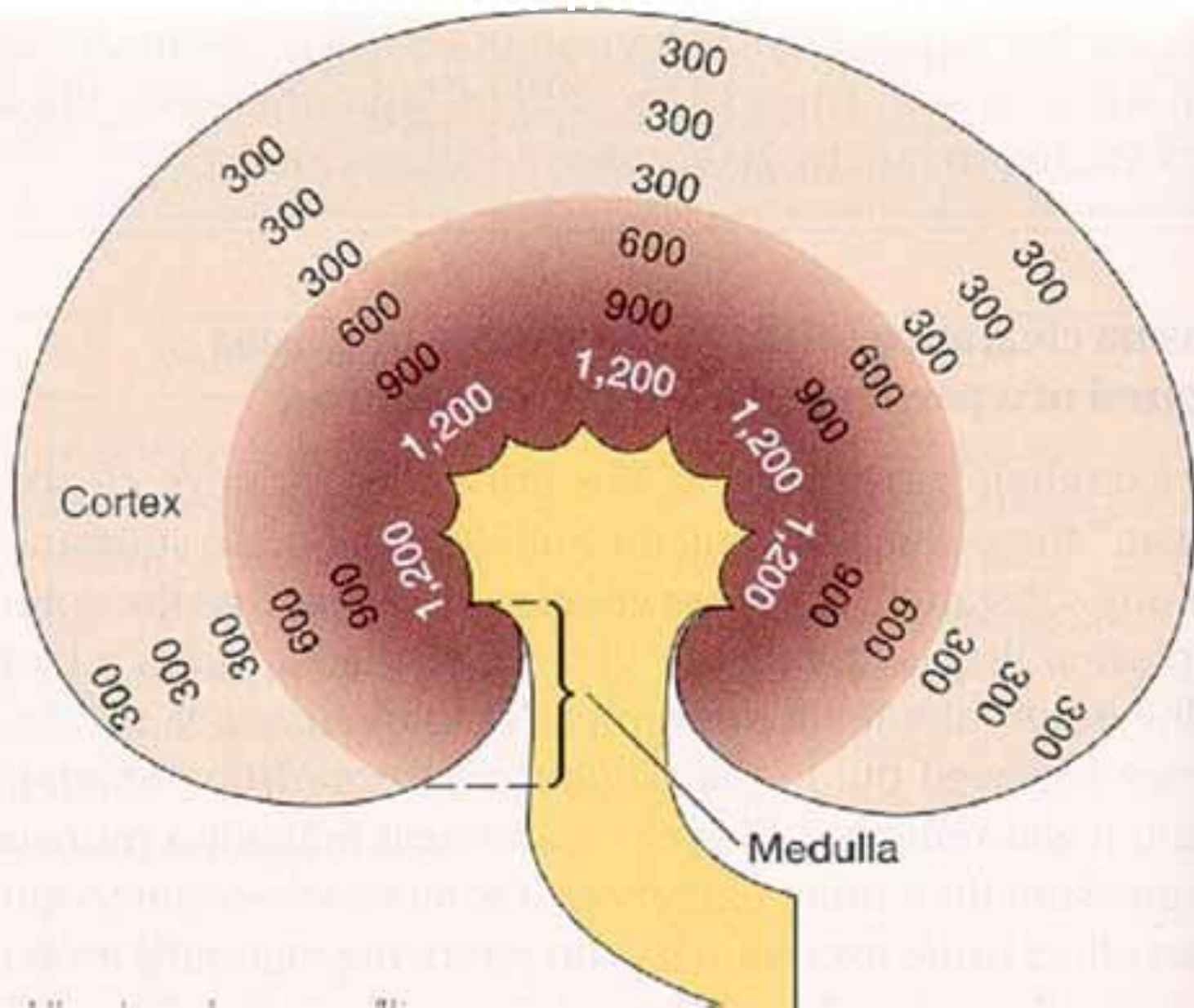
All three mechanism adjust renal blood pressure and resulting blood flow

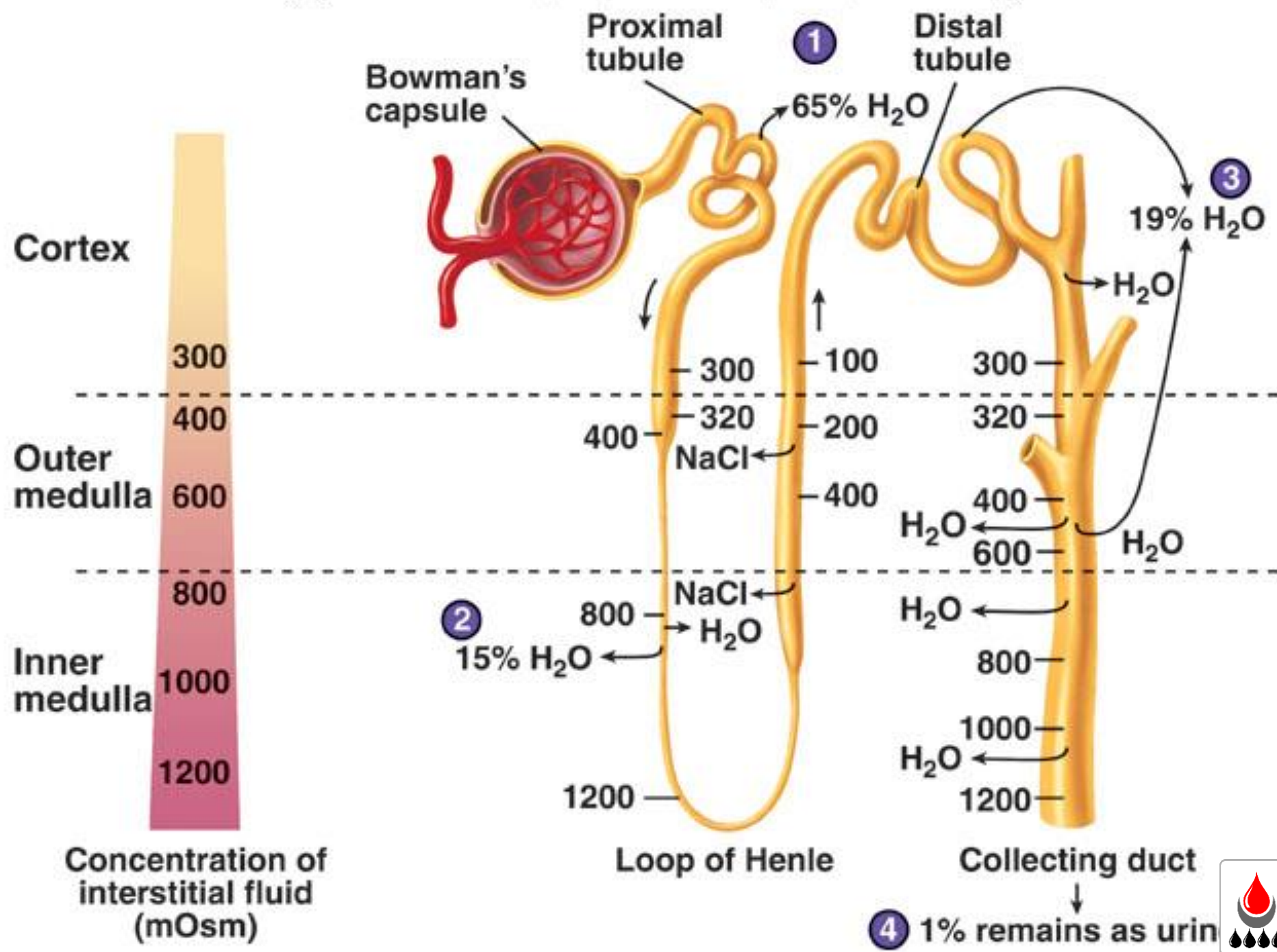


1. Renal autoregulation



Hyperosmotic Gradient in the Renal





GFR influenced by:

- Blood pressure and blood flow
- Obstruction to urine outflow
- Loss of protein-free fluid
- Hormonal regulation
 - Renin – angiotensin
 - Aldosterone
 - ADH
 - ANP



2. Neural regulation



INNERVATION OF THE KIDNEY

Nerves from the renal plexus (sympathetic nerve) of the autonomic nervous system enter kidney at the hilus → innervate smooth muscle of afferent & efferent arterioles → regulates blood pressure & distribution throughout kidney

Effect:

- (1) Reduce the GPF and GFR and through contracting the afferent and efferent artery (α receptor)
- (2) Increase the Na^+ reabsorption in the proximal tubules (β receptor)
- (3) Increase the release of renin (β receptor)



Nerve reflex:

1. Cardiopulmonary reflex and Baroreceptor Reflex
2. Renorenal reflex

Sensory nerves located in the renal pelvic wall are activated by stretch of the renal pelvic wall, which may occur during diuresis or ureteral spasm/occlusion.

Activation of these nerves leads to an increase in afferent renal nerve activity, which causes a decrease in efferent renal nerve activity and an increase in urine flow rate and urinary sodium excretion.

This is called a renorenal reflex response.



The series of mechanisms leading to activation of renal mechanosensory nerves include:

Increased renal pelvic pressure increases the release of bradykinin which activates protein kinase C which in turn results in renal pelvic release of PGE_2 via activation of COX-2.

PGE_2 increases the release of substance P via activation of N-type calcium channels in the renal pelvic wall.



2. Neural regulation of GFR

- **Sympathetic** nerve fibers innervate afferent and efferent arteriole
- Normally sympathetic stimulation is low but can increase during hemorrhage and exercise
- **Vasoconstriction** occurs as a result which conserves blood volume (hemorrhage) and permits greater blood flow to other body parts (exercise)



3. Hormonal regulation



3. Hormonal regulation of GFR

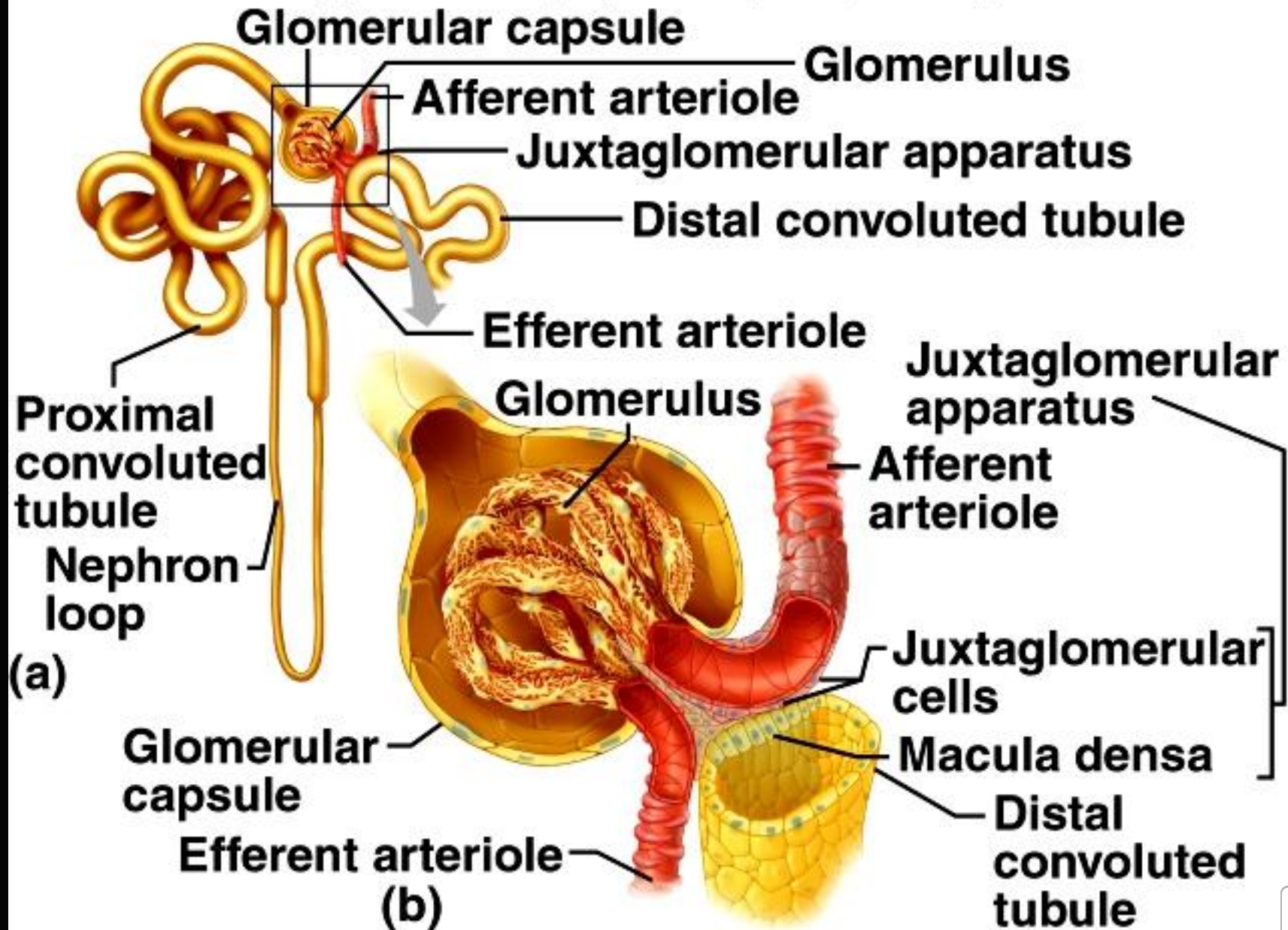
- Several hormones contribute to GFR regulation
- **Angiotensin II**. Produced by Renin, released by JGA cells is a potent vasoconstrictor. **Reduces GFR**
- **ANP atrial natriuretic peptide** (released by atria when stretched) **increases GFR** by increasing capillary surface area available for filtration
- **NO**
- **Endothelin**
- **Prostaglandin E2**

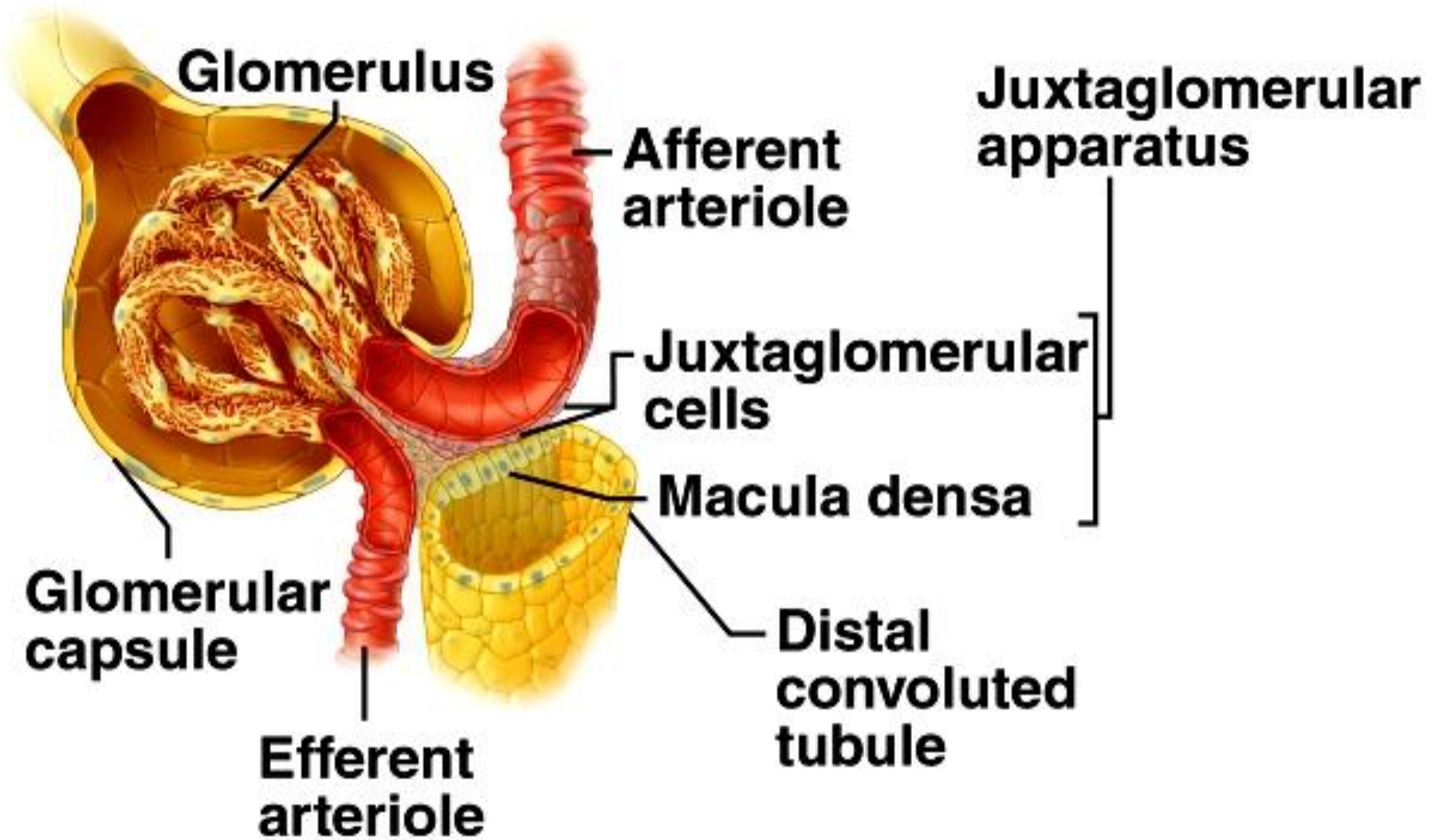


Juxtaglomerular apparatus

- Juxtaglomerular cells lie in the wall of afferent arteriole
- Macula densa in final portion of loop of Henle – monitor Na^+ and Cl^- conc. and water
- Control blood flow into the glomerulus
- Control glomerular filtration

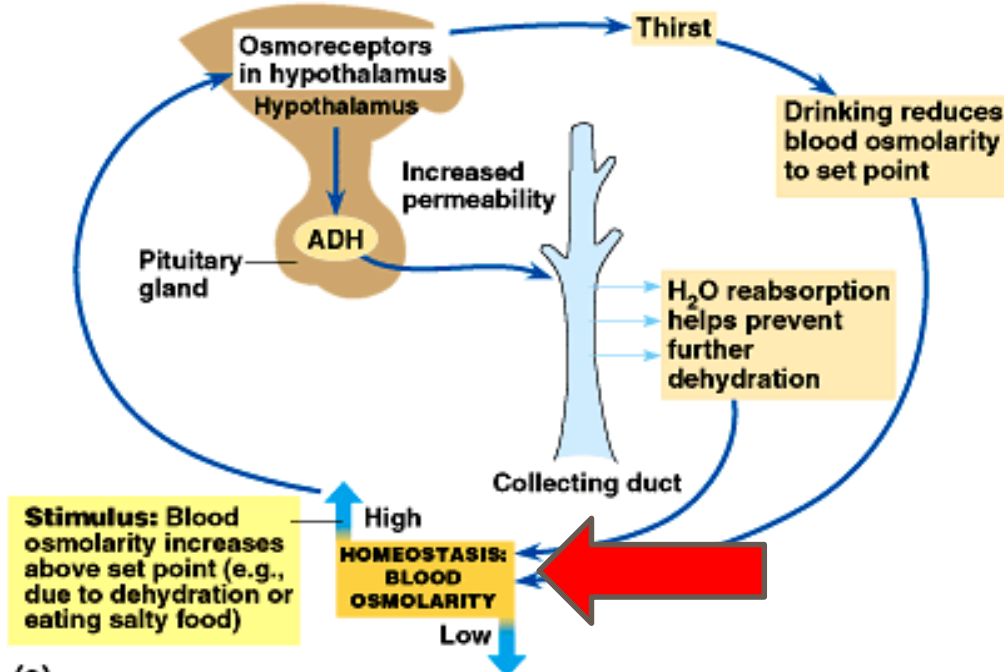




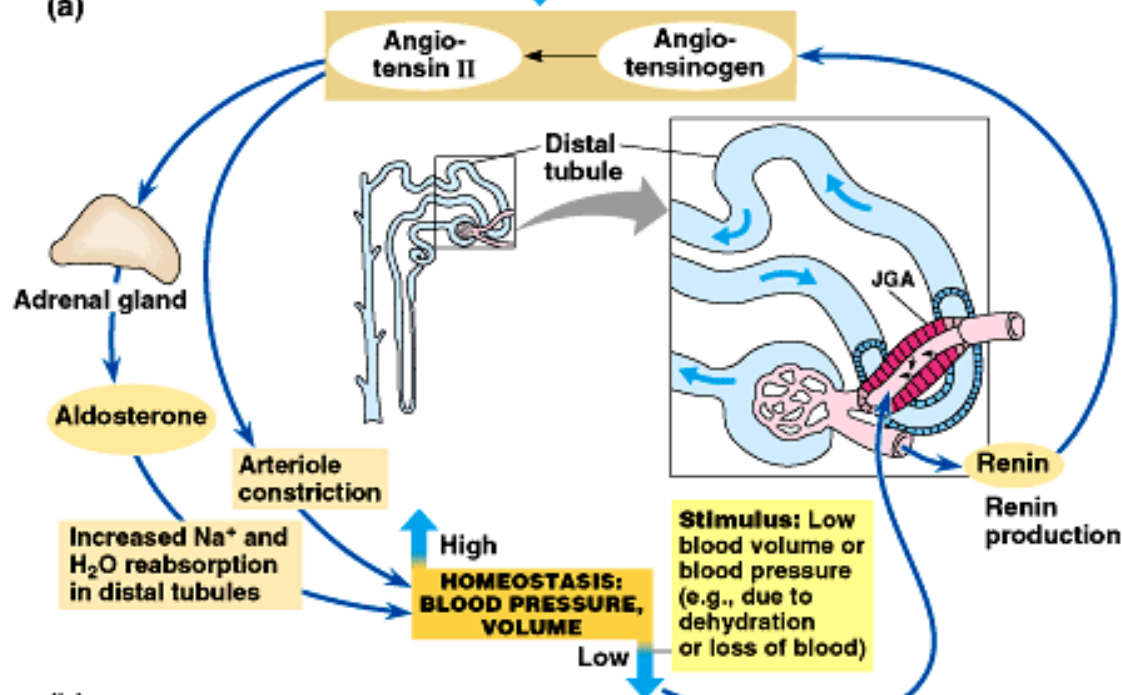


(b)



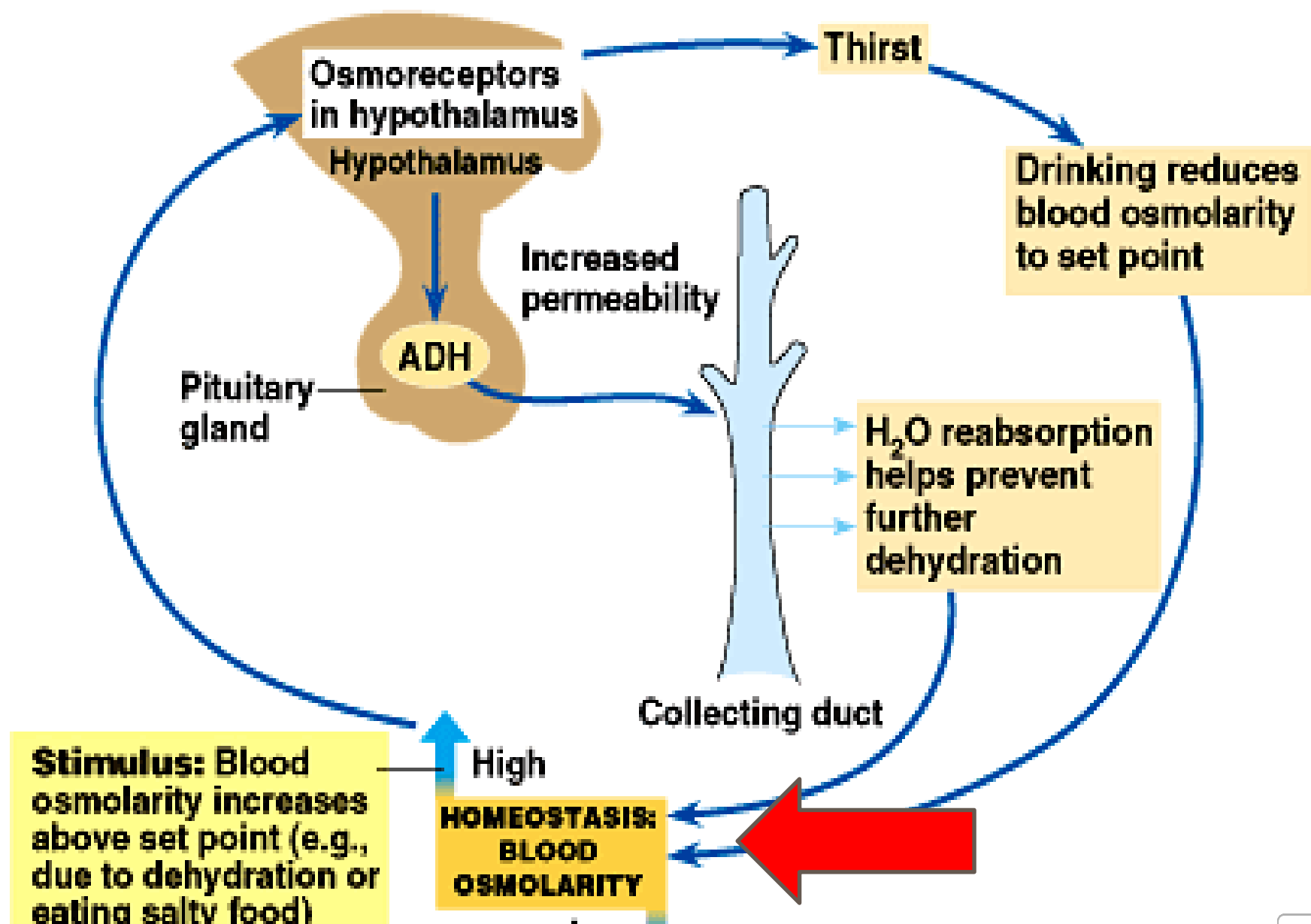


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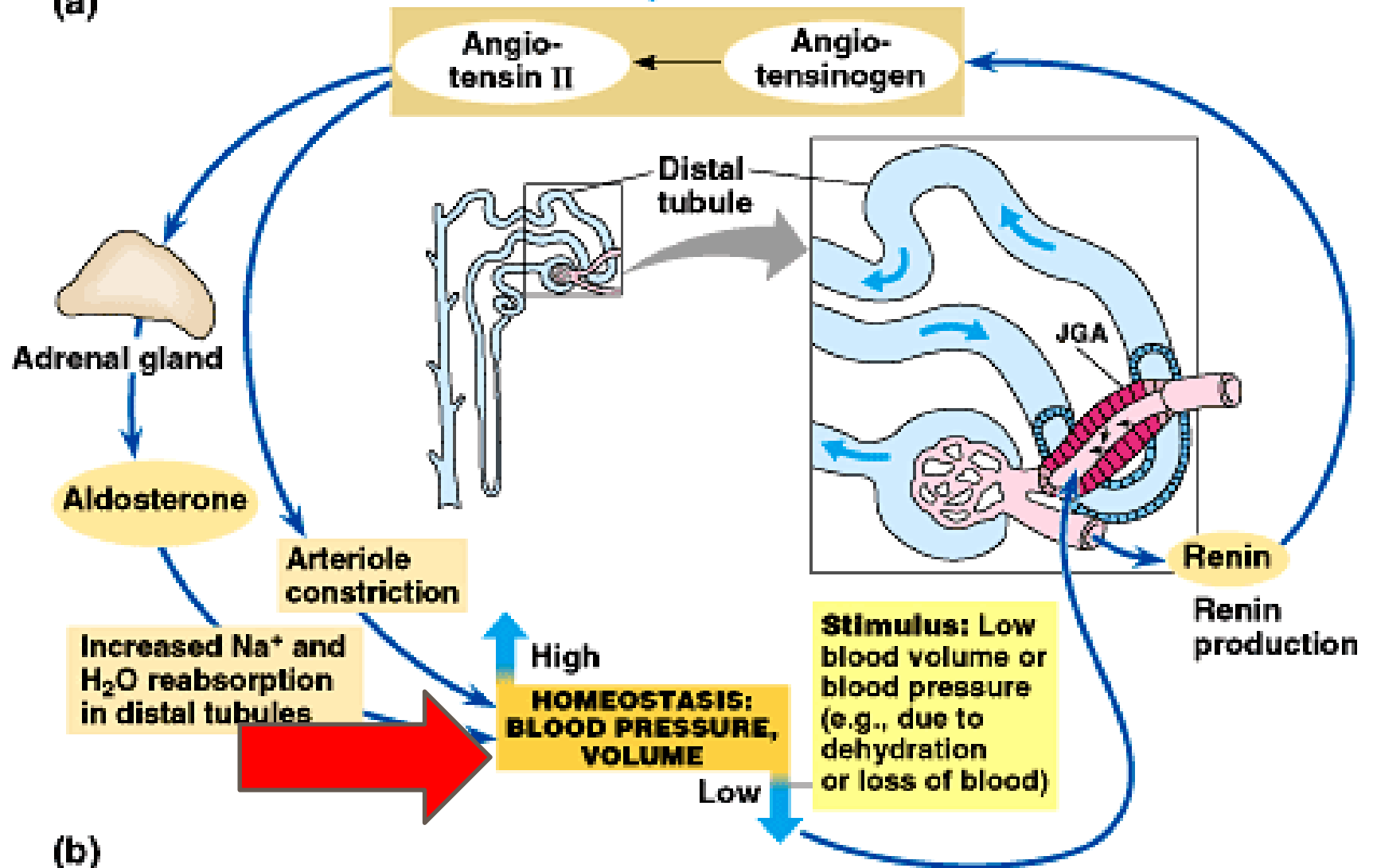


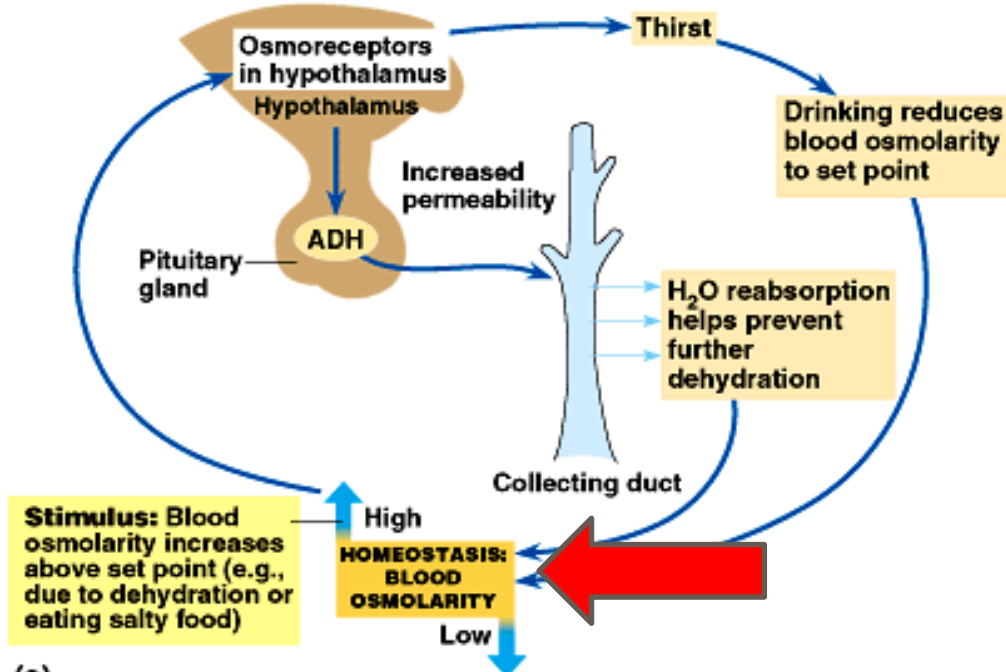
(b)



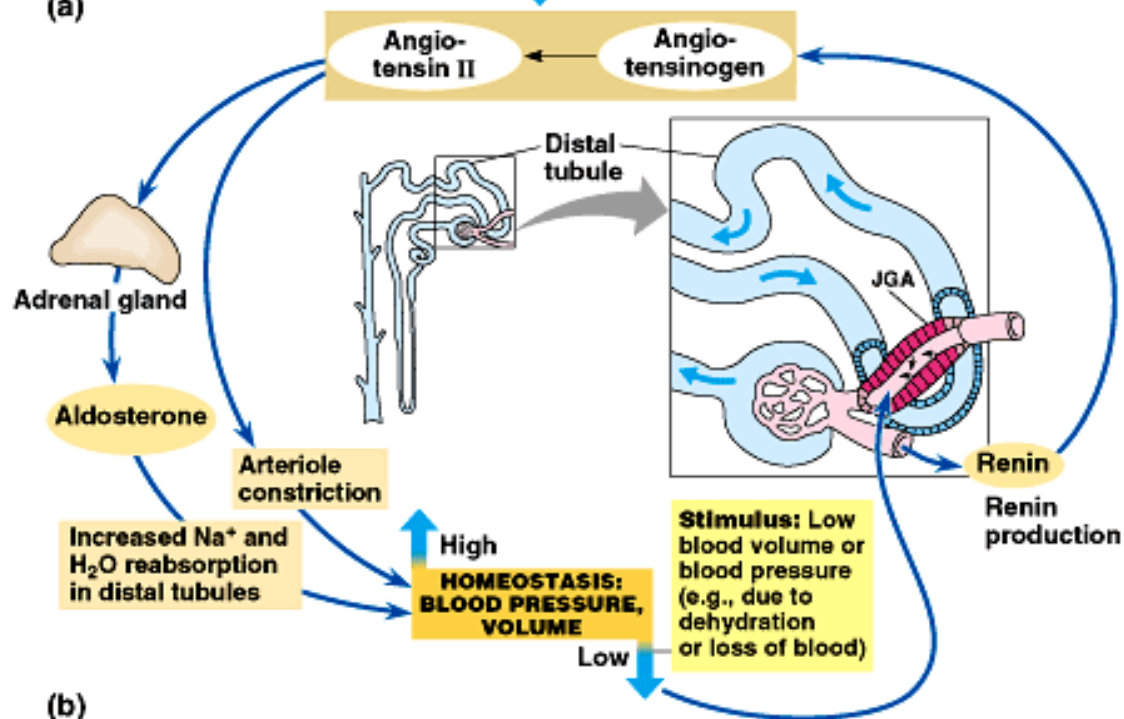


(a)





(a)



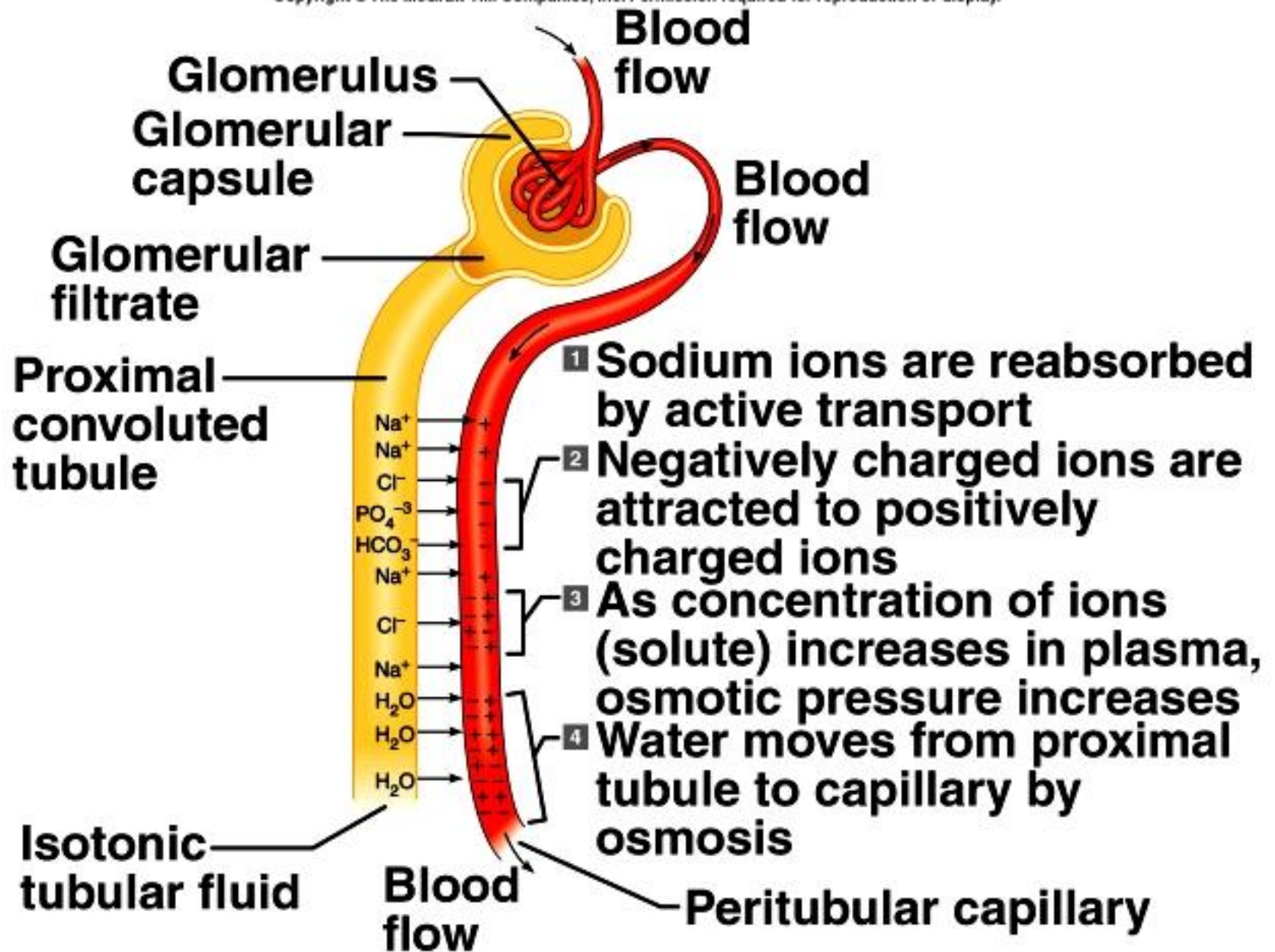
(b)



Tubular reabsorption

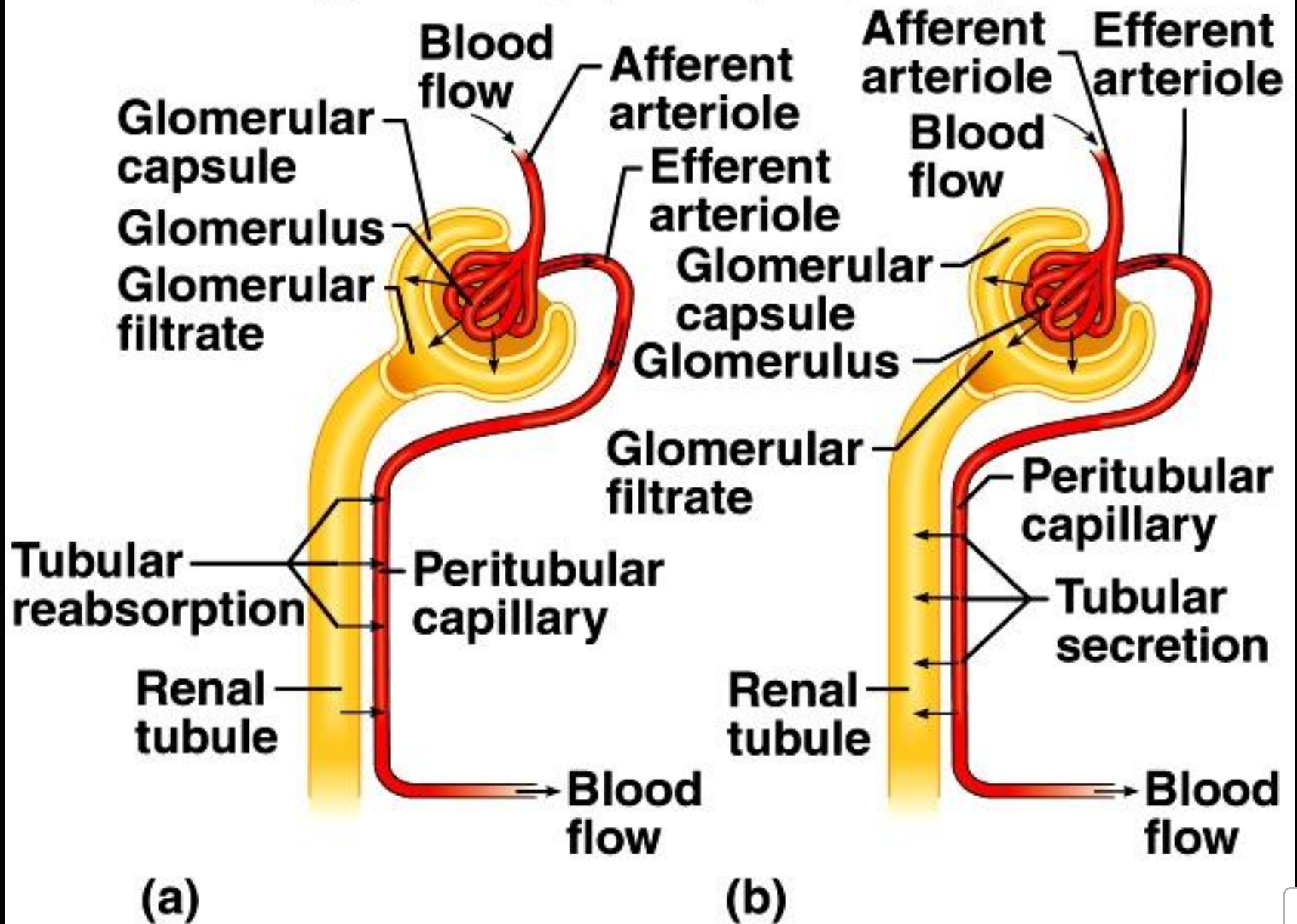
- Water, glucose, amino acids, urea, ions
- Sodium diffuses into cell; actively pumped out – drawing water with it





- In addition to reabsorption, also have tubular secretion – substances move from peritubular capillaries into tubules – a second chance to remove substances from blood.





- By end of proximal tubule have reabsorbed:
- 60- 70% of water and sodium
- about 100% of glucose and amino acids
- 90 % of K^+ , bicarb, Ca^{++} , uric acid
- **Transport maximum** – maximum amount of a substance that can be absorbed per unit time
- **Renal threshold** – plasma conc. of a substance at which it exceeds T_m .



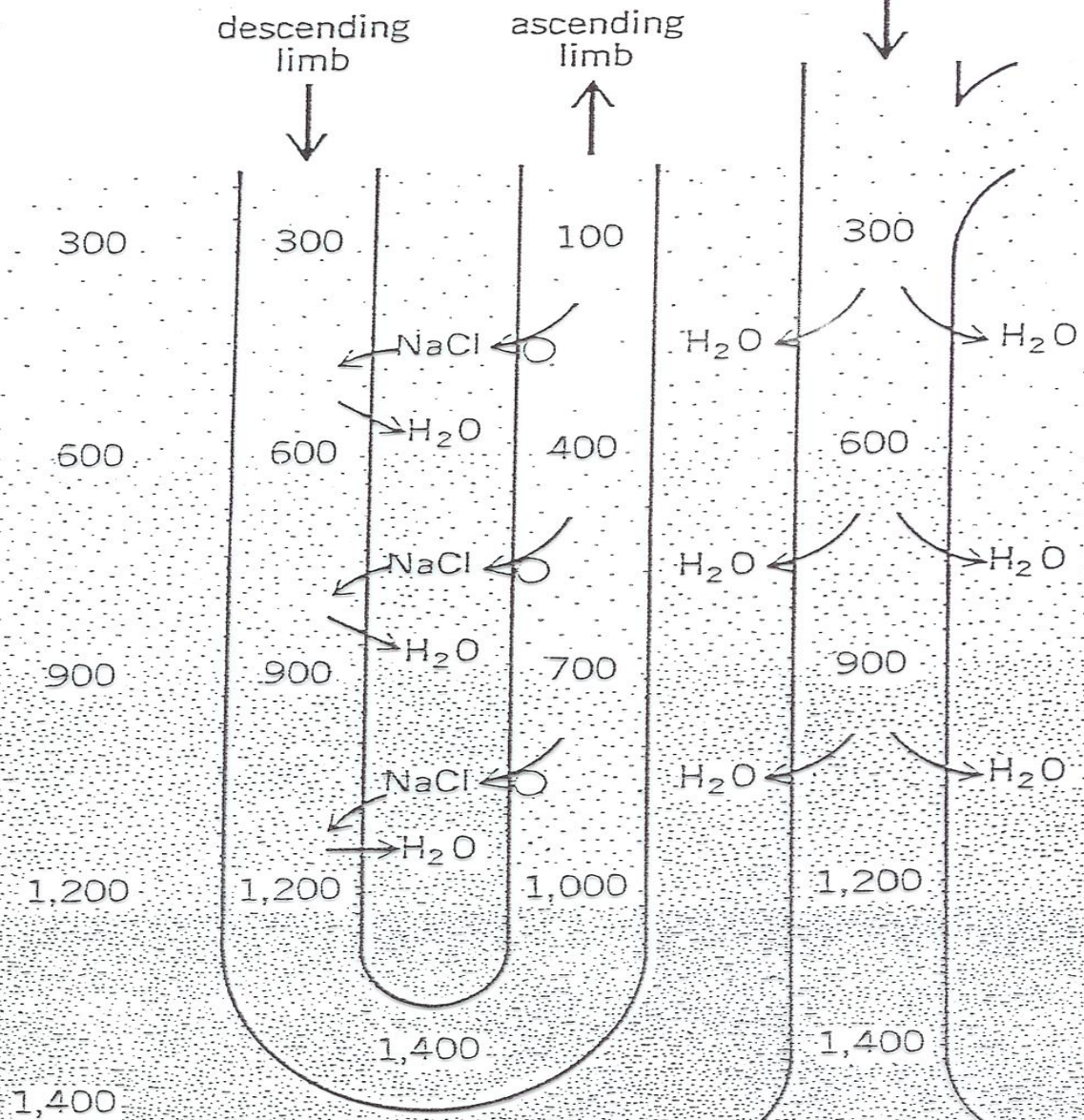
Loop of Henle

- Responsible for producing a concentrated urine by forming a concentration gradient within the medulla of kidney.
- When ADH is present, water is reabsorbed and urine is concentrated.
- Counter-current multiplier



HENLE'S LOOP

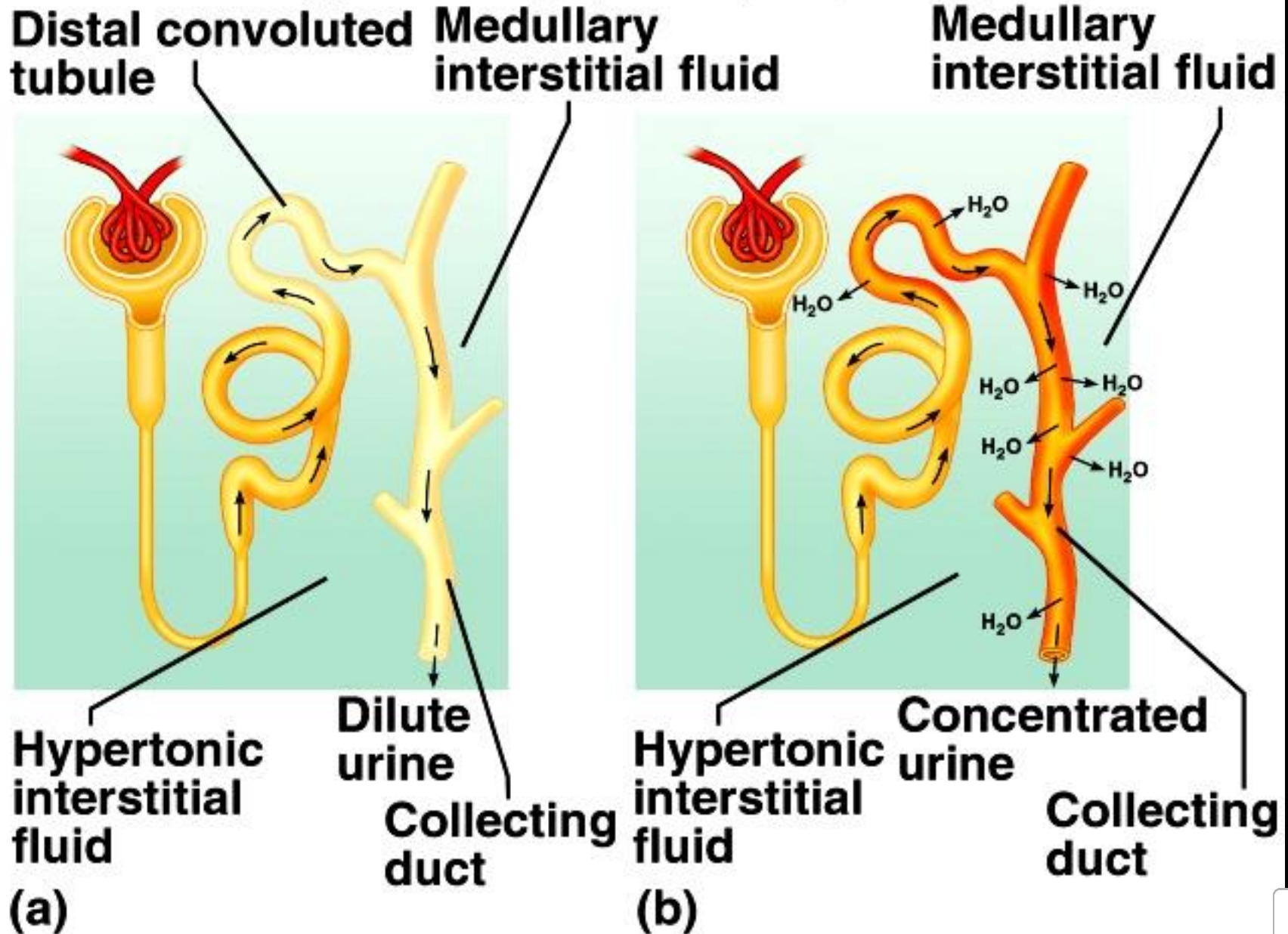
COLLECTING DUCT



Distal convoluted tubule and collecting ducts

- What happens here depends on ADH
- Aldosterone affects Na^+ and K^+
- ADH – facultative water reabsorption
- Parathyroid hormone – increases Ca^{++} reabsorption

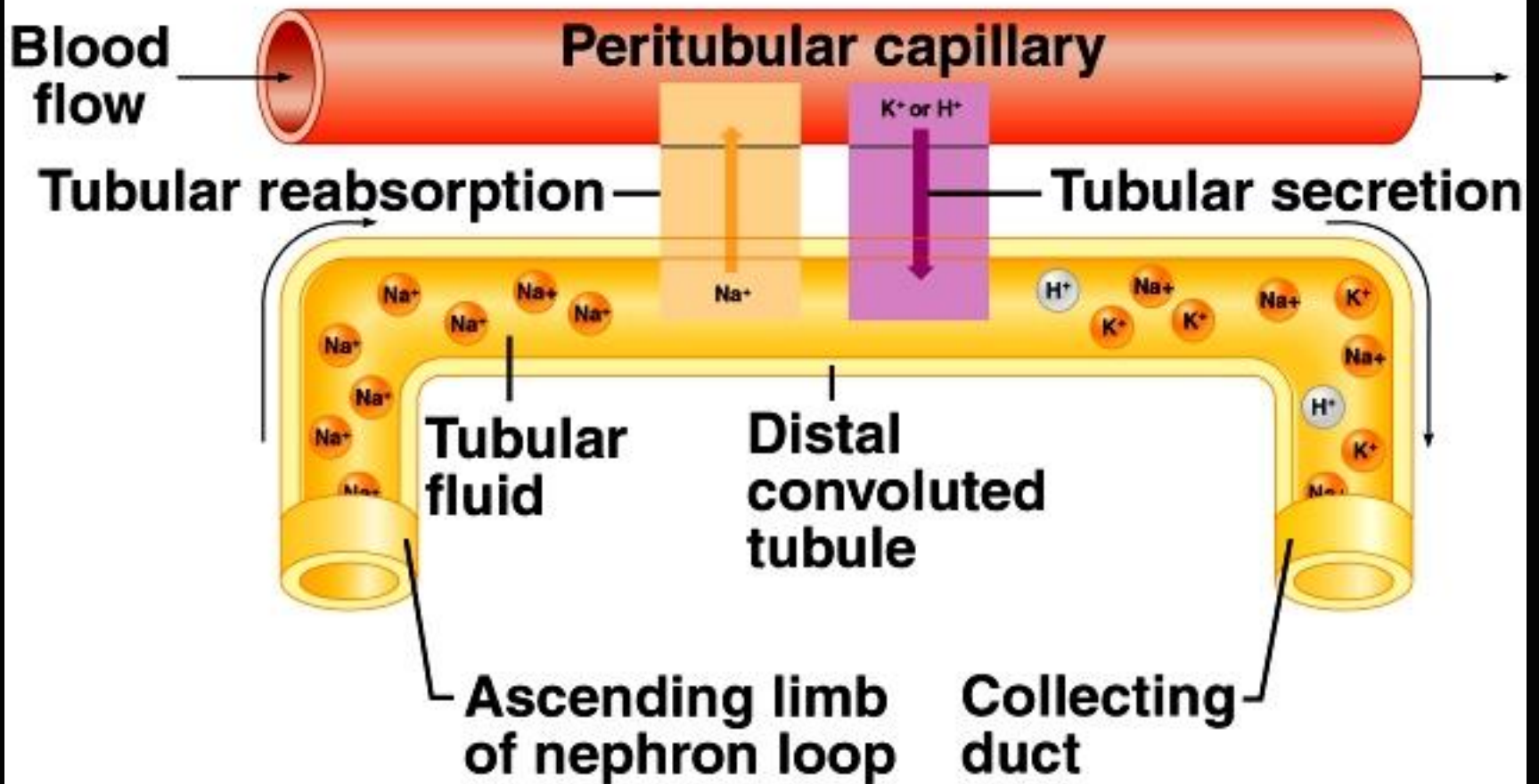




Distal convoluted tubule and collecting ducts

- Tubular secretion to rid body of substances: K^+ , H^+ , urea, ammonia, creatinine and certain drugs
- Secretion of H^+ helps maintain blood pH (can also reabsorb bicarb and generate new bicarb)





Atrial natriuretic peptide(ANP)

- ANP is released by atrium in response to atrial stretching due to increased blood volume
- ANP inhibits Na^+ and water reabsorption, also inhibits ADH secretion
- Thus promotes increased sodium excretion (natriuresis) and water excretion (diuresis) in urine



- 1) APs generated by stretch receptors
- 2) reflex arc generates APs that
- 3) stimulate smooth muscle lining bladder
- 4) relax internal urethral sphincter (IUS)
- 5) stretch receptors also send APs to Pons
- 6) if it is o.k. to urinate
 - APs from Pons excite smooth muscle of bladder and relax IUS
 - relax external urethral sphincter
- 7) if not o.k.
 - APs from Pons keep
EUS contracted



Reabsorption and Secretion

Concept of Reabsorption and Secretion

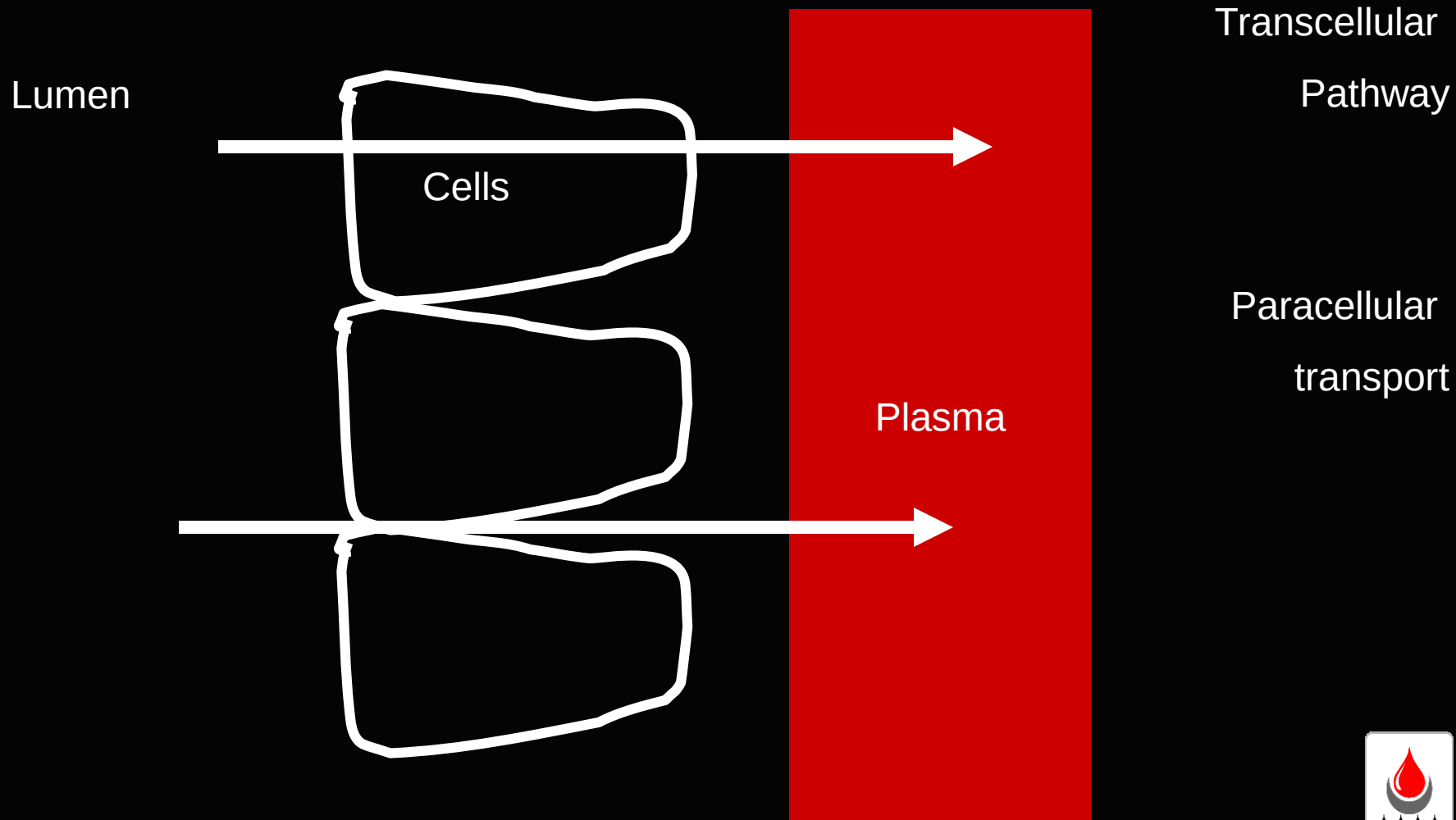


Filtration, reabsorption, and excretion rates of substances by the kidneys

		Filtered (meq/24h)	Reabsorbed (meq/24h)	Excreted (meq/24h)	Reabsorbed (%)
Glucose	(g/day)	180	180	0	100
Bicarbonate	(meq/day)	4,320	4,318	2	> 99.9
Sodium	(meq/day)	25,560	25,410	150	99.4
Chloride	(meq/day)	19,440	19,260	180	99.1
Water	(l/day)	169	167.5	1.5	99.1
Urea	(g/day)	48	24	24	50
Creatinine	(g/day)	1.8	0	1.8	0



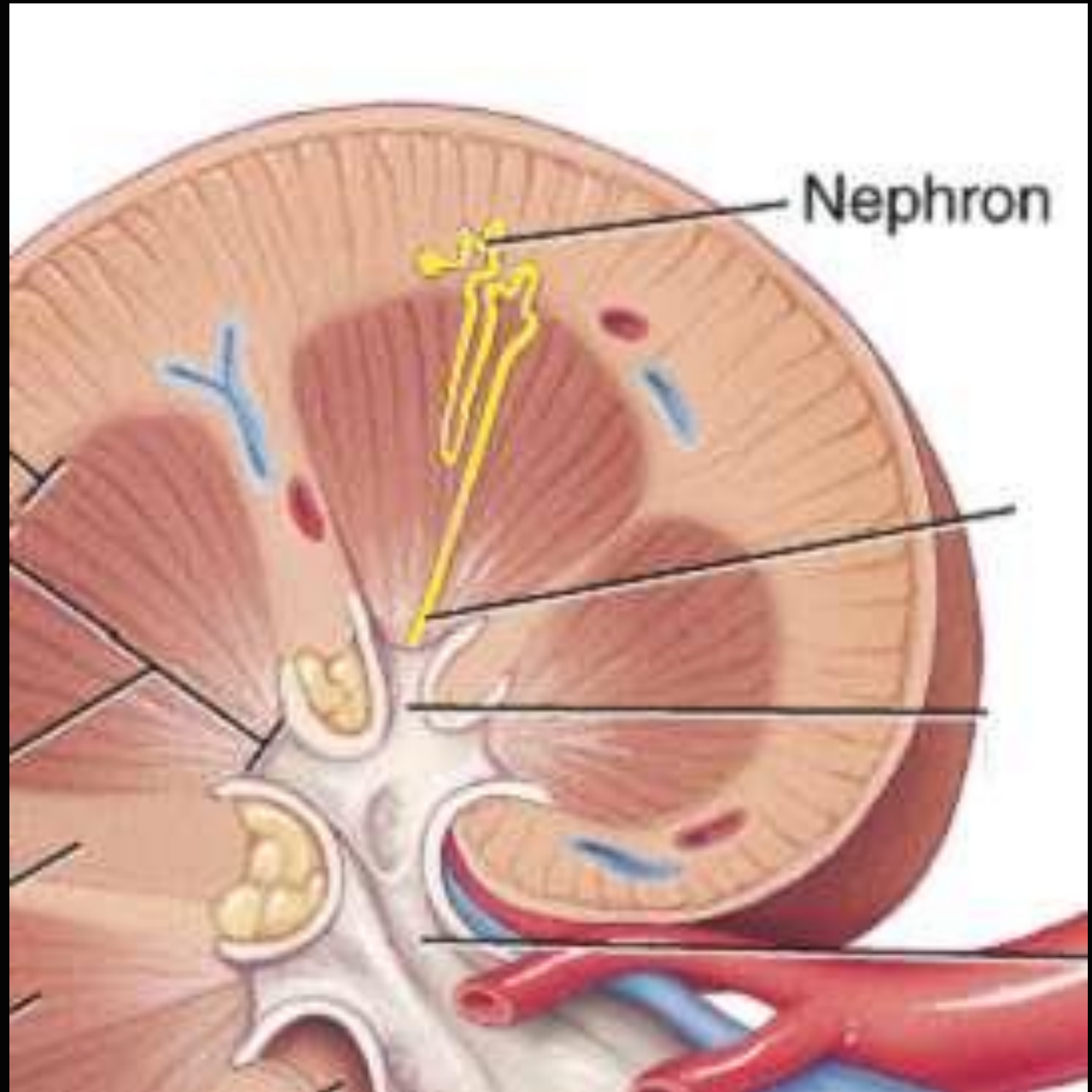
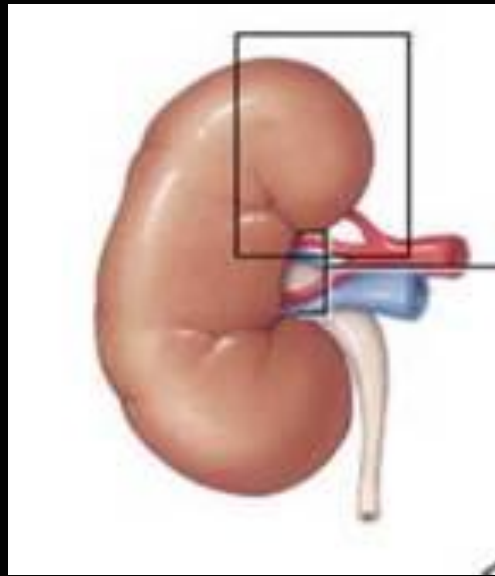
Two pathways of the absorption:





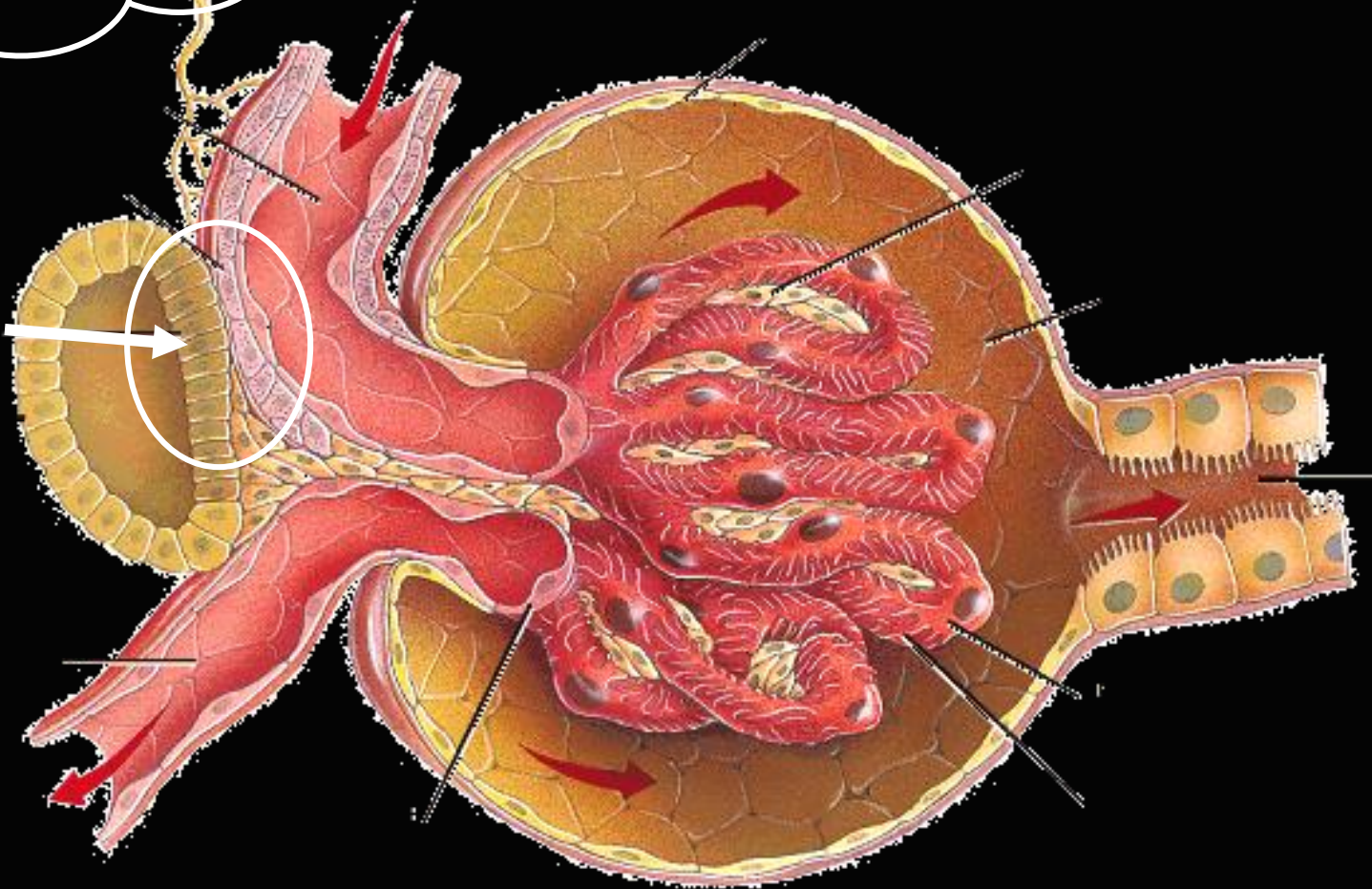
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

3

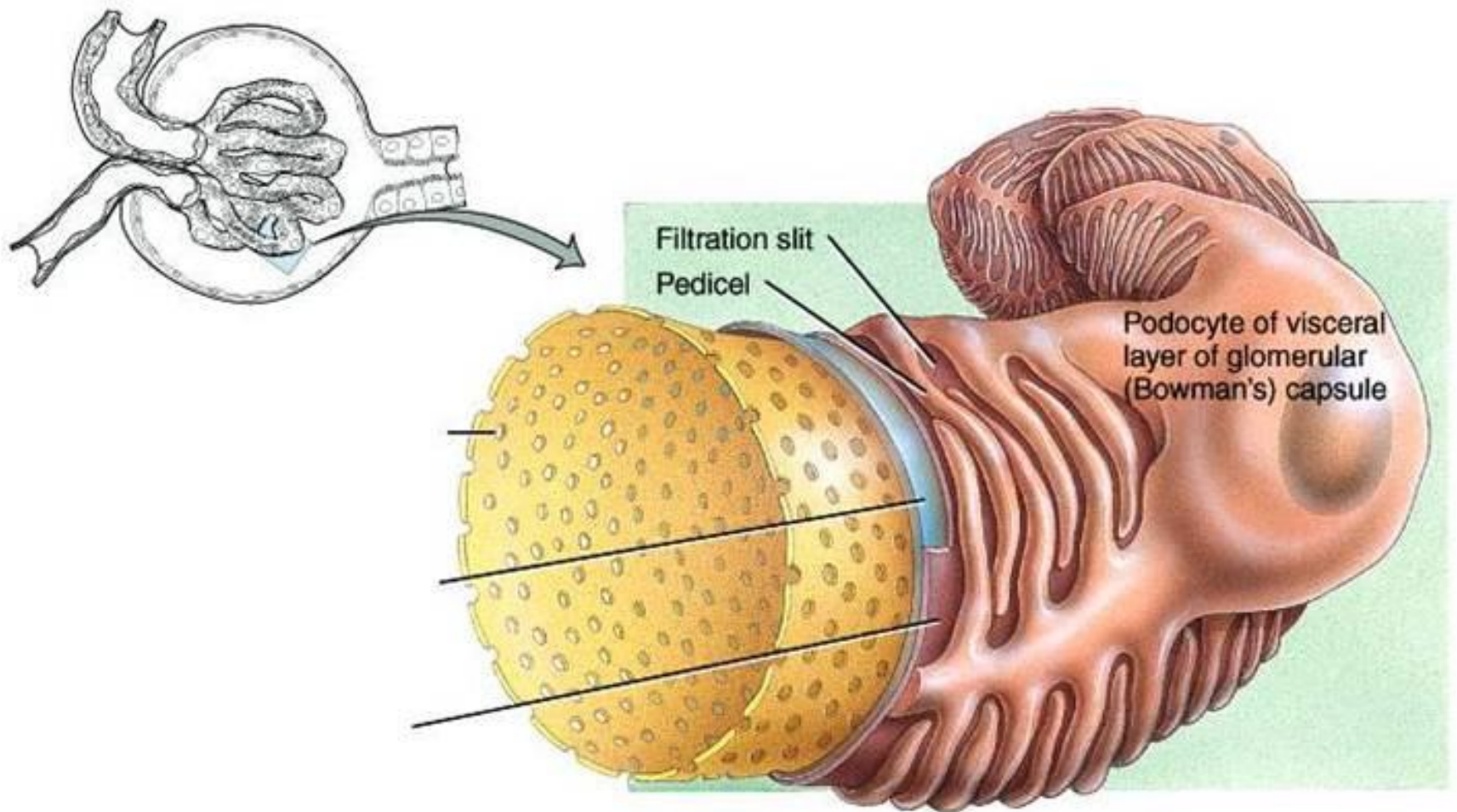


GFR $\rightarrow$ Renin
 $\rightarrow$ Angiotensin
Blood Pressure

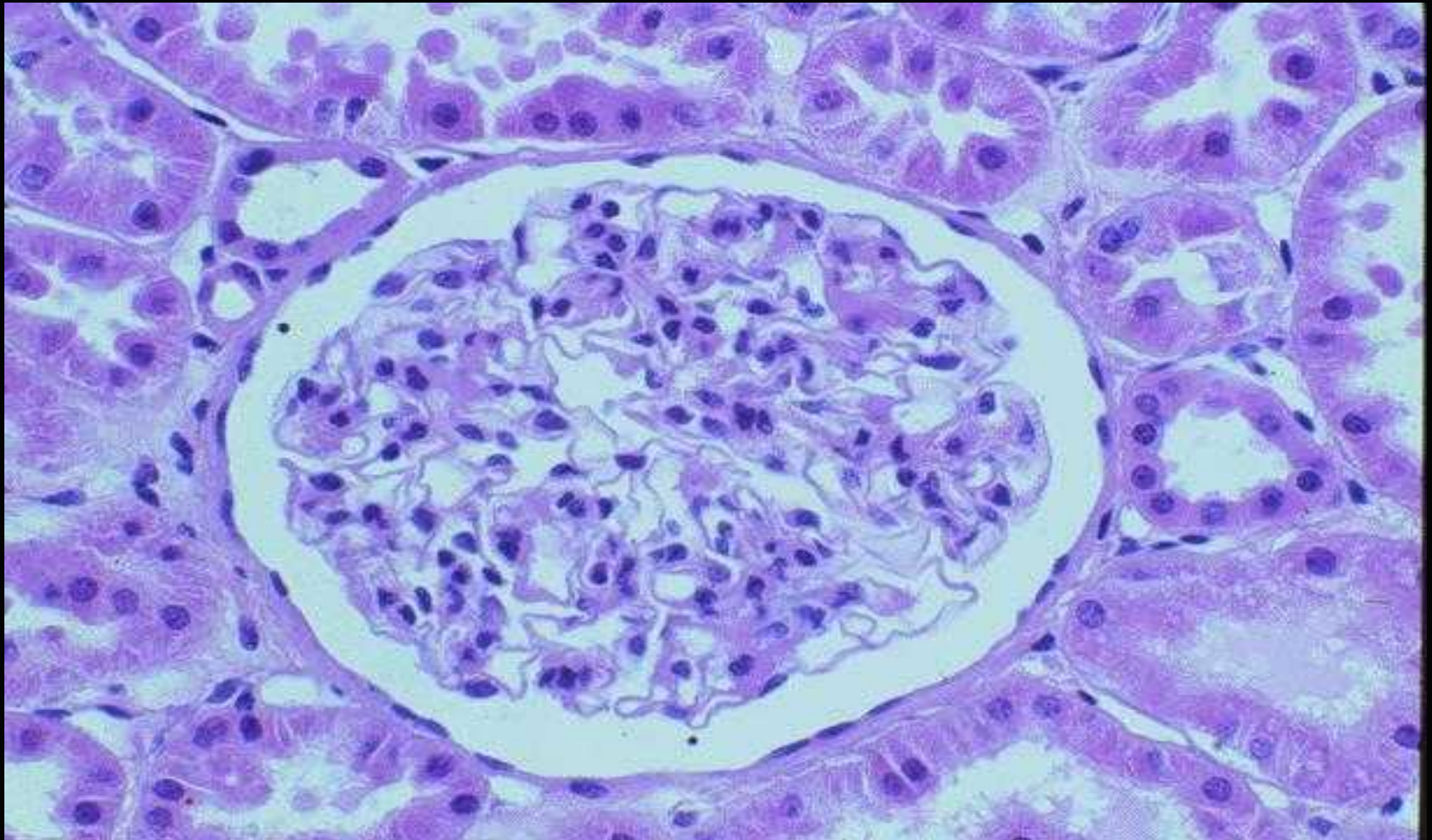
JGA



Filtration Membrane:



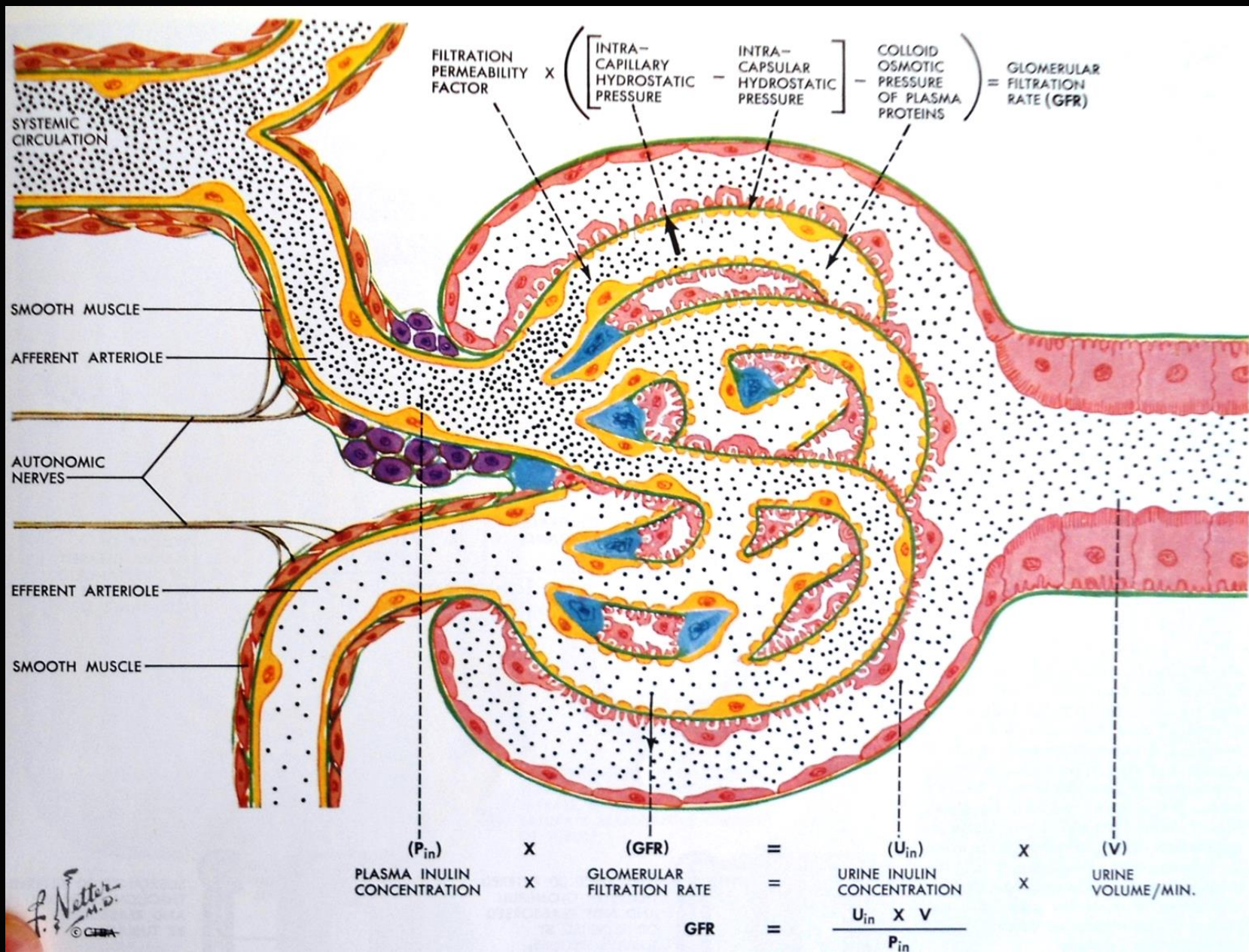
Normal Kidney:



Diagnostic testing

- **Inulin clearance** not absorbed or secreted = **GFR**
- **PAH** not absorbed ; actively secreted = renal plasma flow (**RPF**)





PAH



BELOW T_m

CONCENTRATION OF PAH IN PLASMA IS LESS THAN SECRETORY CAPACITY OF TUBULE; PLASMA PASSING THROUGH FUNCTIONAL KIDNEY TISSUE IS ENTIRELY CLEARED OF PAH



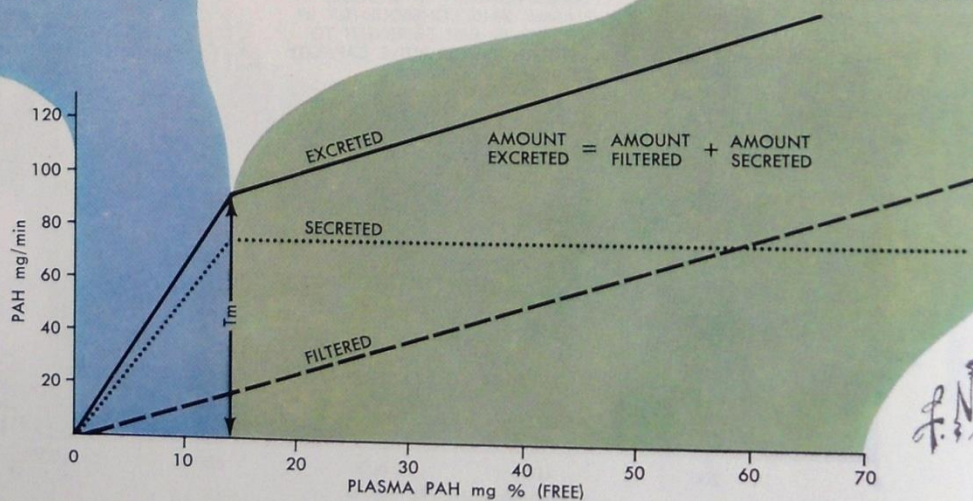
AT T_m

CONCENTRATION OF PAH IN PLASMA IS JUST SUFFICIENT TO SATURATE SECRETORY CAPACITY OF TUBULE



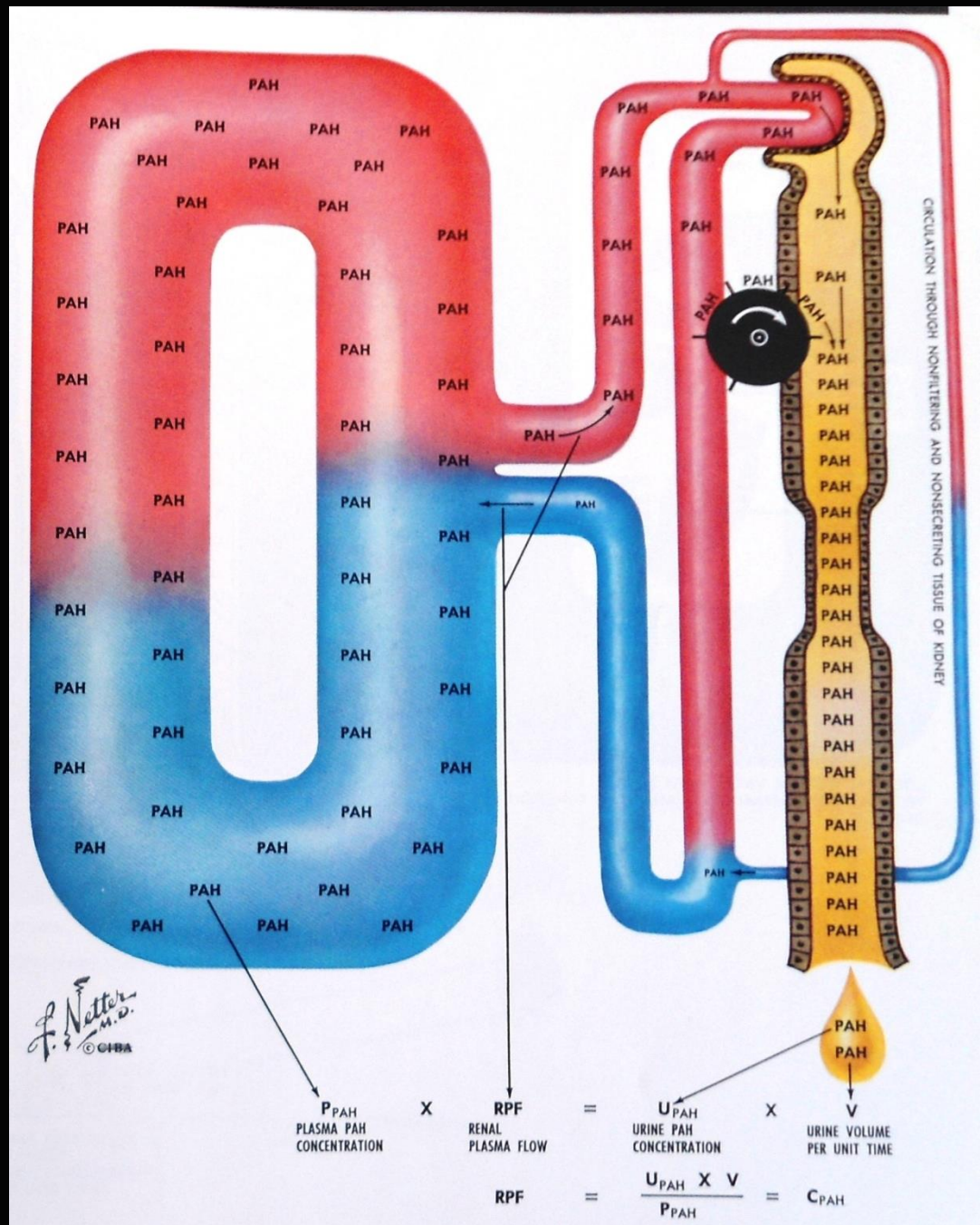
ABOVE T_m

CONCENTRATION OF PAH IN PLASMA EXCEEDS SECRETORY CAPACITY OF TUBULE; PLASMA PASSING THROUGH FUNCTIONAL KIDNEY TISSUE IS NOT ENTIRELY CLEARED OF PAH



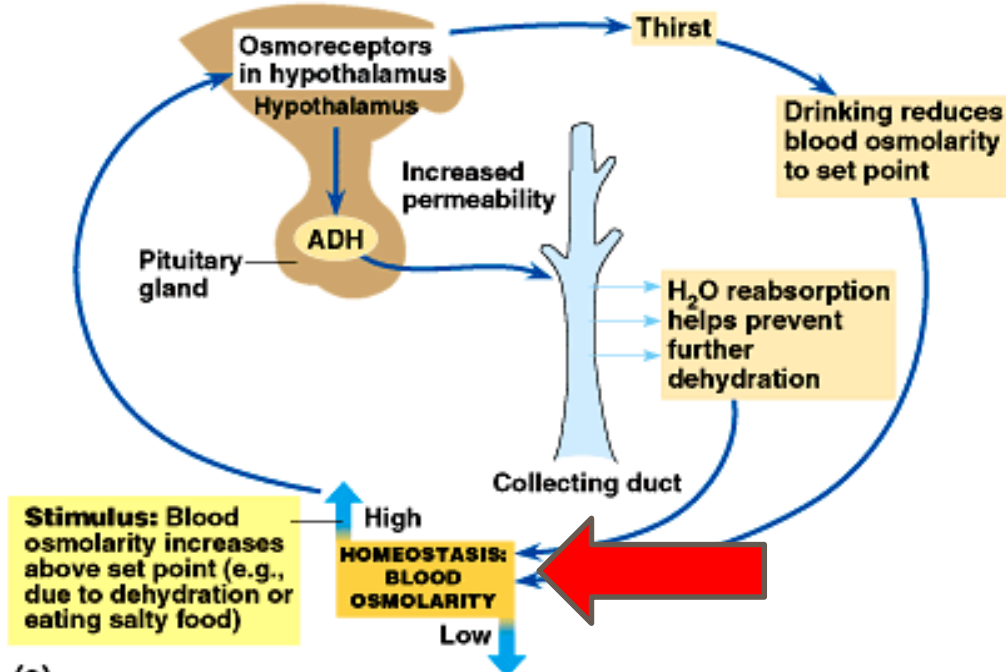
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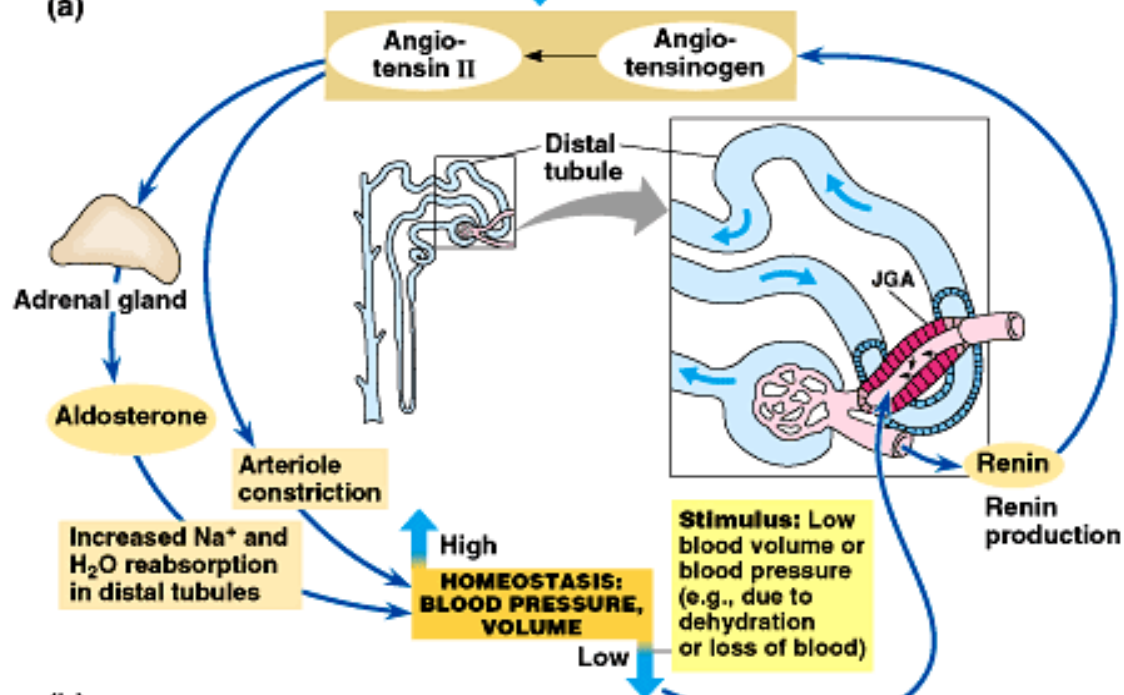


PAH
RPF



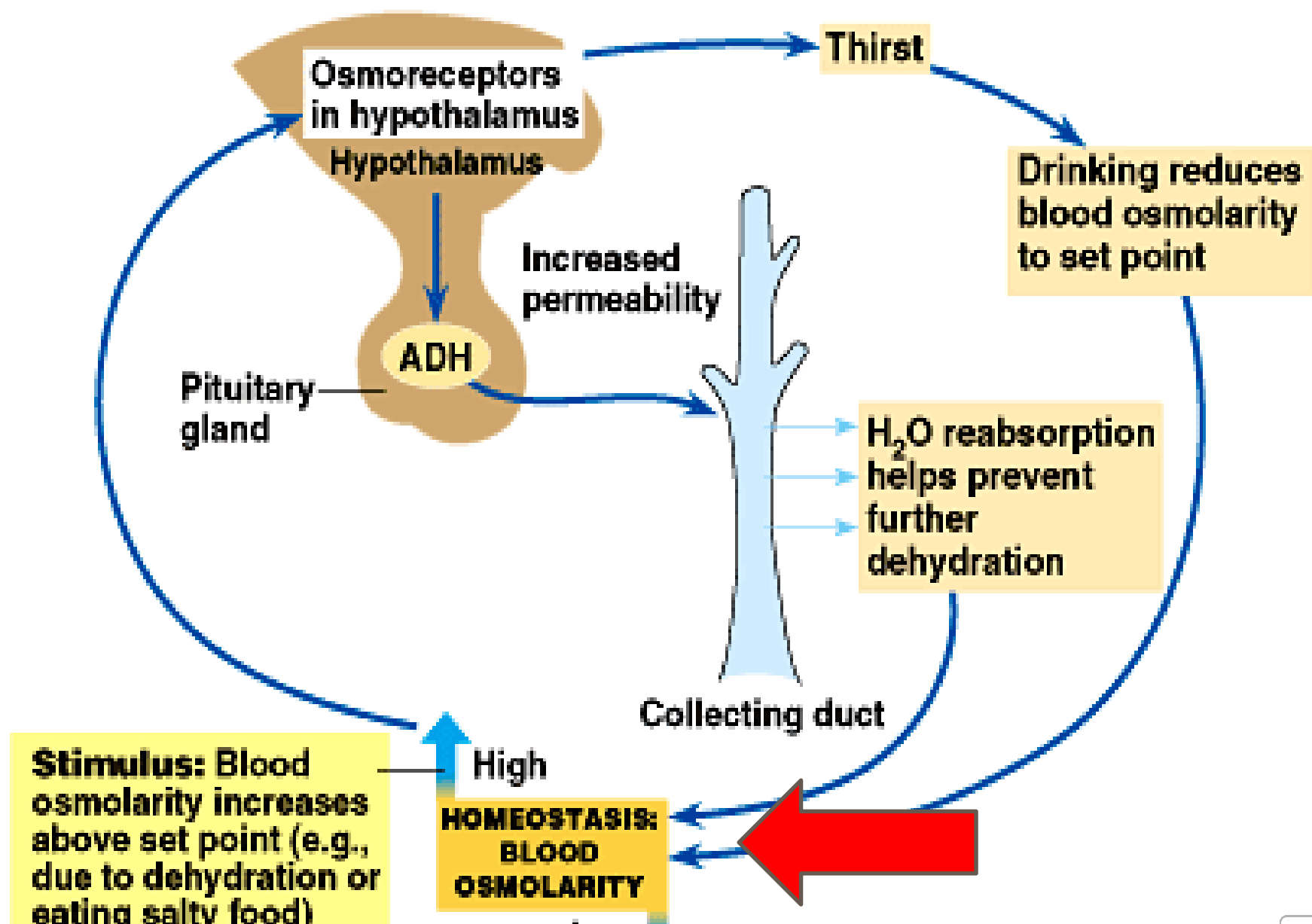


(a)

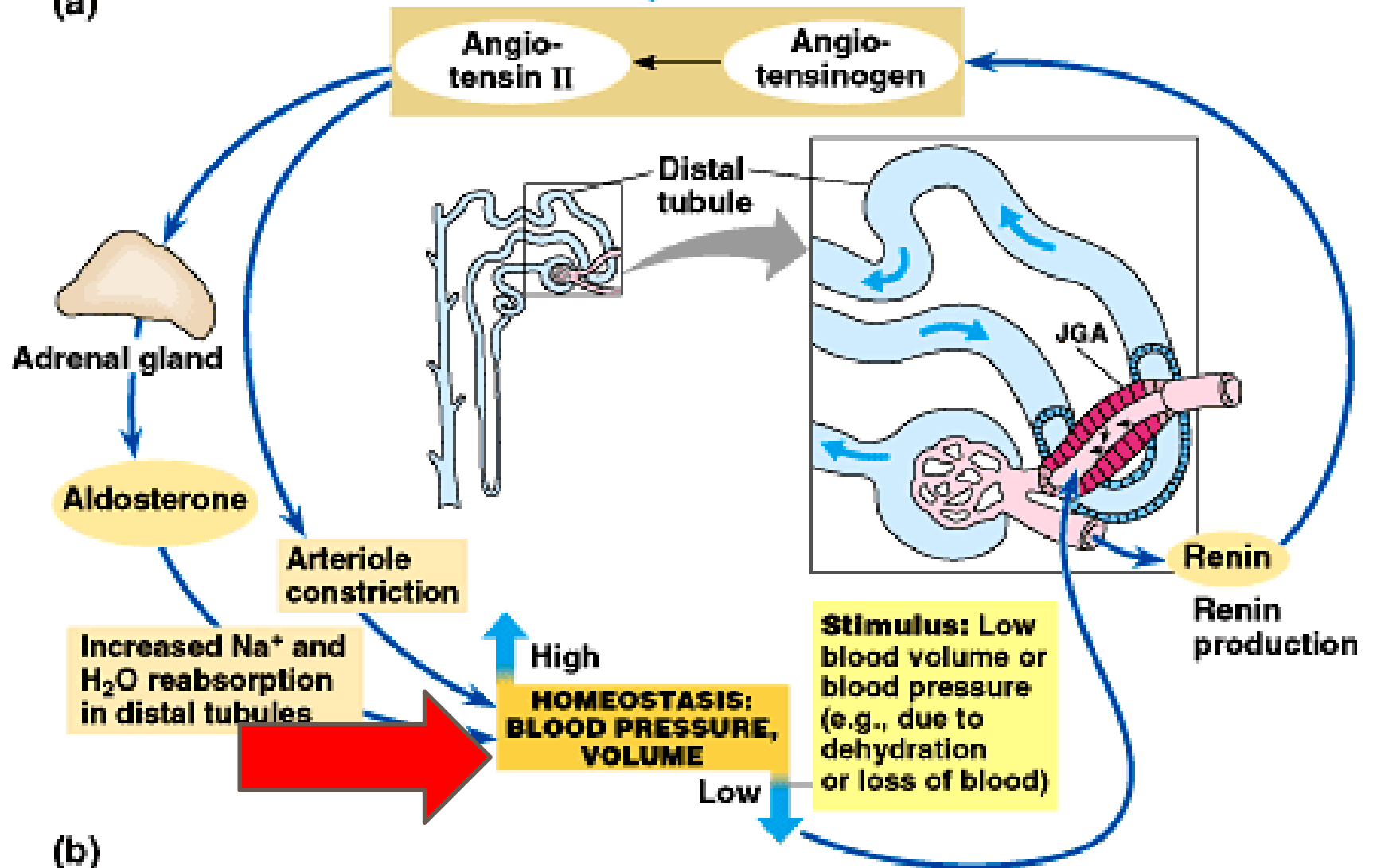


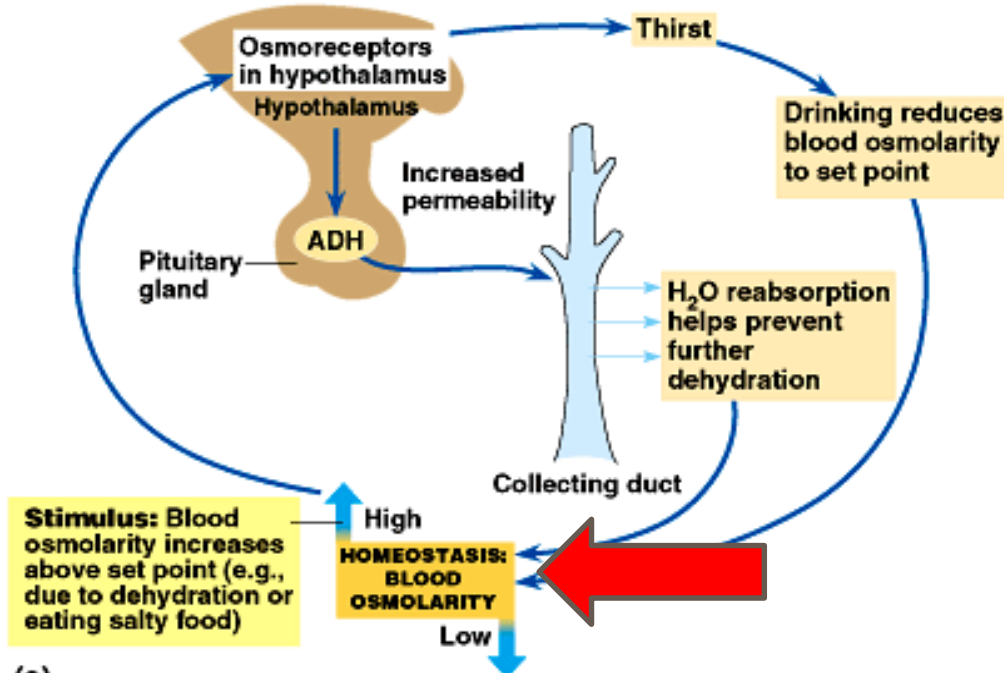
(b)



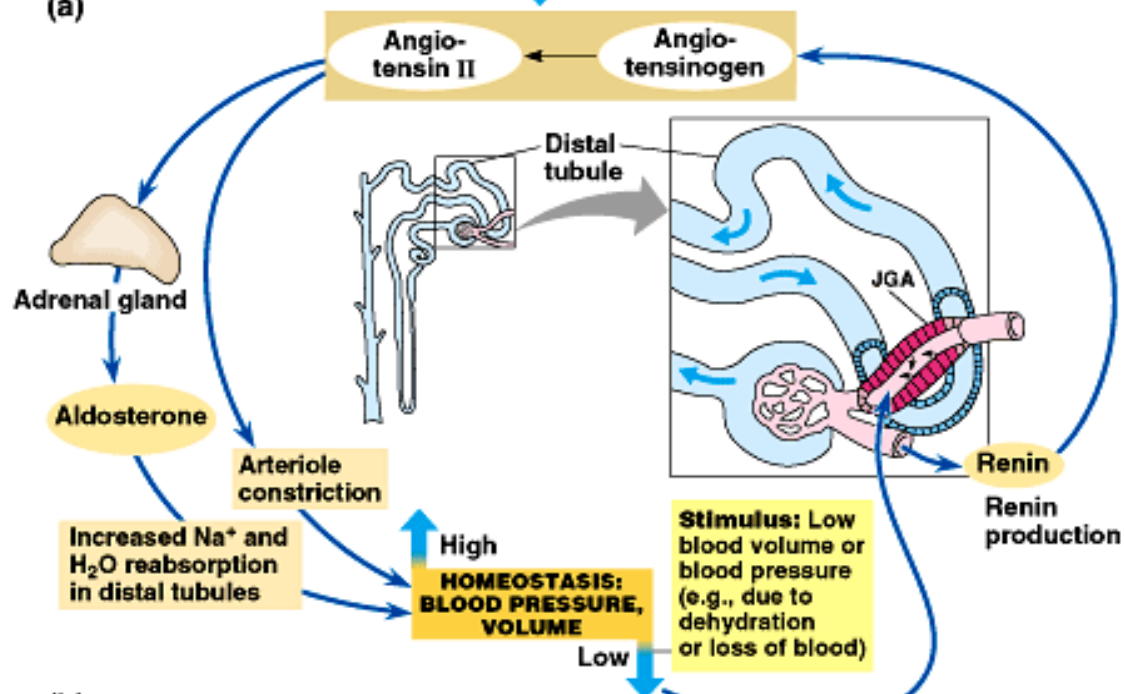


(a)





(a)



(b)



Mechanism of Transport

1, Primary Active Transport

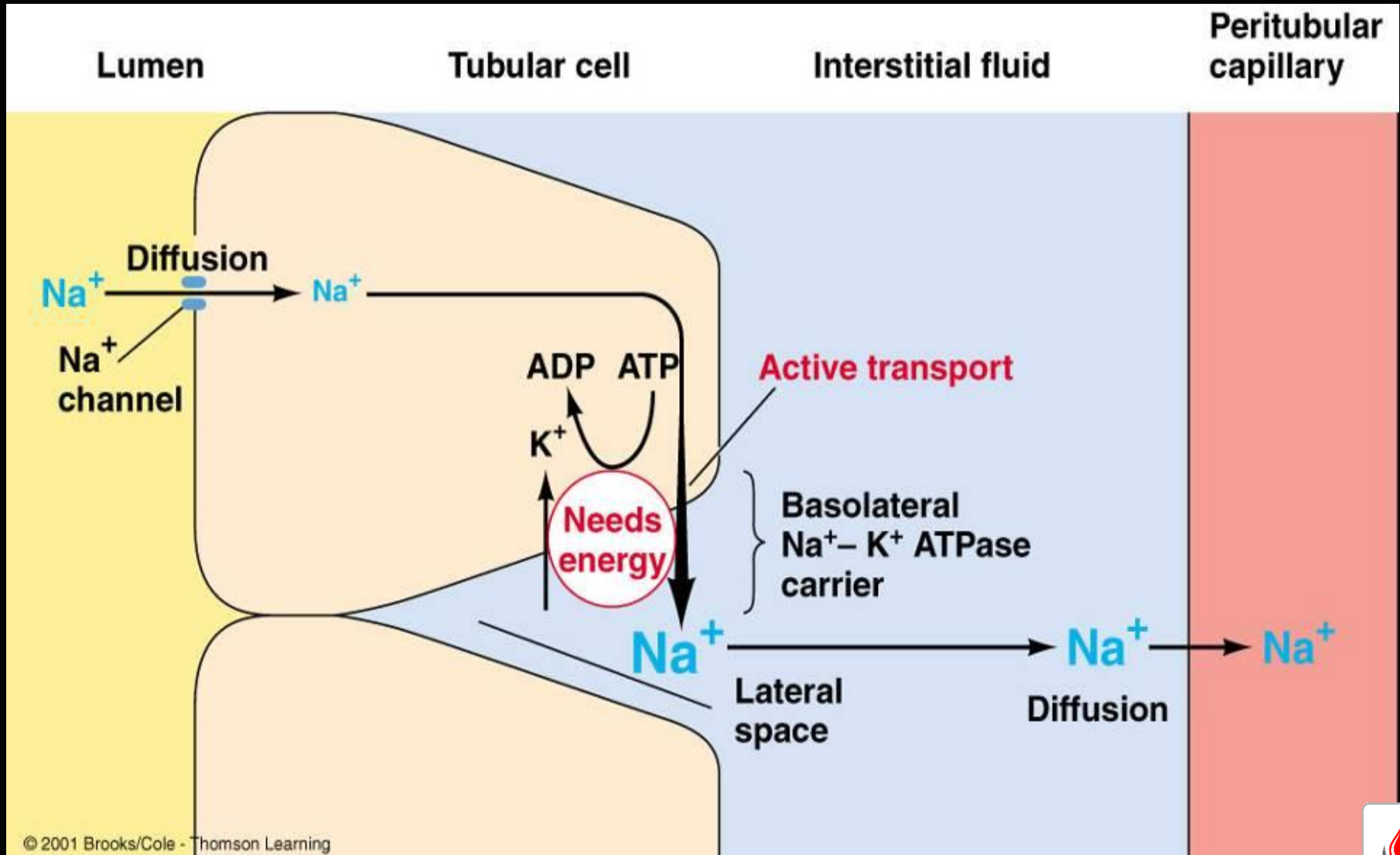
2, Secondary Active Transport

3, Pinocytosis

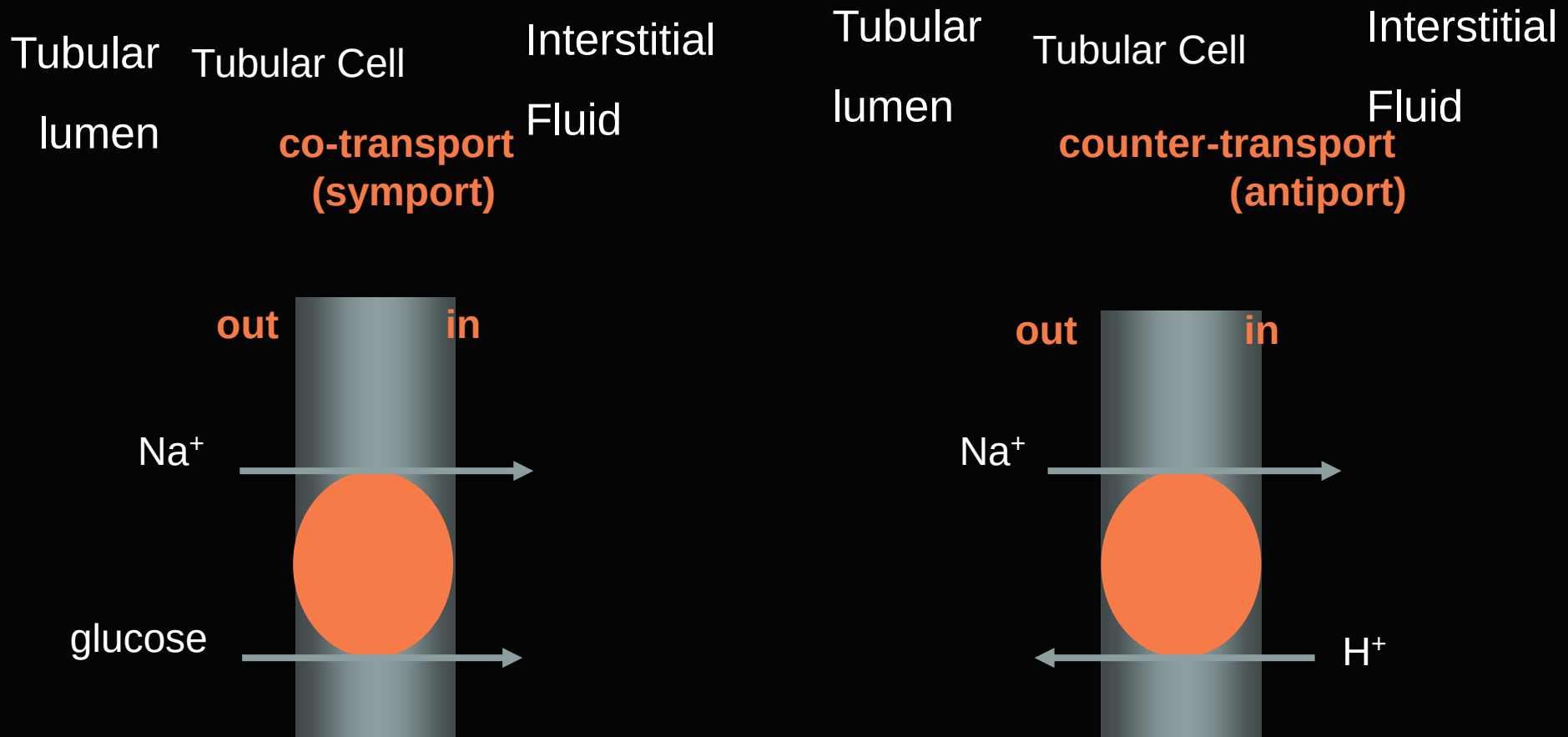
4, Passive Transport



Primary Active Transport



Secondary active transport



Co-transporters will move one moiety, e.g. glucose, in the same direction as the Na^+ .

Counter-transporters will move one moiety, e.g. H^+ , in the opposite direction to the Na^+ .



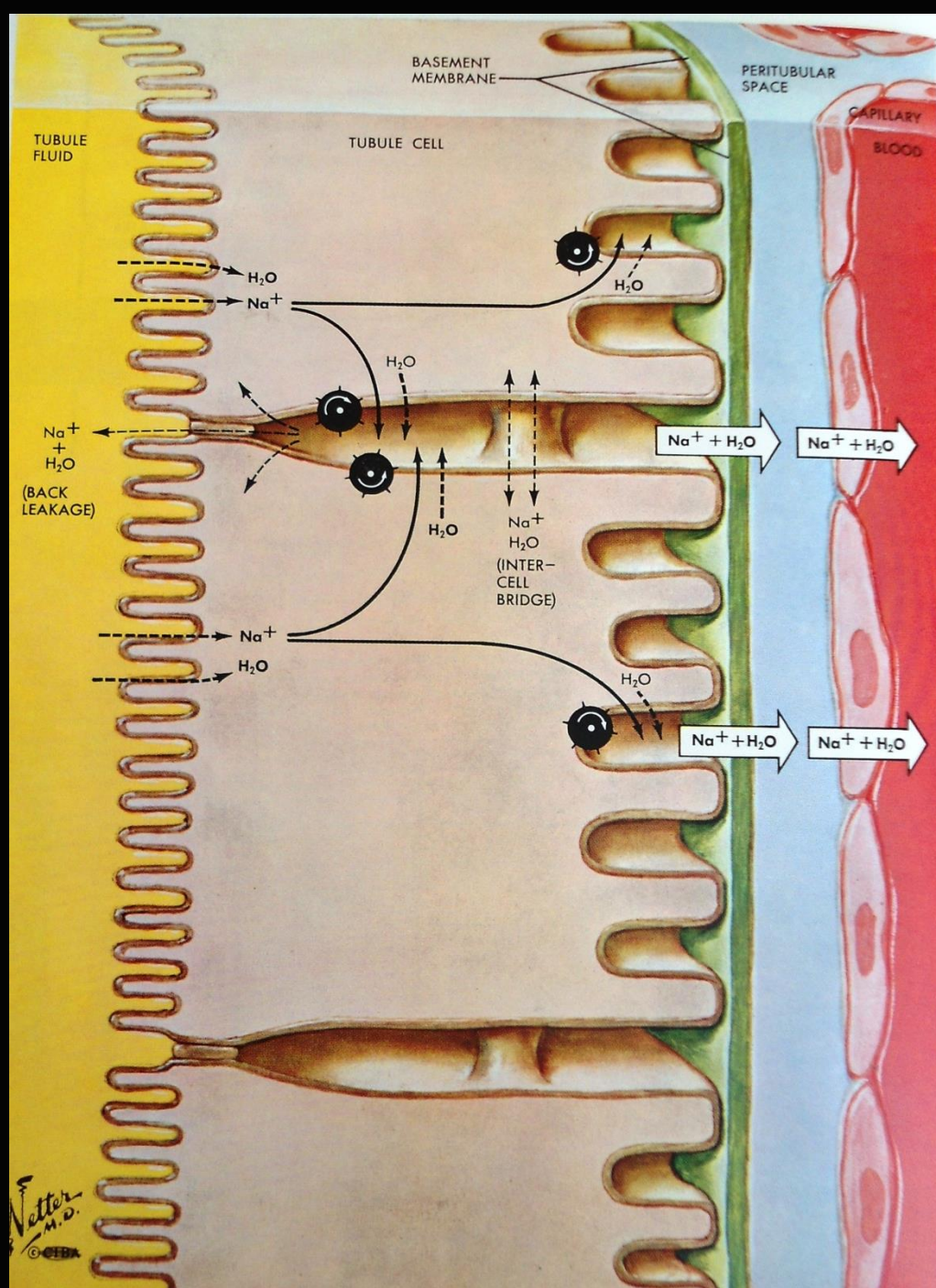
Glucose Reabsorption

Glucose is reabsorbed along with Na^+ in the early portion of the proximal tubule.

Glucose is typical of substances removed from the urine by **secondary active transport**.

Essentially all of the glucose is reabsorbed, and no more than a few milligrams appear in the urine per 24 hours.



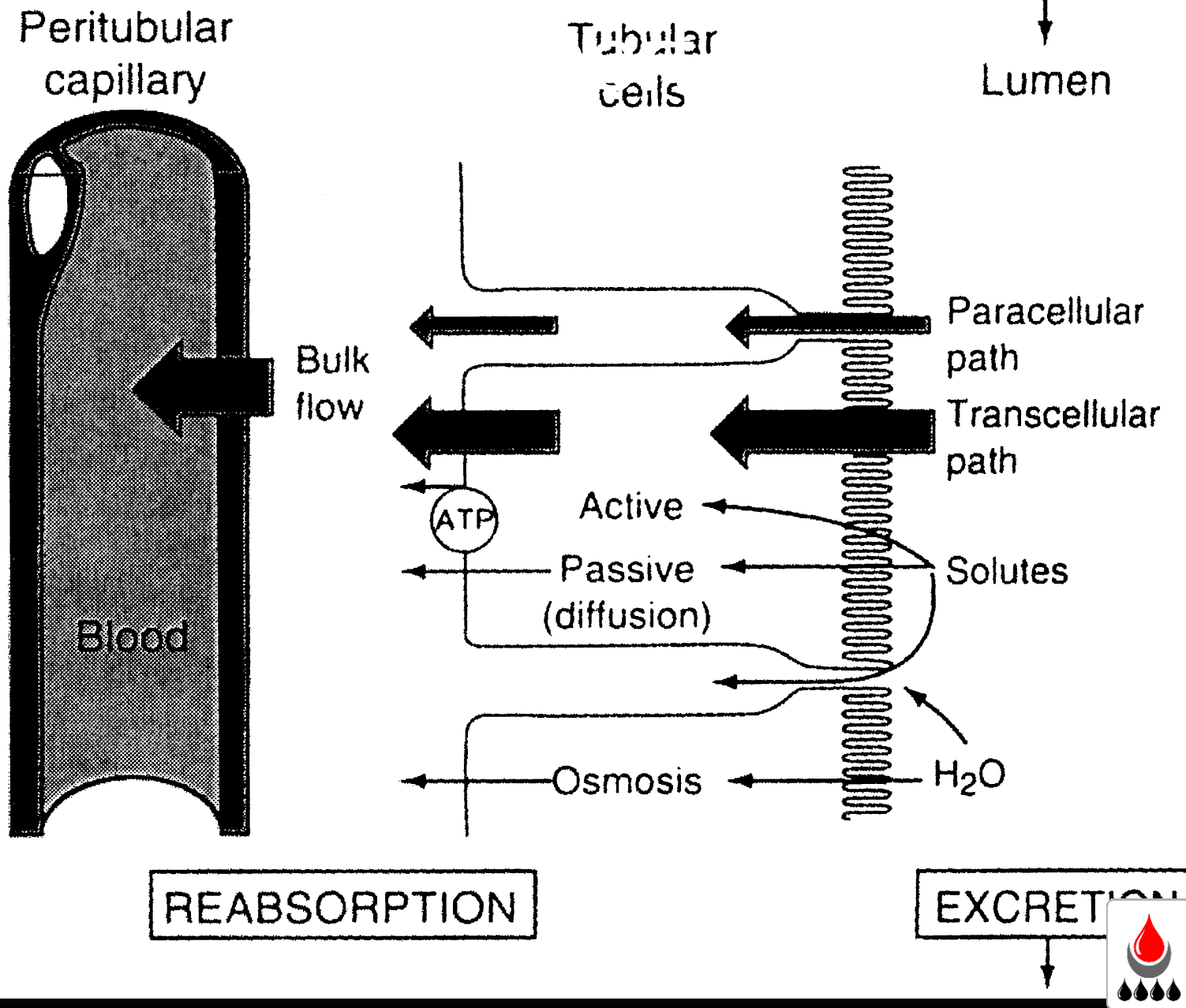


Pinocytosis:

Some parts of the tubule, especially the proximal tubule, reabsorb large molecules such as proteins by pinocytosis.



Diffusion



1. Transportation of Sodium, Water and Chloride

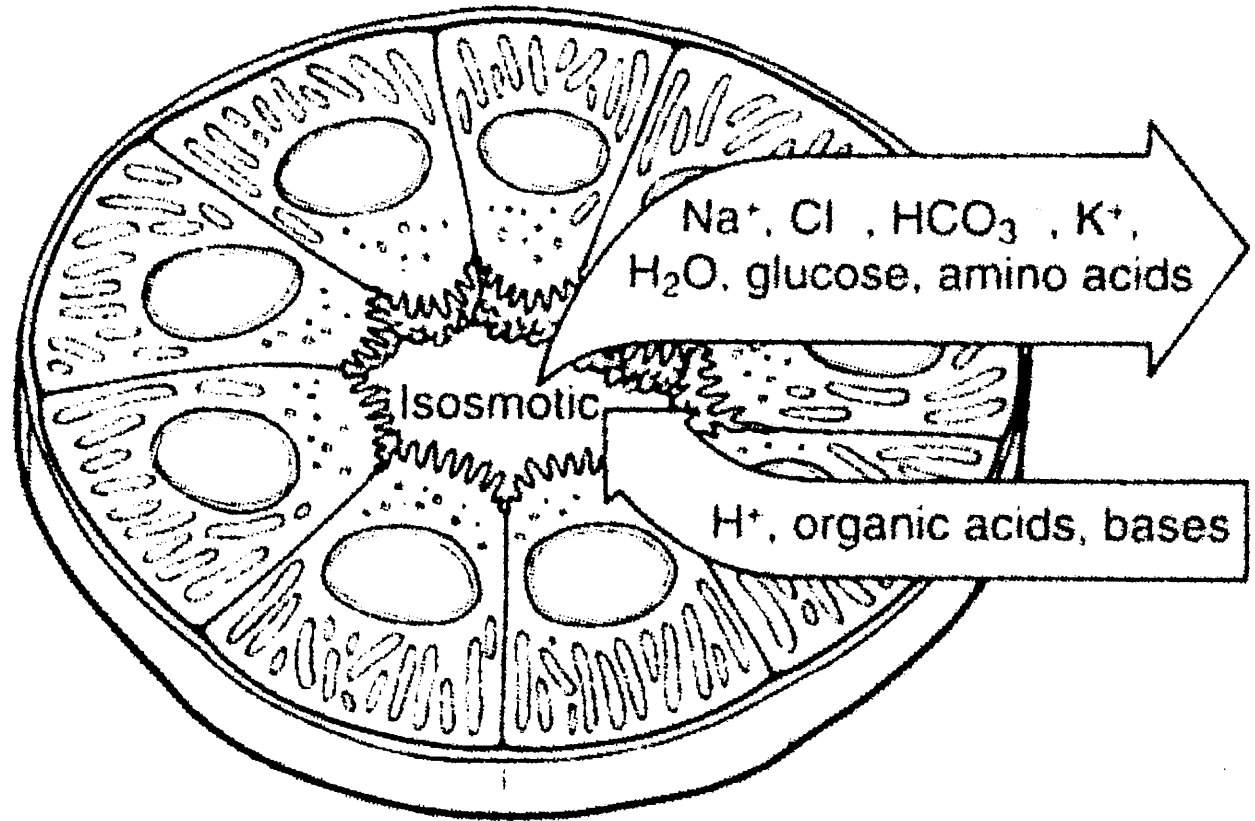
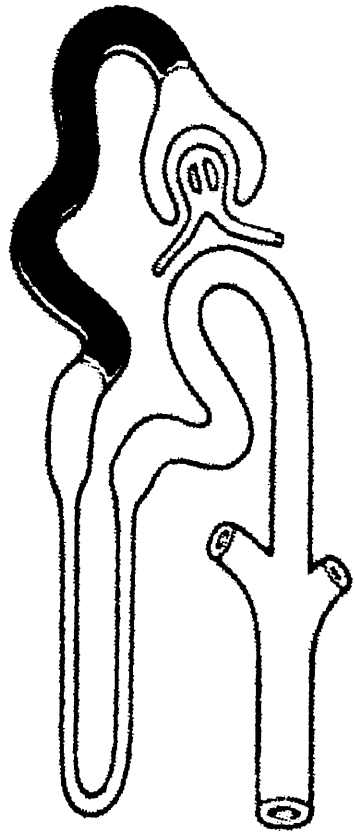
(1) Sodium, water and chloride reabsorption in proximal tubule

Proximal tubule, including the proximal convoluted tubule and thick descending segment of the loop



65%

Proximal tubule



Reabsorb about 65 percent of the filtered sodium, chloride, bicarbonate, and potassium and essentially all the filtered glucose and amino acids.

Secrete organic acids, bases, and hydrogen ions into the tubular lumen.



Sodium, water and chloride reabsorption in proximal tubule

The sodium-potassium ATPase: major force for reabsorption of sodium, chloride and water

In the first half of the proximal tubule, sodium is reabsorbed by co-transport along with glucose, amino acids, and other solutes.

In the second half of the proximal tubule, sodium reabsorbed mainly with chloride ions.



Sodium, water and chloride reabsorption in proximal tubule

The second half of the proximal tubule has a relatively high concentration of chloride (around 140mEq/L) compared with the early proximal tubule (about 105 mEq/L)

In the second half of the proximal tubule, the higher chloride concentration favors the diffusion of this ion from the tubule lumen through the intercellular junctions into the renal interstitial fluid.



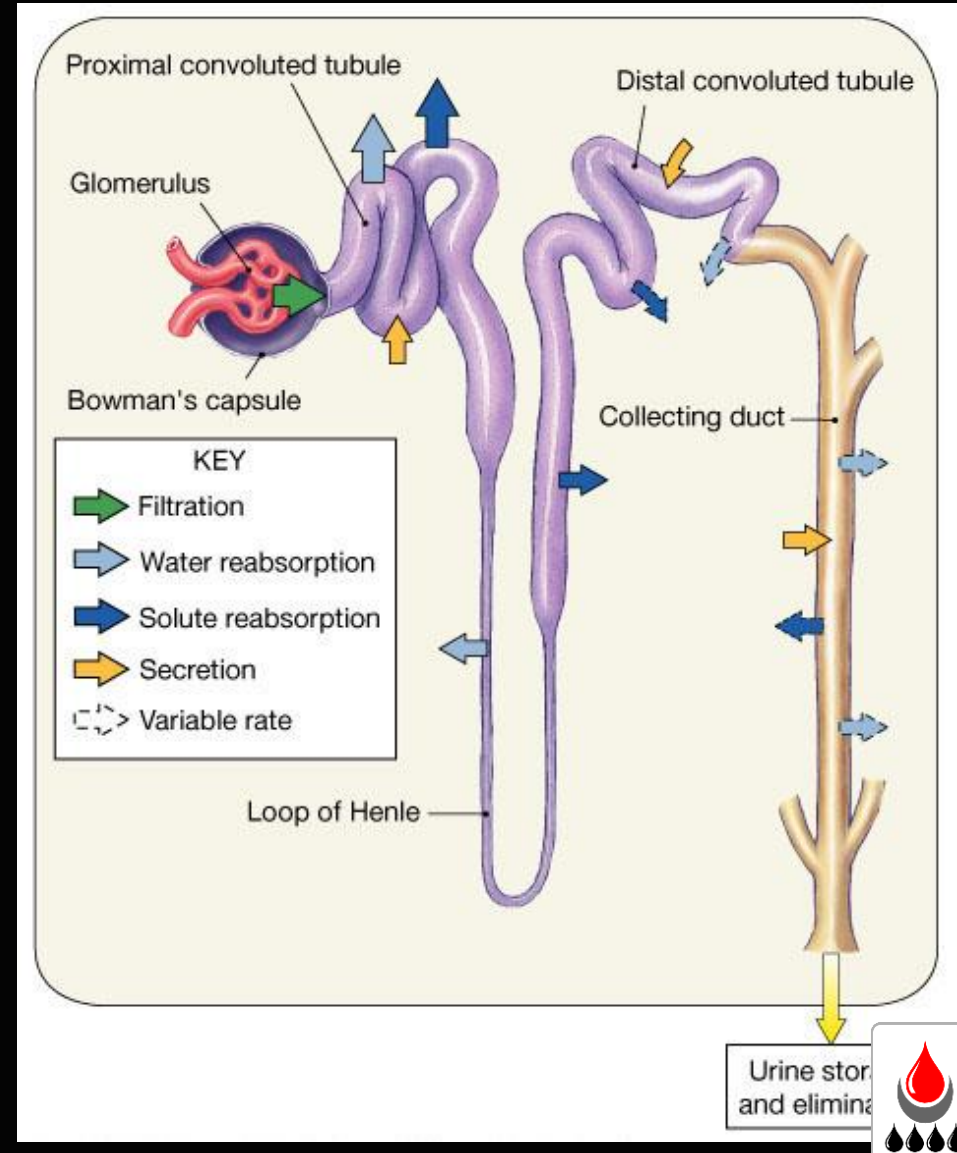
(2) Sodium and water transport in the loop of Henle

The loop of Henle consists of three functionally distinct segments:

the thin descending segment,

the thin ascending segment,

and the thick ascending segment.



Control of Calcium Excretion

- (1) Calcium is both **filtered and reabsorbed** in the kidneys but **not secreted**
- (2) Only about **50% of the plasma calcium is ionized**, the remainder being bound to the plasma proteins.
- (3) Calcium excretion is adjusted to meet the body's needs.
- (4) Parathyroid hormone (**PTH**) increases calcium **reabsorption** in the thick ascending loops of Henle and distal tubules, and reduces urinary excretion of calcium
- (5) little or no active reabsorption.**



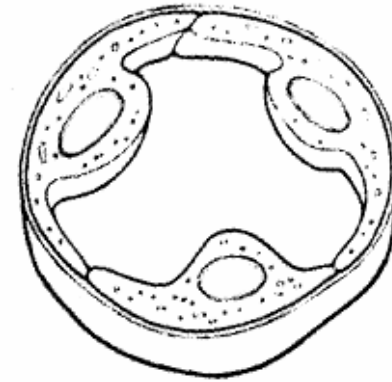
High permeable to water and moderately permeable to most solutes but has few mitochondria and little or **no active reabsorption**.

Reabsorbs about 25% of the filtered loads of sodium, chloride, and potassium, as well as large amounts of **calcium**, bicarbonate, and magnesium.

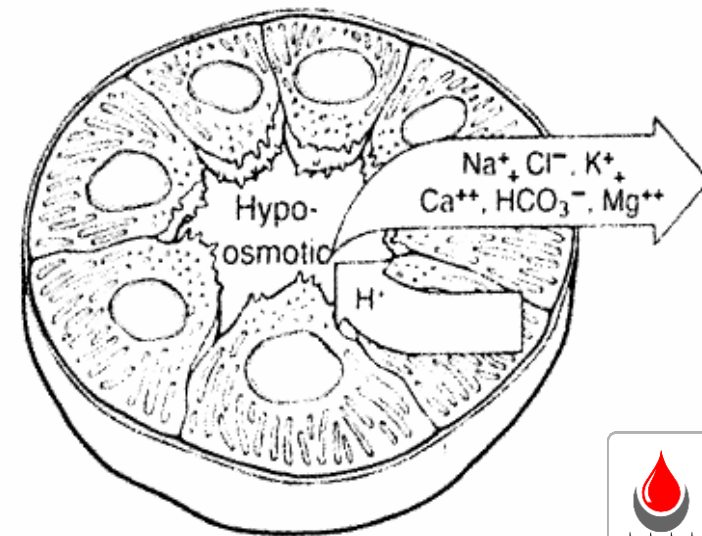
This segment also secretes hydrogen ions into the tubule



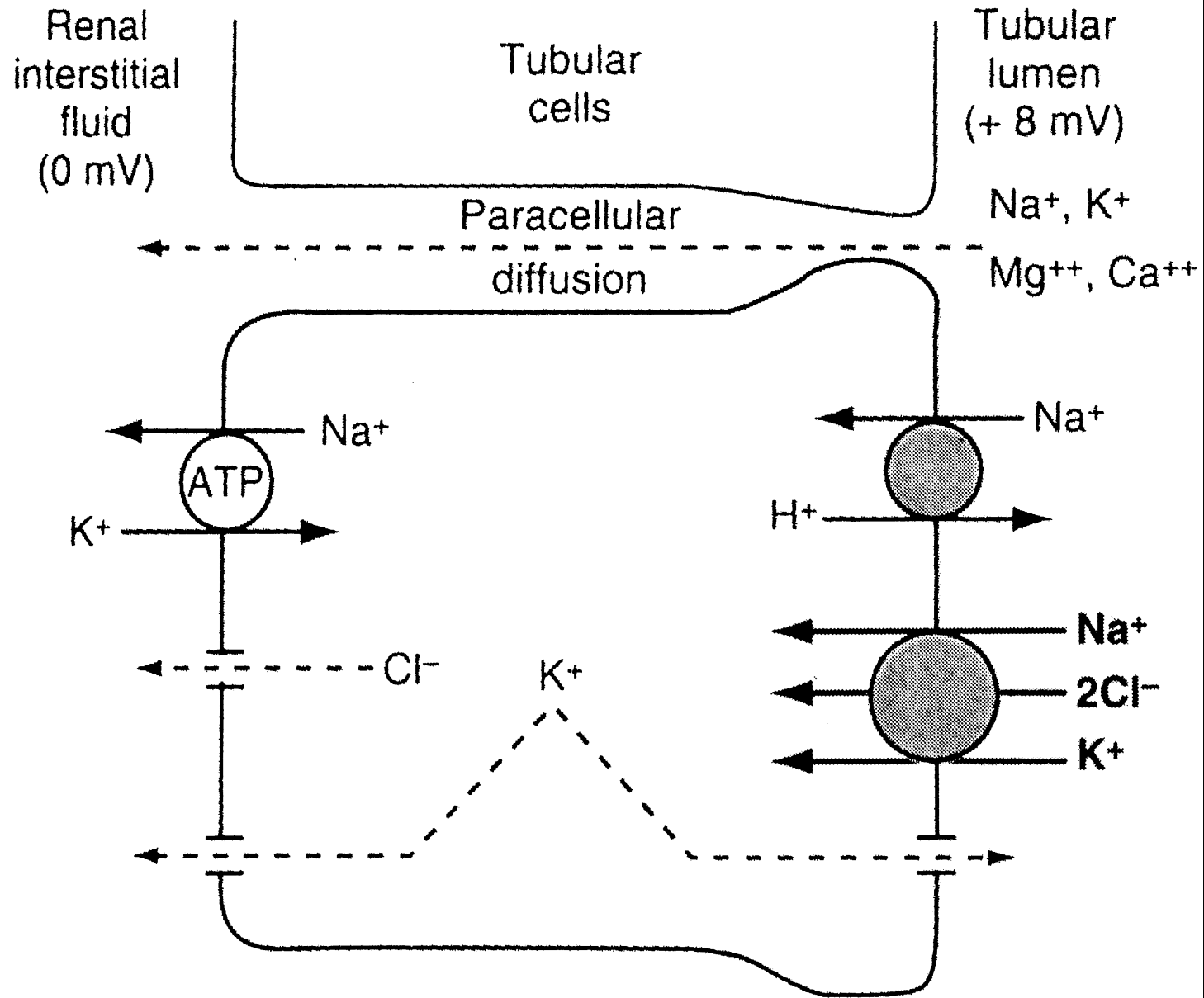
Thin descending loop of Henle

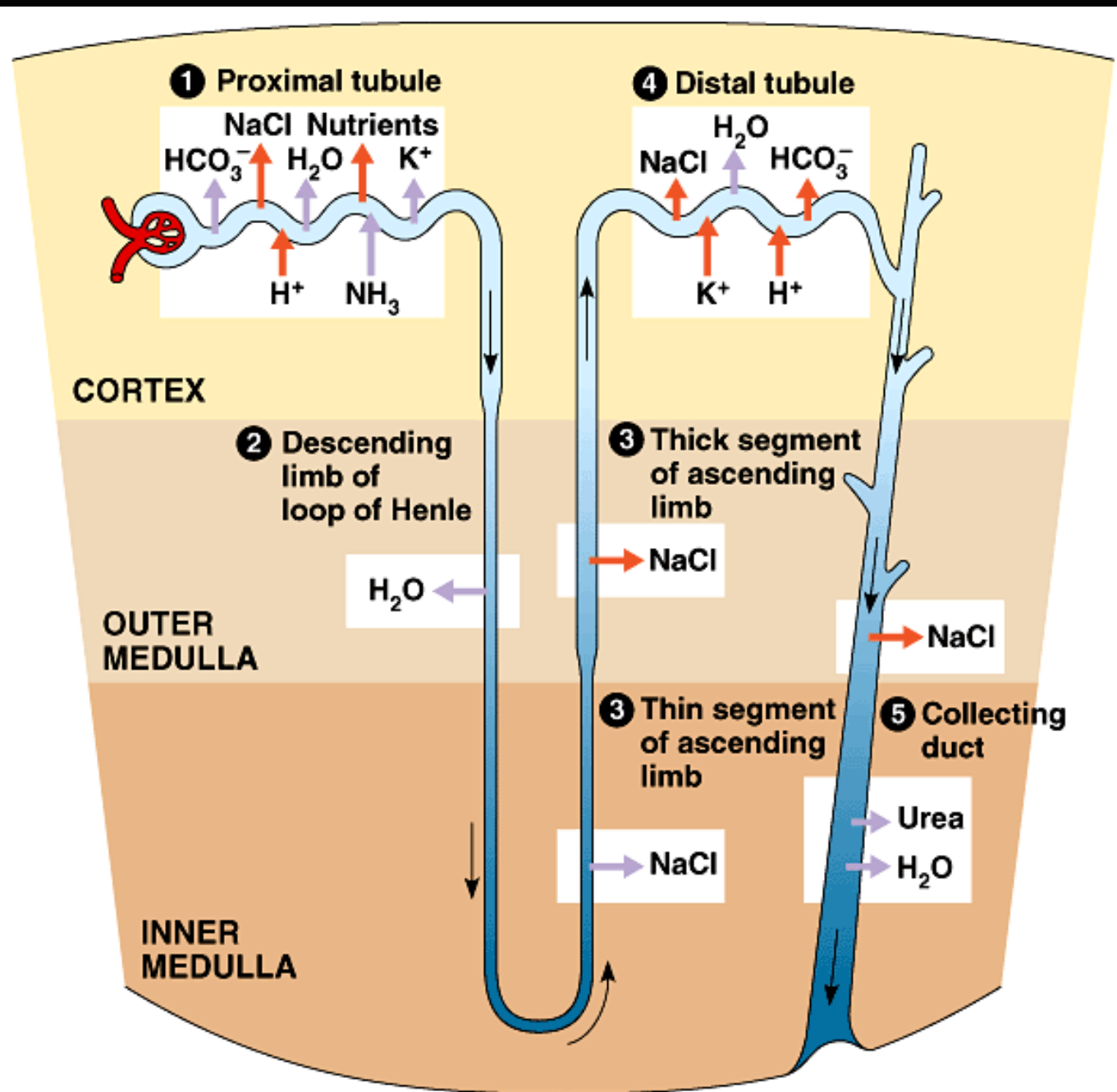


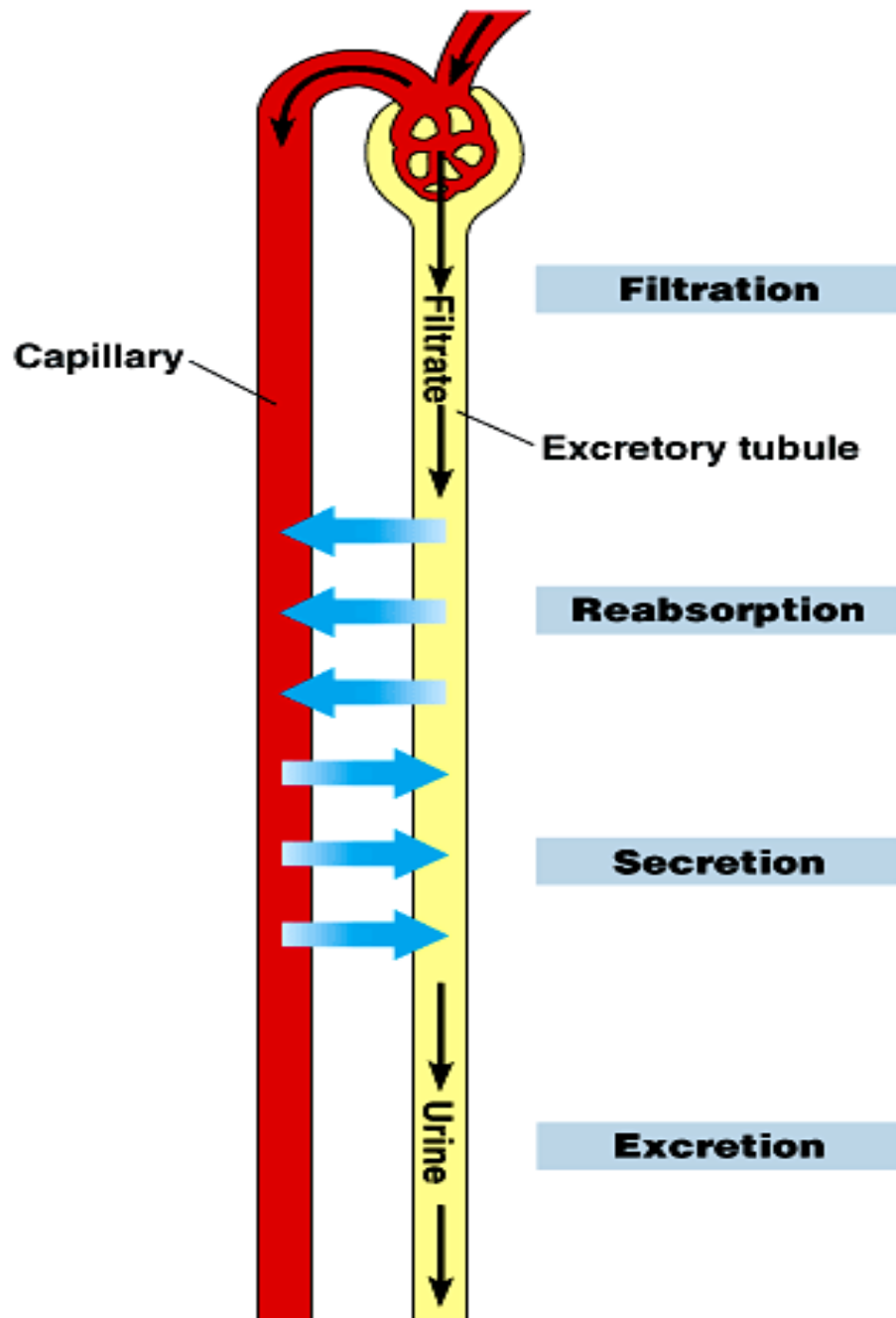
Thick ascending loop of Henle

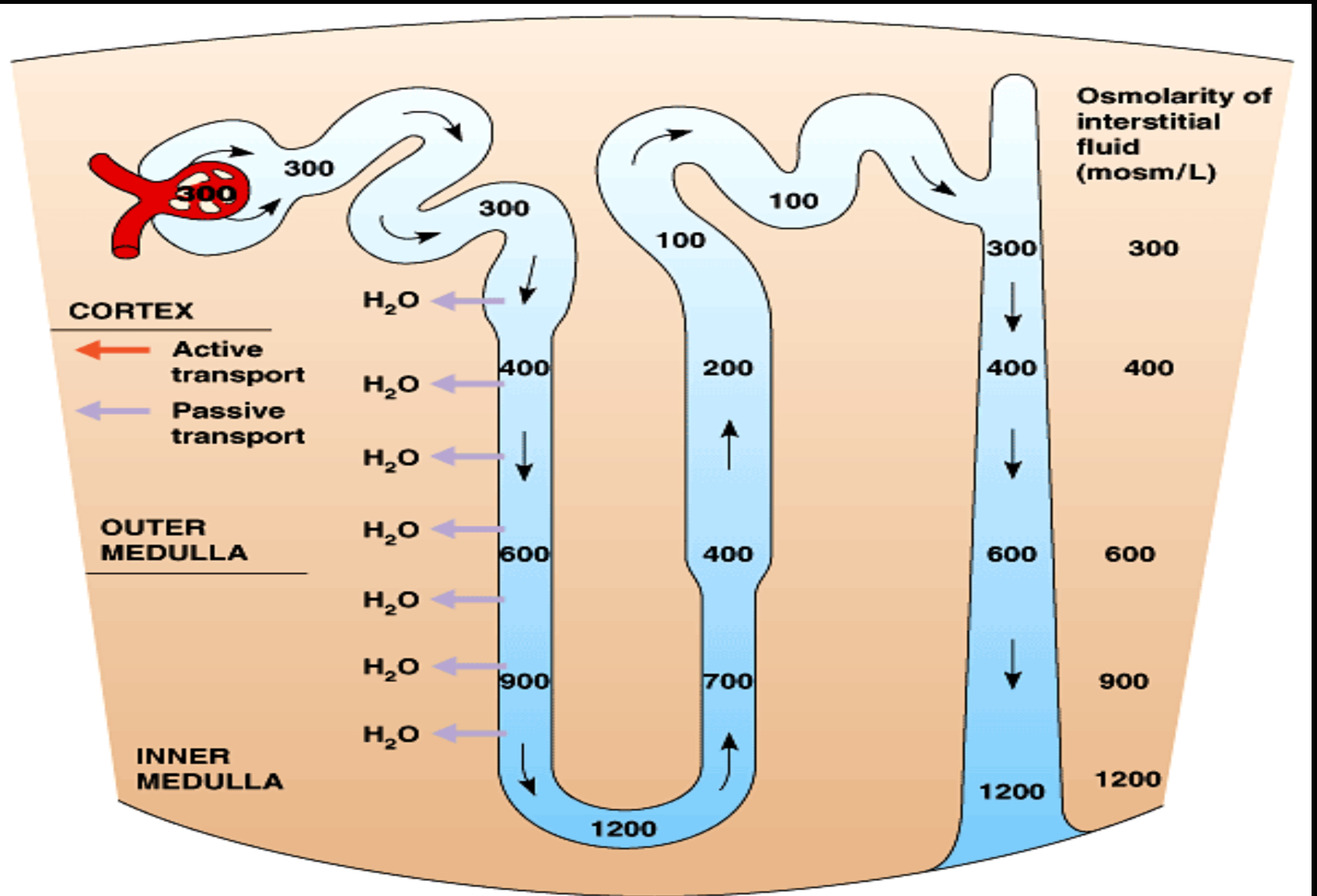


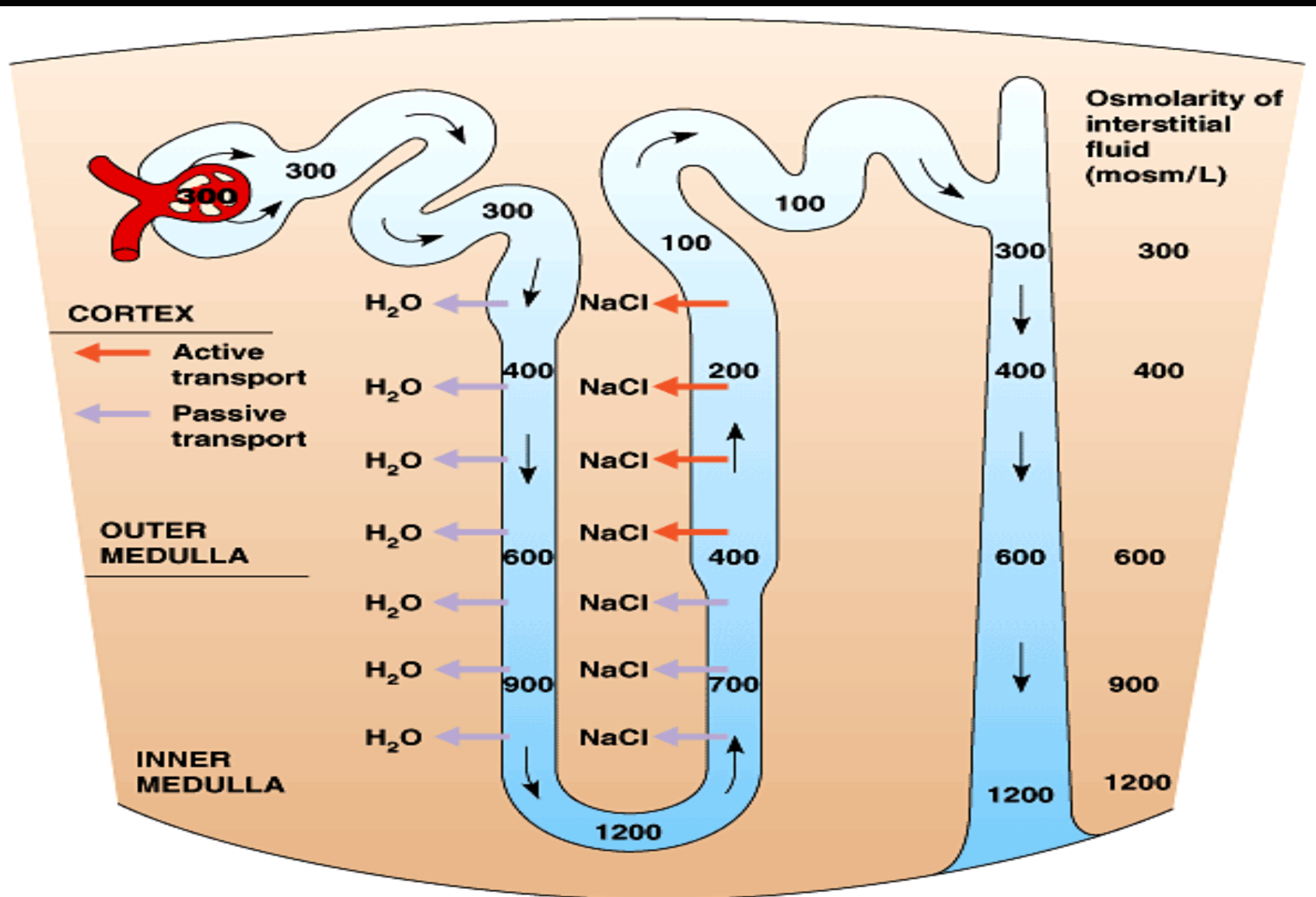
Mechanism of sodium, chloride, and potassium transport in the thick ascending loop of Henle

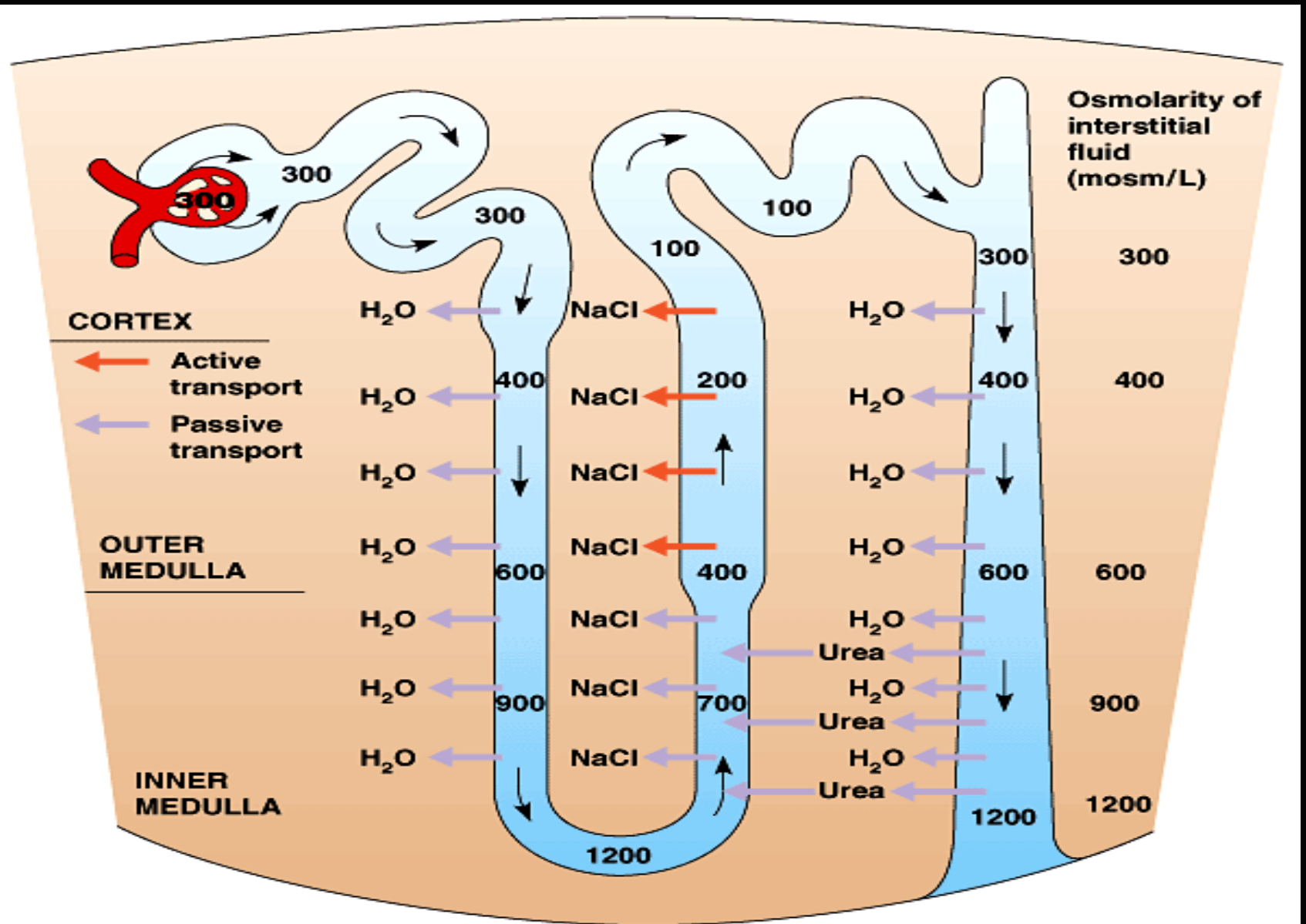




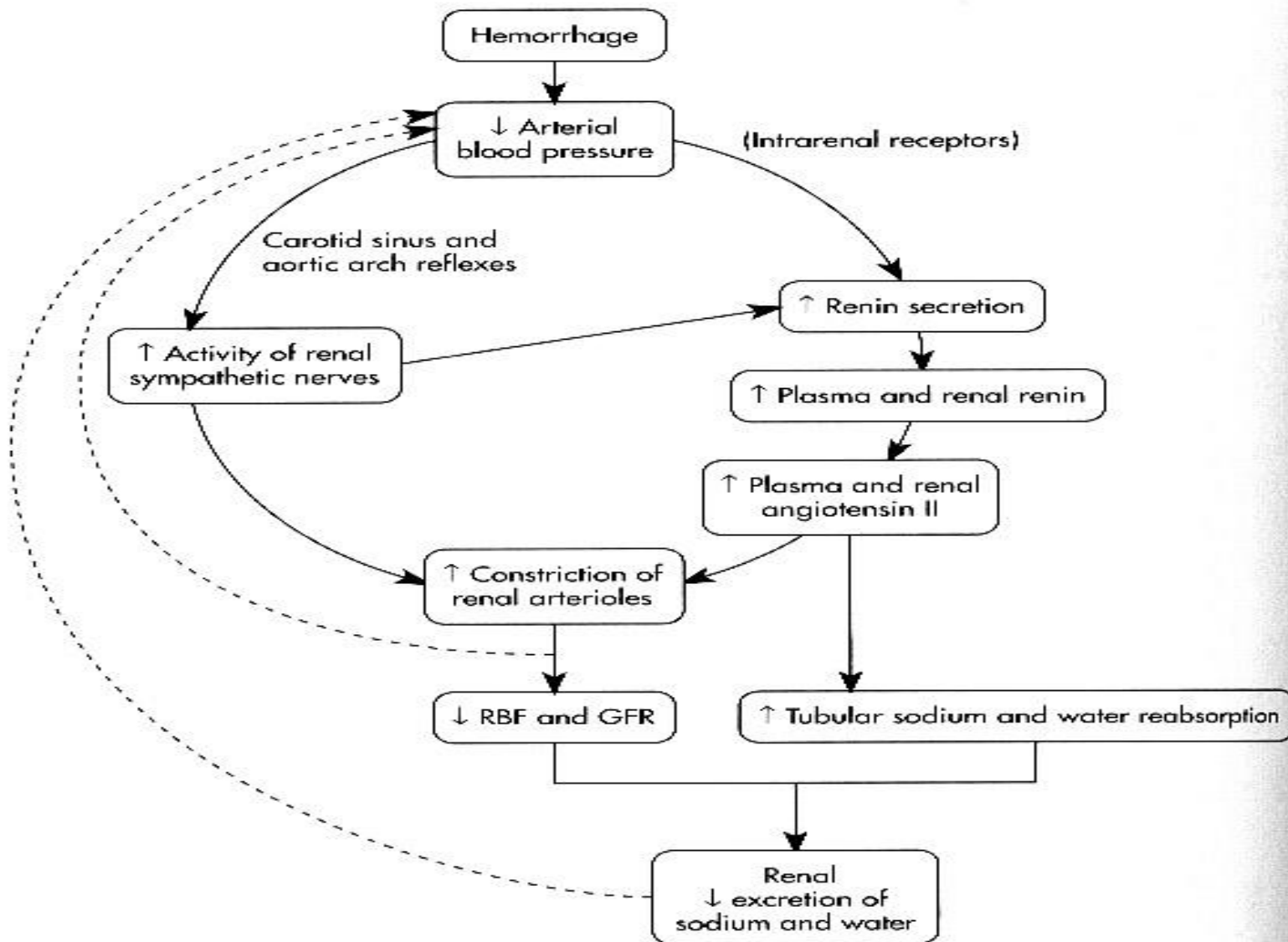








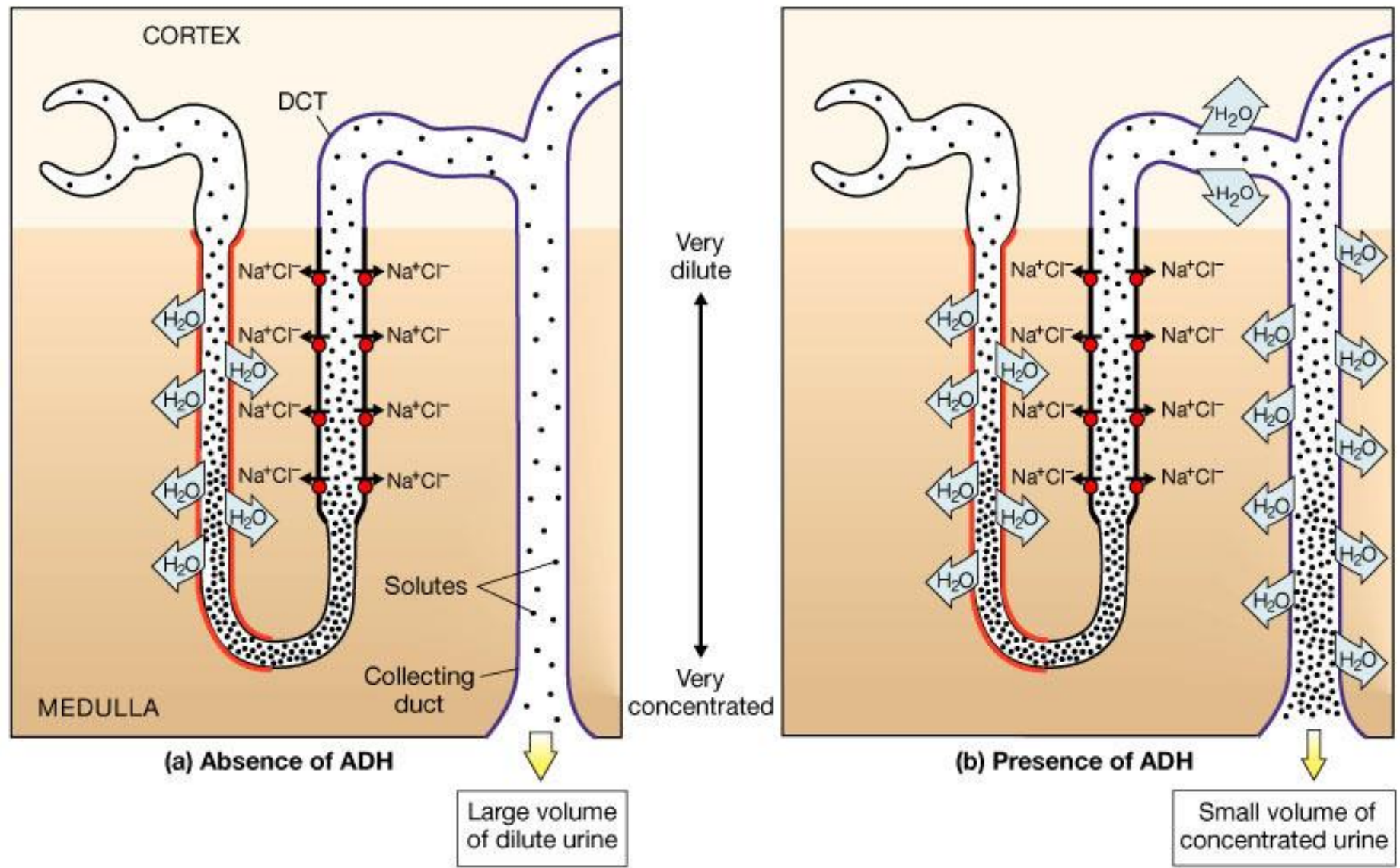
Renal Response to Hemorrhage



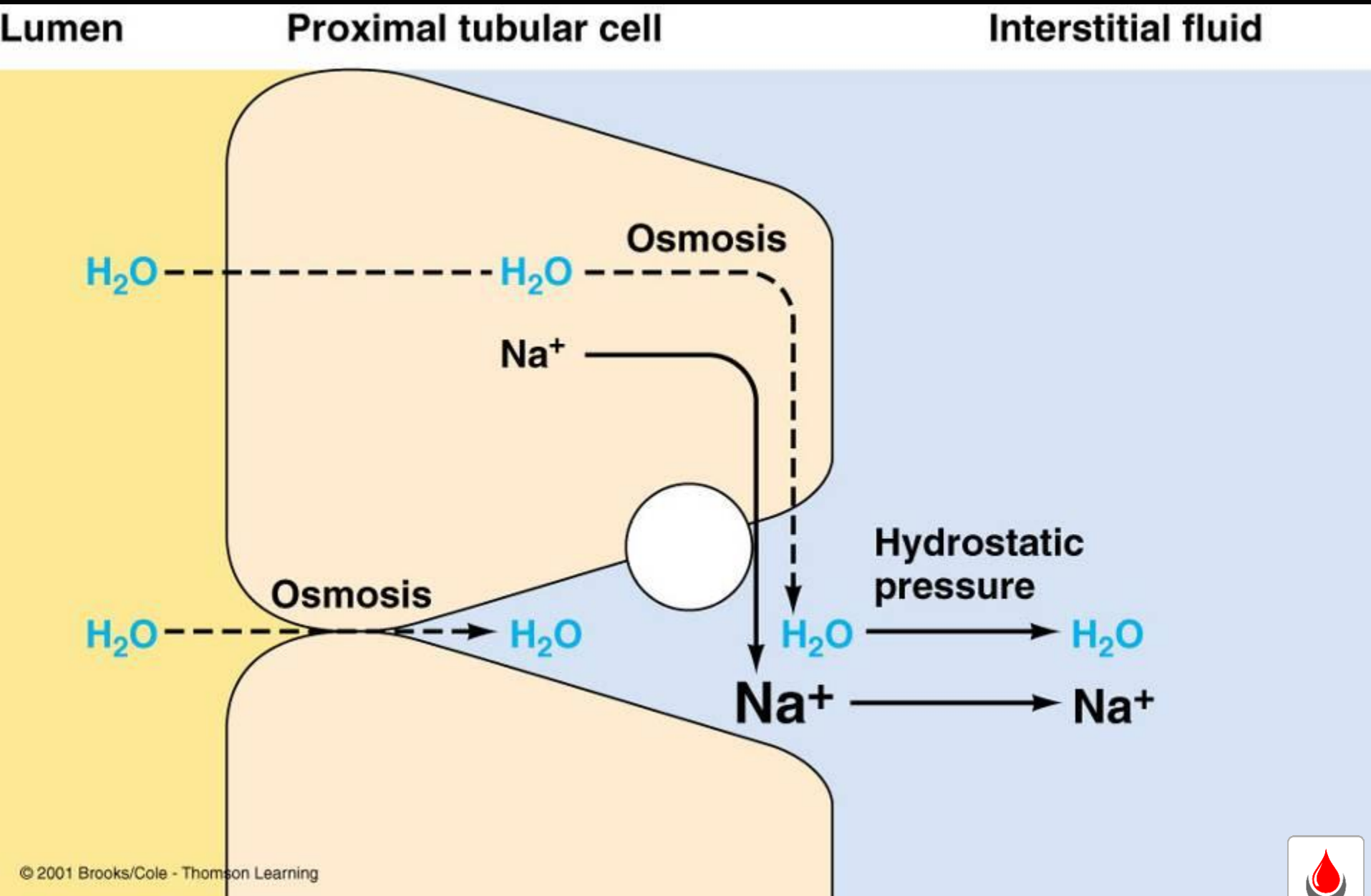
Role of the Distal Tubule and Collecting Ducts in Forming Concentrated or Diluted urine

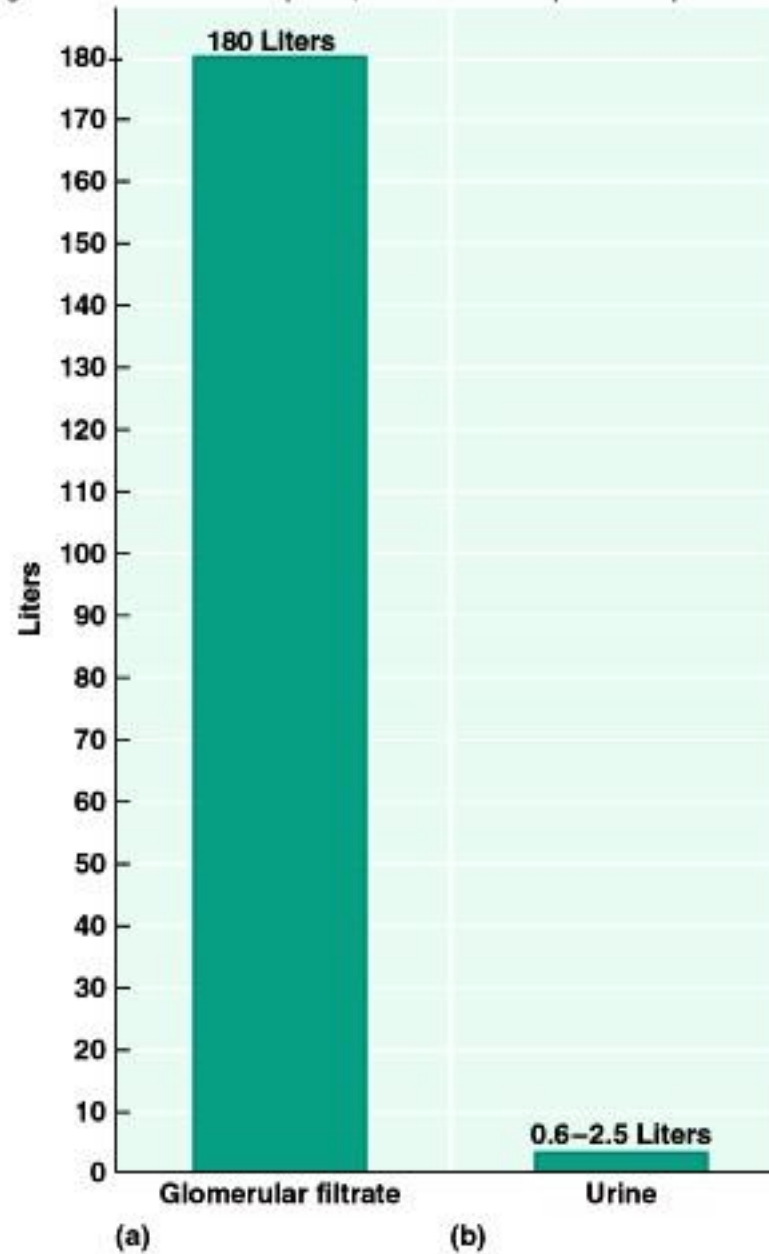


The Effects of ADH on the distal collecting duct and Collecting Ducts

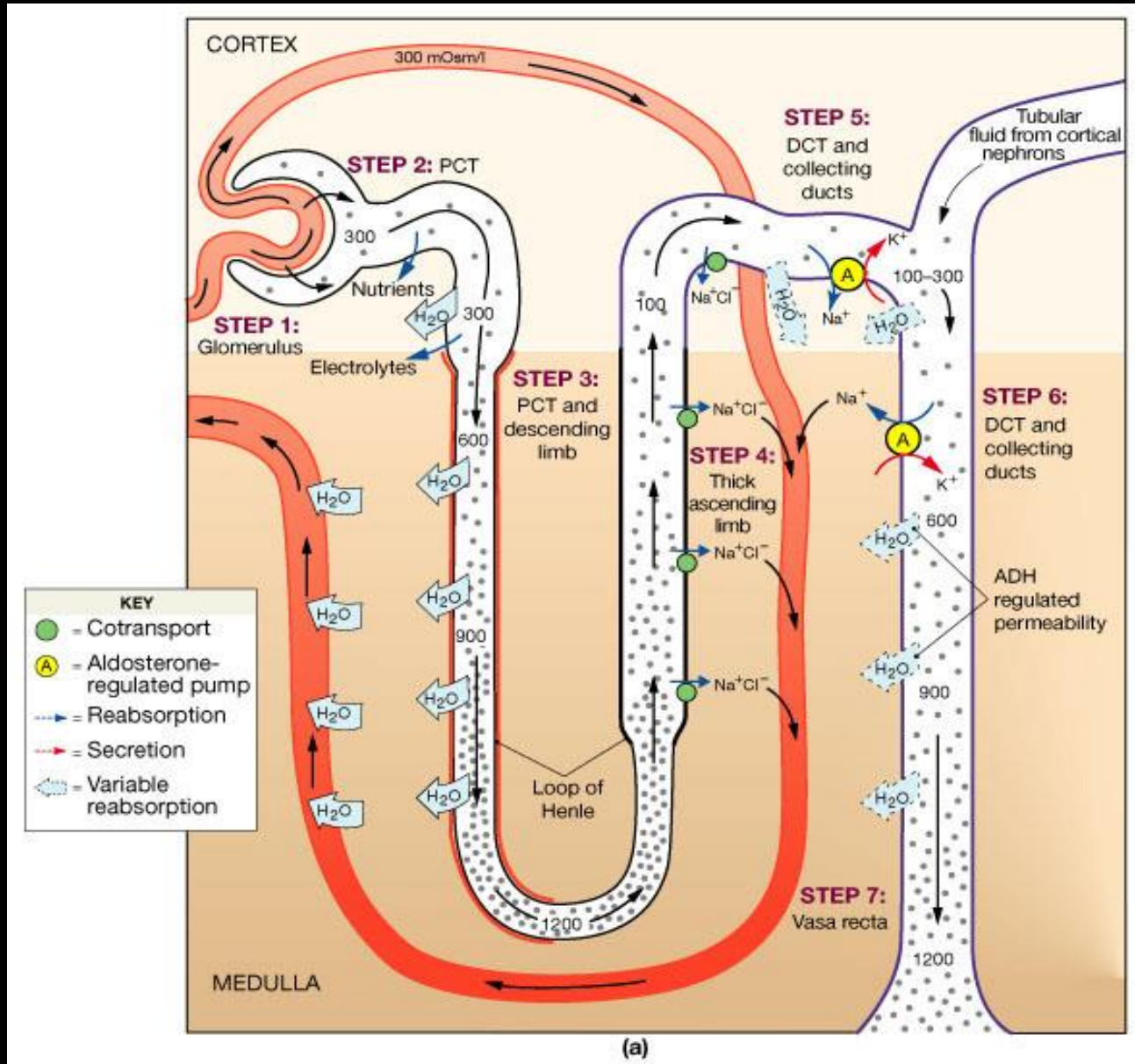


Obligatory water reabsorption





A Summary of Renal Function



Changes with aging include:

- Decline in the number of functional nephrons
- Reduction of GFR
- Reduced sensitivity to ADH
- Problems with the micturition reflex



مكونات البول Urine composition

- لون البول الطبيعي اصفر قشائيا
- يكون الماء ٩٥% من البول اما ٥% من المواد المذابة فيه وتشمل :
 - ١- نواتج ايض او هدم المواد البروتينية في الخلايا من المواد النيتروجينية الضارة بالجسم مثل البولينيا وحمض البولينيا والامونيا والكريتانين.
 - ٢- الإلكتروليتات (Electrolytes) وتشمل أيونات الصوديوم والبوتاسيوم والامونيوم والكلوريد والبيكربونات والفوسفات والكبريتات
 - ٣- المواد السامة التي تنتجها البكتيريا الممرضة التي تصيب الجسم عن طريق البول.
 - ٤- الأصباغ وخاصة اصباغ اليوروكروم (Urochromes) اصباغ مصفرة تشتق من تكسر خلايا الدم الحمراء في الكبد ، يضاف إليها اصباغ بعض الأطعمة والعقاقير احيانا توجد في البول
 - ٦- الهرمونات تستخلص الزائدة منها عن طريق البول
- المكونات غير العادية مثل الدم والجلوكوز والألبومين (بروتين البلازما) والمواد المخاطية التي تتصلب داخل المجاري البولية ومن ثم تغسل او تطرد مع البول او الحصوات الصغرى التي تترسب ثم تخرج مع البول .



pH

- Normally 4.8 – 8.0
- Higher in alkalosis, lower in acidosis
- Diabetes and starvation ↓ pH
- Urinary infections ↑ pH
 - Proteus and pseudomonas are urea splitters



Specific gravity

- Normal values 1.025 -1.032
- High specific gravity can cause precipitation of solutes and formation of kidney stones
- When tubules are damaged, urine specific gravity approaches that of glomerular filtrate – 1.010 – remains fixed = 2/3 of nephron mass has been lost



- Diabetes insipidus = 1.003
- Diabetes mellitus = 1.030
- Emesis or fever = 1.040



Microscopic analysis

- Red blood cells – should be few or none
 - Hematuria – large numbers of rbc's in urine
 - Catheterization
 - Menstruation
 - Inflamed prostate gland
 - Cystitis or bladder stones
- Crystals –
 - Infection
 - Inflammation
 - Stones
- White blood cells
 - Pyuria
 - Urinary tract infection
- Bacteria



Urine analysis

التاريخ: الثلاثاء 2004/02/10 الرقم: 6827

الاسم:

URINE

URINALYSIS تحليل البول

اللون	Yellow	الغلوكوز	Glucose	Neg.	مولد اليوروبيلين	Urobilinogen	Normal
المظهر	Turbid	البروتين	Protein	28 mg/dl	البليروبين	Bilirubin	Neg.
الثقل النوعي	1.015	الخضاب	Hemoglobin	Neg.	النتريت	Nitrite	Pos.(++) ✓
الحموضة	5				الكيتون	Ketone	Neg.

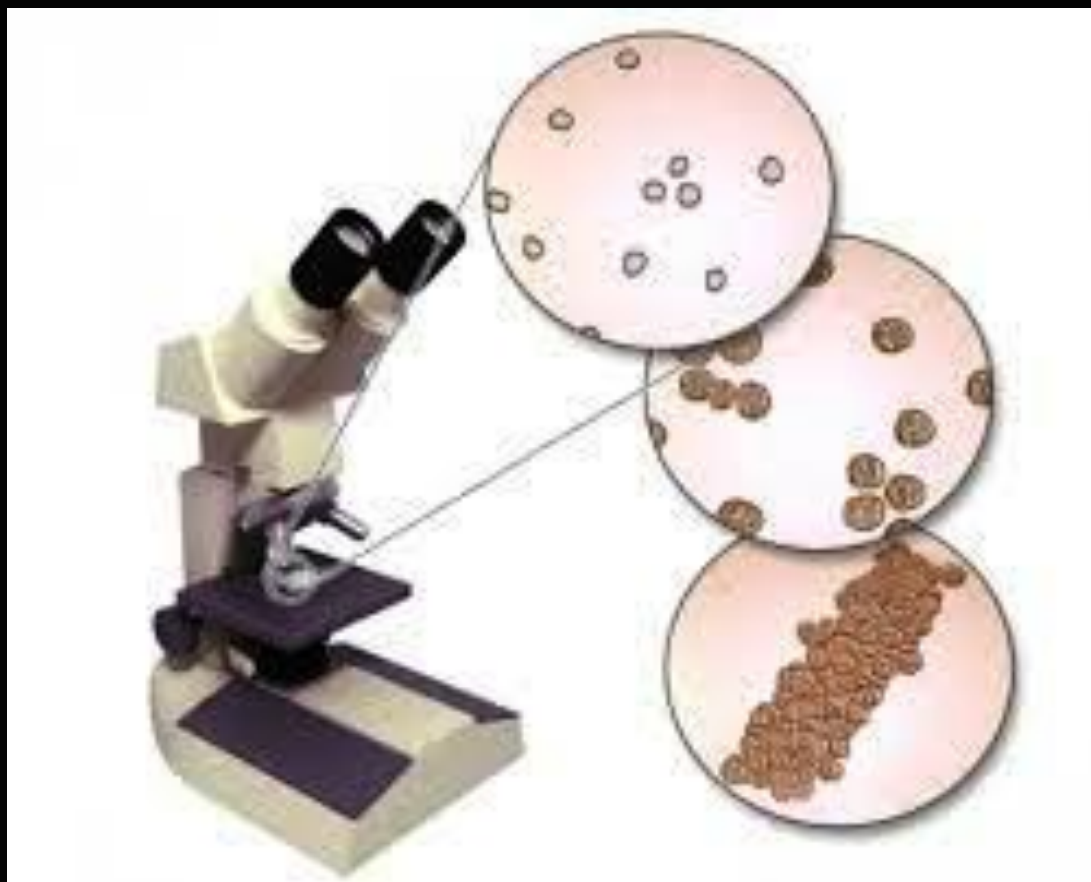
Microscopic Examination الفحص المجهرى

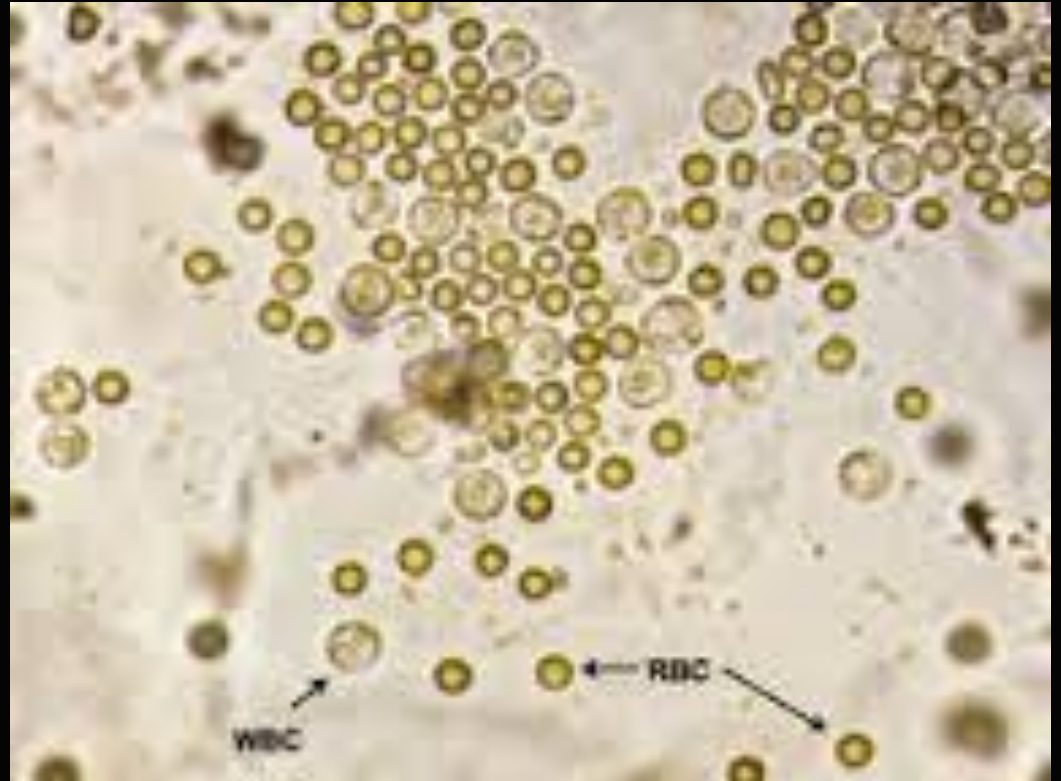
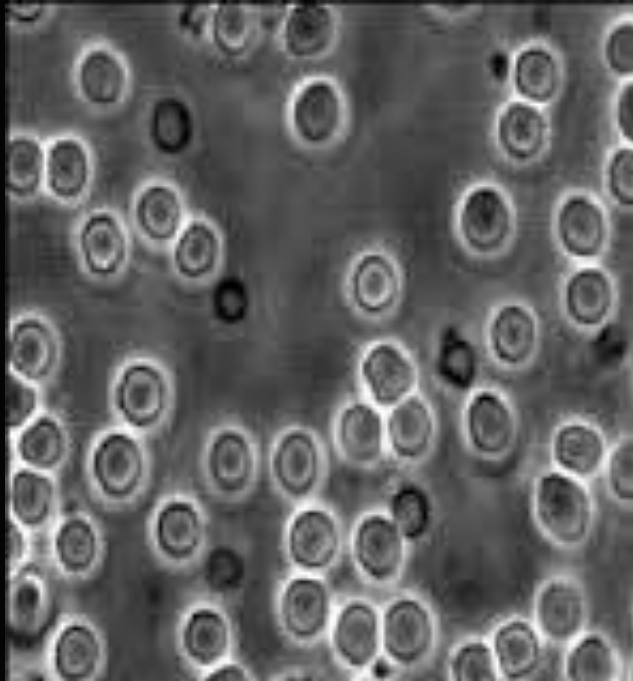
الكريات البيض	Leucocytes	14-16 /field ✓	اكسالات الكالسيوم	Ca. Oxalate	(-)	Bacteria	(++) ✓
الكريات الحمر	Erythrocytes	3-4 /field	اليورات	Urate	(-)	Funji	(++)
الخلايا الظهارية	Epithelial Cells	5-6 /field	اليوريك اسيد	Uric Acid	(-)		
الاسطوانيات	Cylinders	0 /field	الفوسفات	Phosphate	(-)		

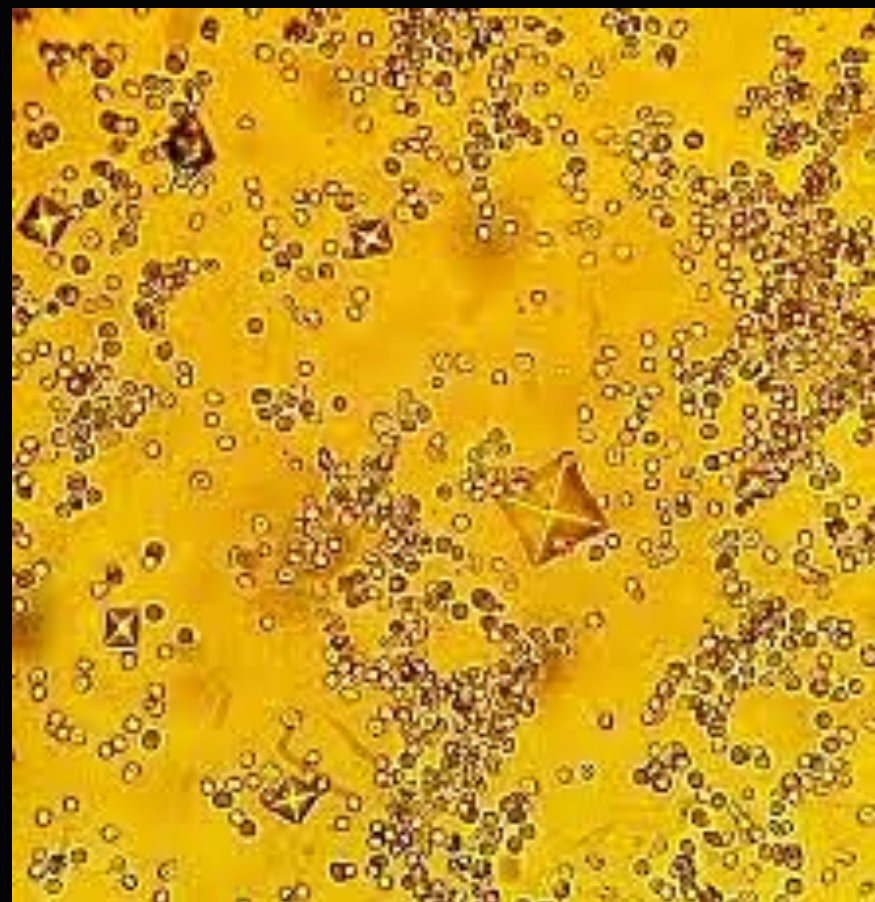


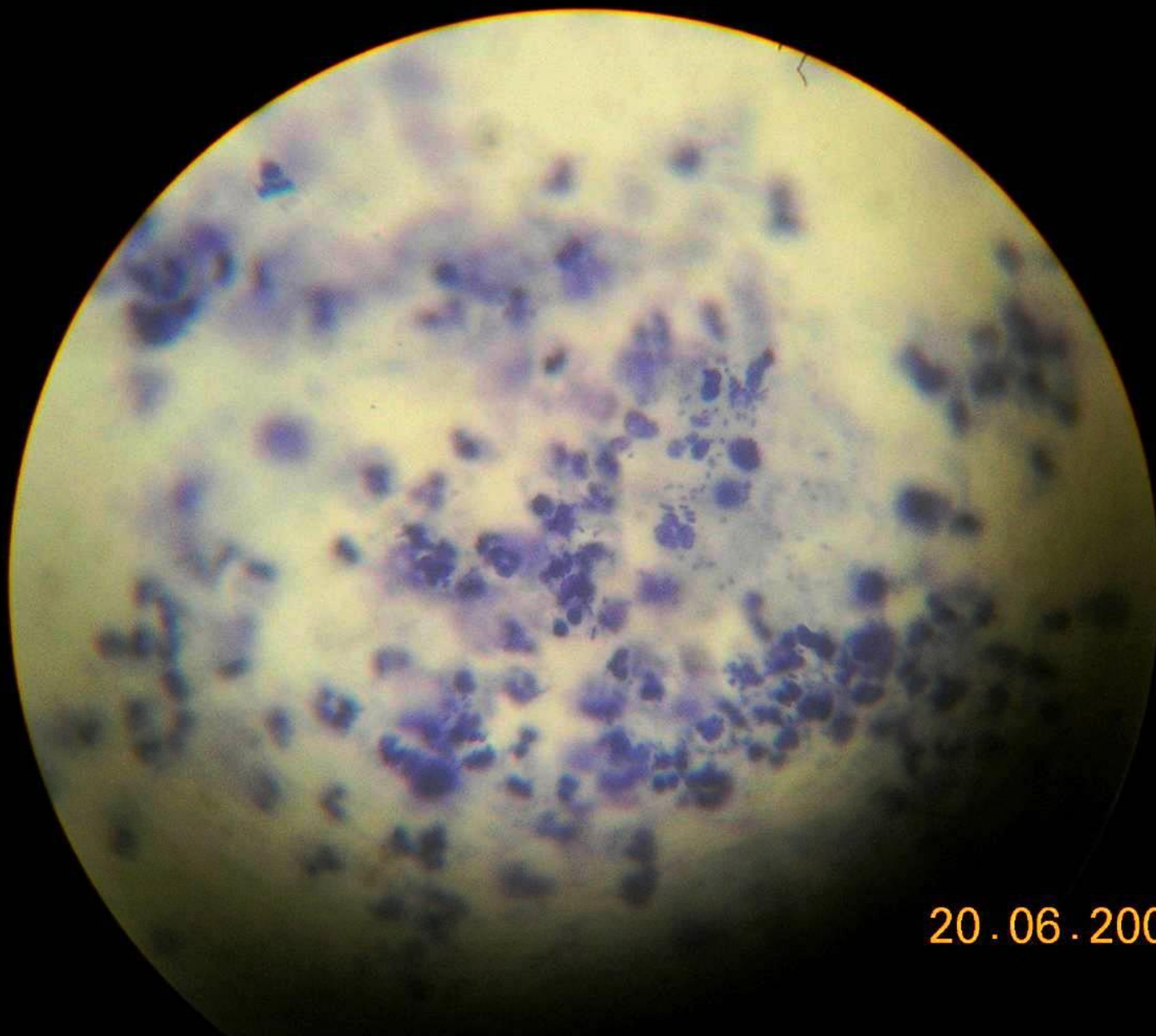






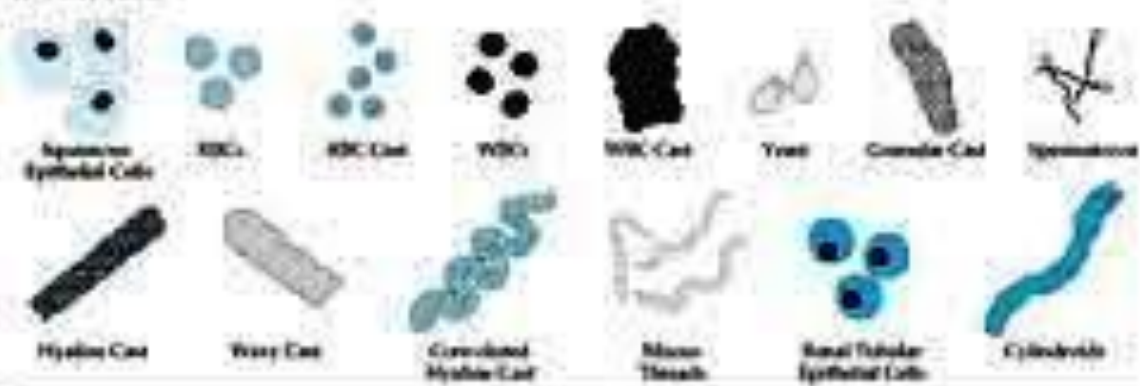




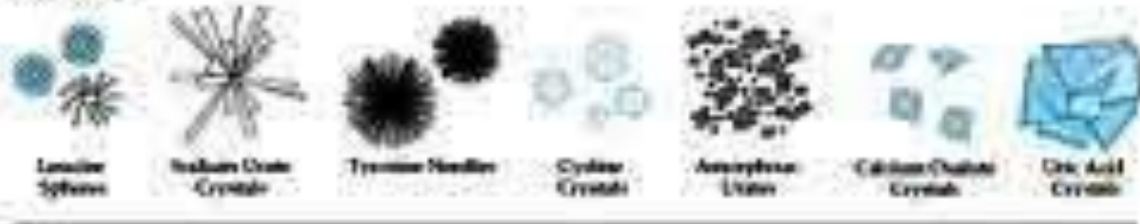


20.06.2006

NORMAL URINE



ACID URINE



ALKALINE URINE



Urine analysis

التاريخ: الثلاثاء 2005/03/08 الرقم: 1263

الدكتور

الاسم :

URINE

URINALYSIS تحليل البول

اللون	Red
المظهر	Turbid
الانتقال النوعي	1.020
الخصوبة	5

الغلوكوز	Neg.
البروتين	Neg.
الهيموجلوبين	Pos.(+++)

مولد اليوروبيلين	Normal
اليوروبين	Neg.
النتريت	Neg.
الكيتون	Neg.

Microscopic Examination الفحص المجهرى

الكريات البيض	4-6 /field
الكريات الحمراء	150-200 /field
الخلايا الظهارية	1-2 /field
الأسطوانيات	0 /field

أكسالات الكالسيوم	(+++)
اليورات	(-)
اليوريك اسيد	(-)

مولد اليوروبيلين	Normal
اليوروبين	Neg.
النتريت	Pos.(++)
الكيتون	Neg.

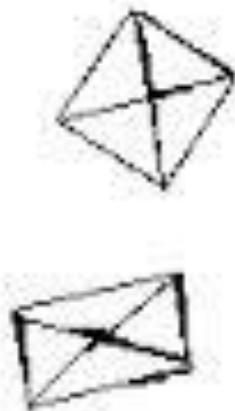
Microscopic Examination الفحص المجهرى

الكريات البيض	14-16 /field
الكريات الحمراء	3-4 /field
الخلايا الظهارية	5-6 /field
الأسطوانيات	0 /field

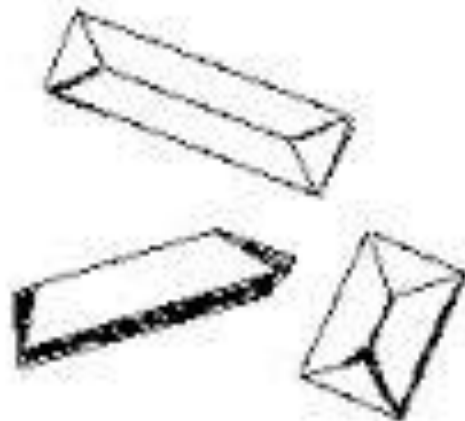
أكسالات الكالسيوم	(-)
اليورات	(-)
اليوريك اسيد	(-)
الفوسفات	(-)

Bacteria	(++)
Funji	(++)

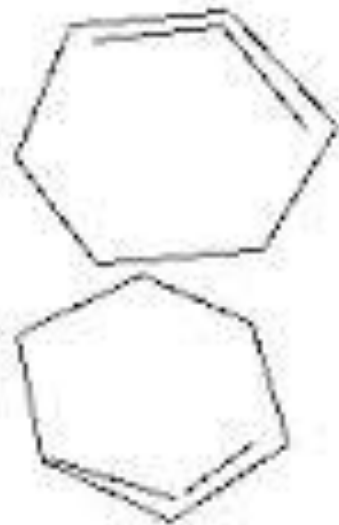




Oxalate



Triple Phosphate



Cystine

Substances **not** normally present in urine

- Acetone
- Bile, bilirubin
- Glucose
- Protein – albumin
 - Renal disease involving glomerulus

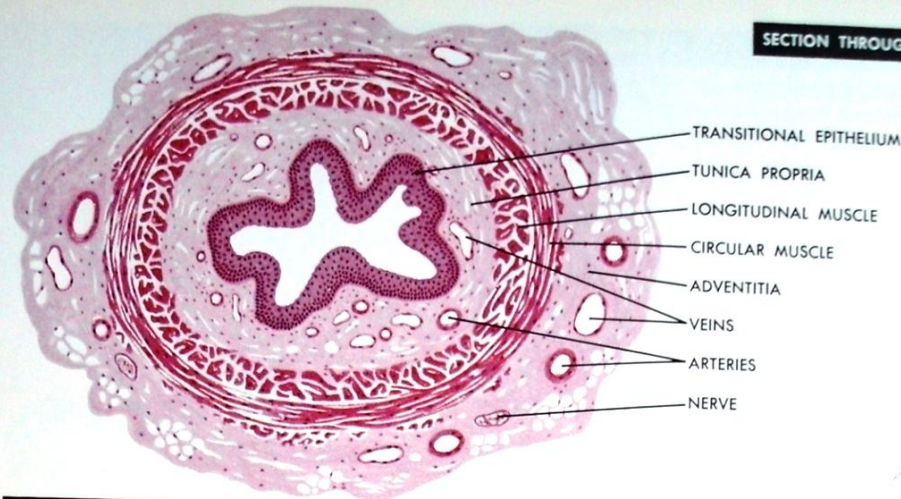


Ureters

- هما انبوبان طويلان يمتدان من الحوض الكلوي للكلية الى ان يصبأ في المثانة البولية (Urinary bladder).
- يتراوح طول الحالب ٢٥-٣٠ سم وجداراه يزدادان سمكا باتجاه المثانة وقطرة ١,٧ سم
- تساعد الحركات التمرجية لجدران الحالب على جريان البول الى المثانة حيث يتجمع ثم عند امتلاء المثانة يطرح البول خارج الجسم عن طريق الاحليل .
- يتركب جدار الحالب من ثلاث طبقات :
- ١- الطبقة الداخلية المخاطية (Mucosa) وهي طلائية انتقالية تقوم بإفراز مادة المخاط لحماية جدار الحالب والحيلولة من تأثيره بمرضية البول والمواد المذابة فيه .
- ٢- الطبقة الوسطى او الطبقة العضلية تتكون من عضلات طولية ملساء او ناعمة للداخل ودائرية للخارج تقوم بالحركات التمرجية لدفع البول الى المثانة.
- ٣- الطبقة الخارجية : وهي طبقة ليفية تساعد على ربط الحالبين بأنسجة الجسم لبقائهما في مكانهما .
- لا توجد أى صمامات تحرس الفتحة بين الحالبين والمثانة البولية



SECTION THROUGH URETER



TRANSITIONAL EPITHELIUM

TUNICA PROPRIA

LONGITUDINAL MUSCLE

CIRCULAR MUSCLE

ADVENTITIA

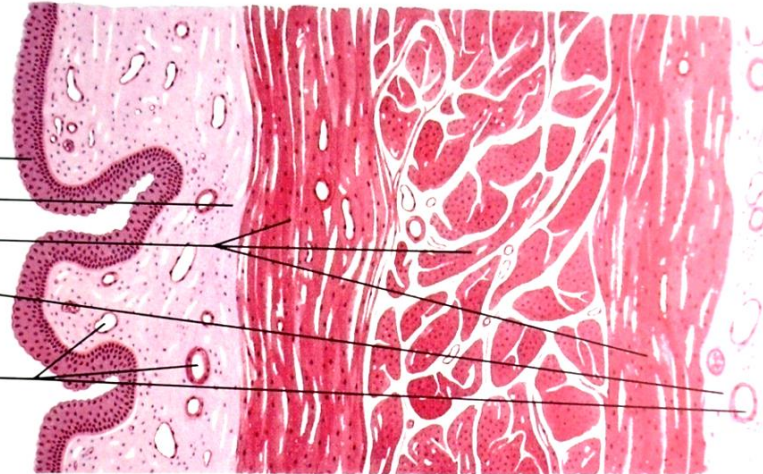
VEINS

ARTERIES

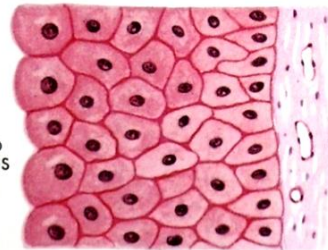
NERVE

SECTION THROUGH WALL OF URINARY BLADDER

TRANSITIONAL EPITHELIUM
TUNICA PROPRIA
MUSCLE LAYERS
ADVENTITIA
(SEROA PRESENT ONLY ON SIDES AND TOP OF BLADDER)
BLOOD VESSELS



TRANSITIONAL EPITHELIUM IN CONTRACTED STATE OF VISCUS



TRANSITIONAL EPITHELIUM IN DISTENDED STATE OF VISCUS



Urinary Bladder

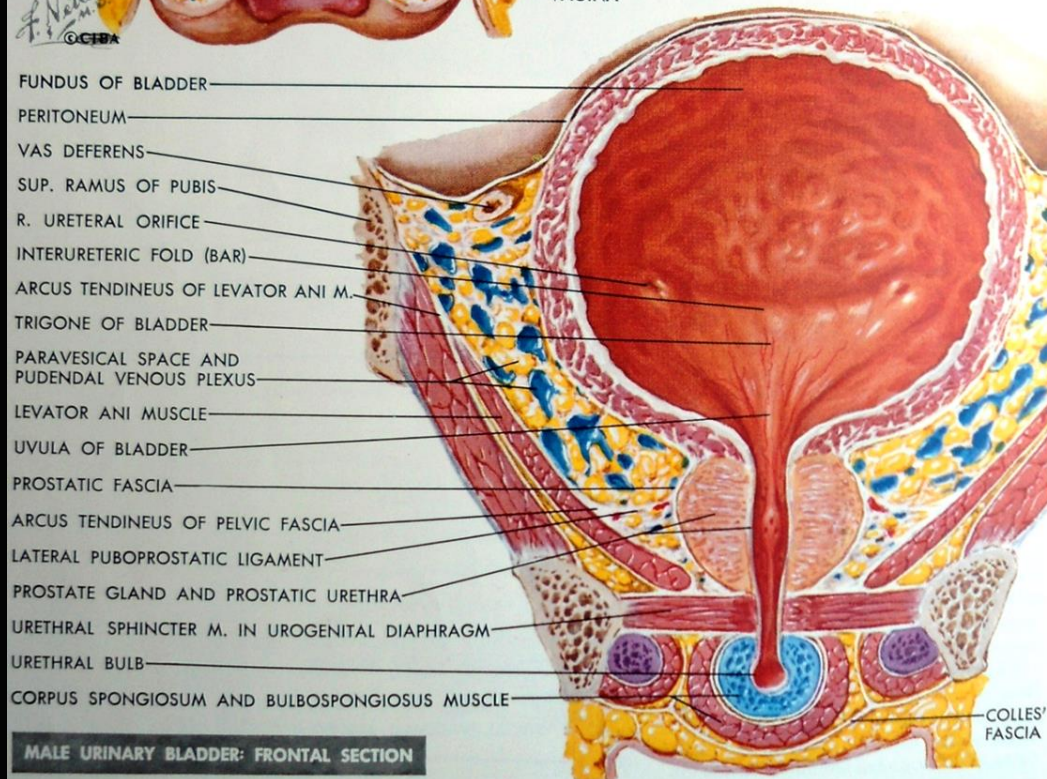
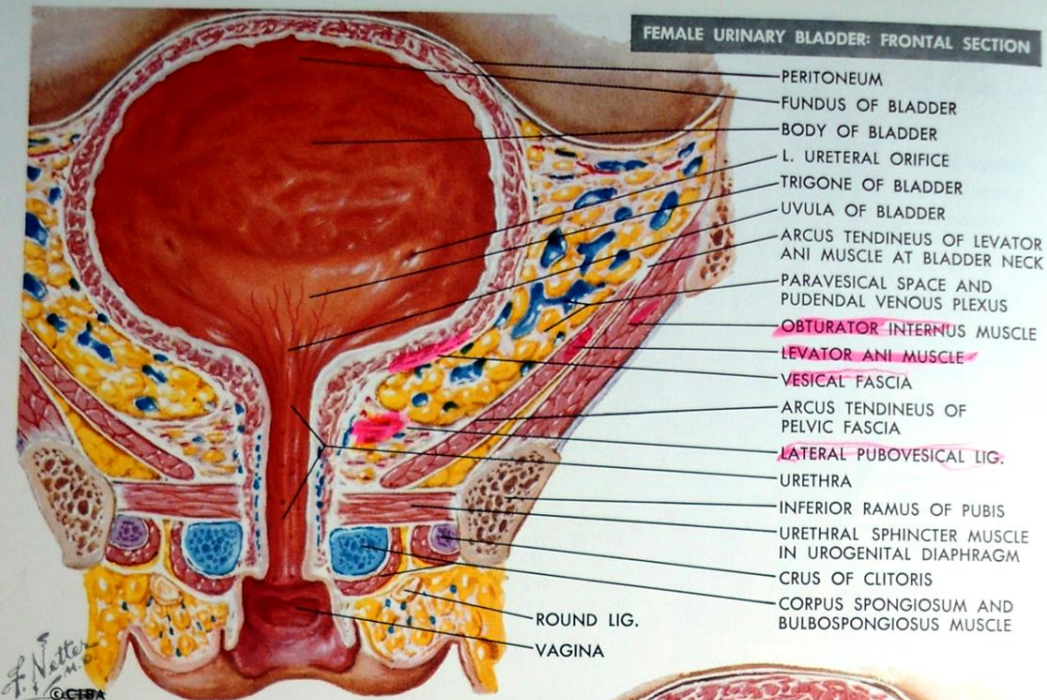
- المثانة البولية عبارة عن كيس عضلي مطاطي ، تعمل كمخزن للبول قبل طرح للخارج.
- توجد في داخل الحوض وعندما تمتلئ تصل الى اسفل البطن اما عند الطفل فهي عند اسفل البطن حتى وهب فارغة.
- فهي ذات جدار سميك تبدو على هيئة مثانة ولكن عندما وصول البول تبدو كروية الشكل ثم كمثرية الشكل عند امتلائها .
- يتركب جدار المثانة من اربع طبقات :
- ١- الطبقة المخاطية (الداخلية) وهي خلايا طلائية انتقالية قادرة على التمدد وتفرز مادة المخاط للحماية
- ٢- الطبقة تحت المخاطية : عبارة عن انسجة ضامه تصل ما بين الطبقة المخاطية والطبقة الثالثة العضلية
- ٣- الطبقة العضلية وتتكون من عضلات طولية للداخل ودائرية في الوسط وطولية في الخارج . وعند المجرى البولي تكون الالياف الدائرية ما يعرف بالعاصرة الداخلية (Internal sphinctor) وتحت هذه العاصرة توجد العاصرة الخارجية والتي تتكون من عضلات هيكلية
- ٤- الطبقة المصلية تتكون من امتداد غشاء البريتونيوم الذي يغطي السطح العلوي للمثانة .

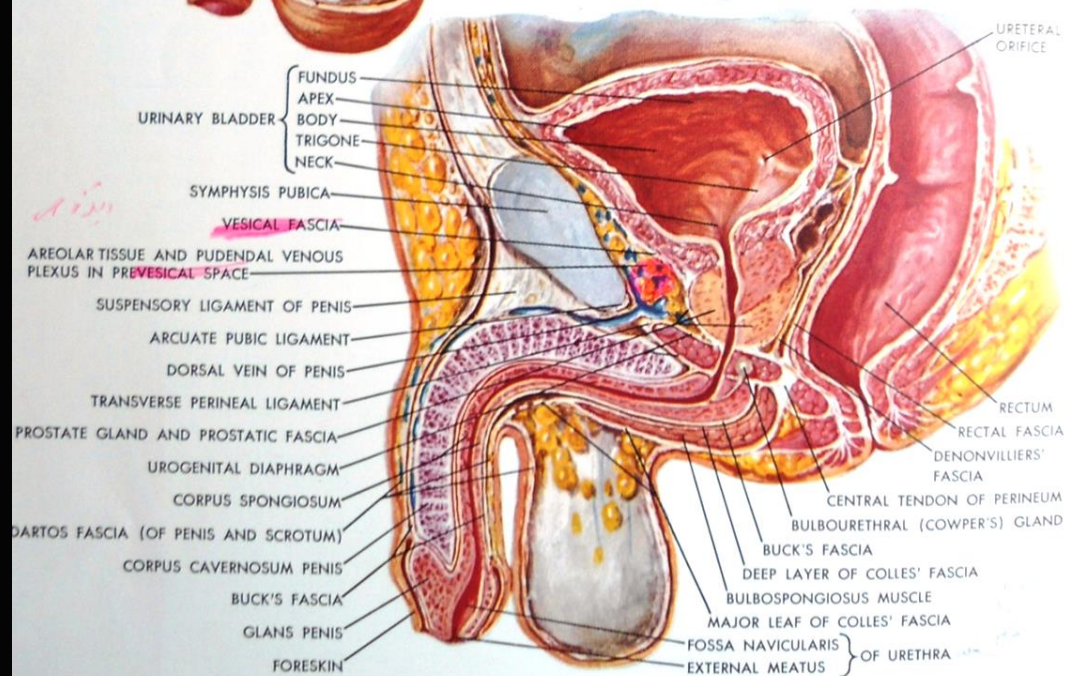
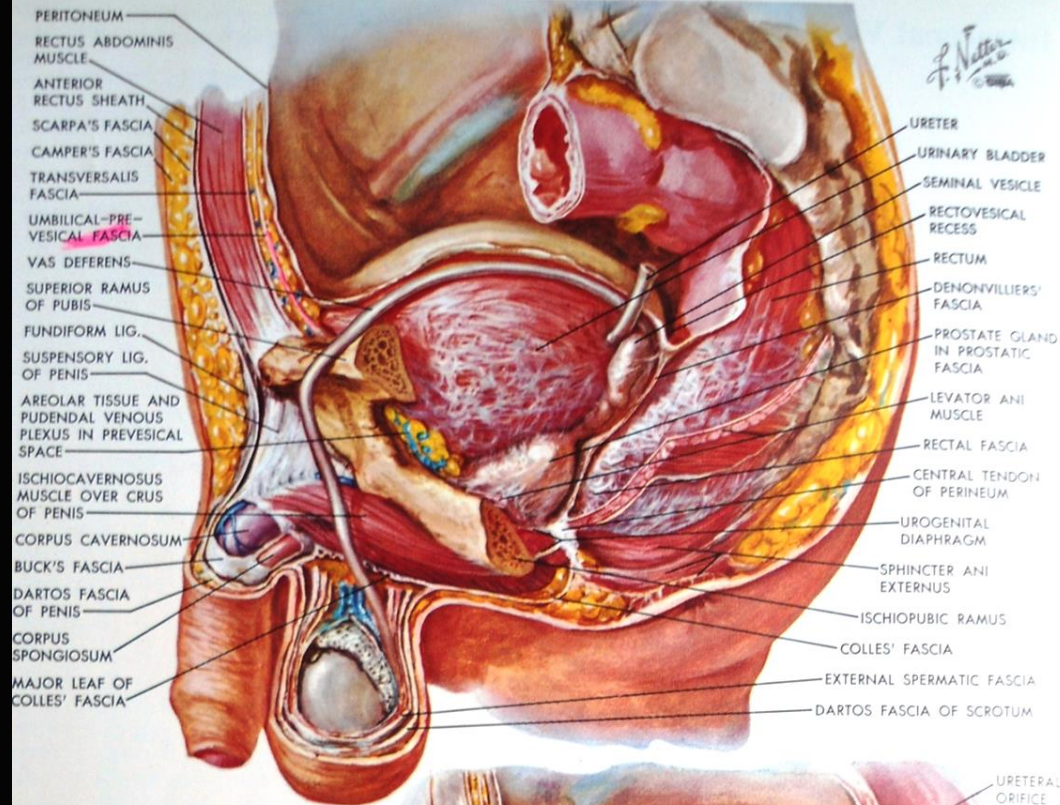


Urethra

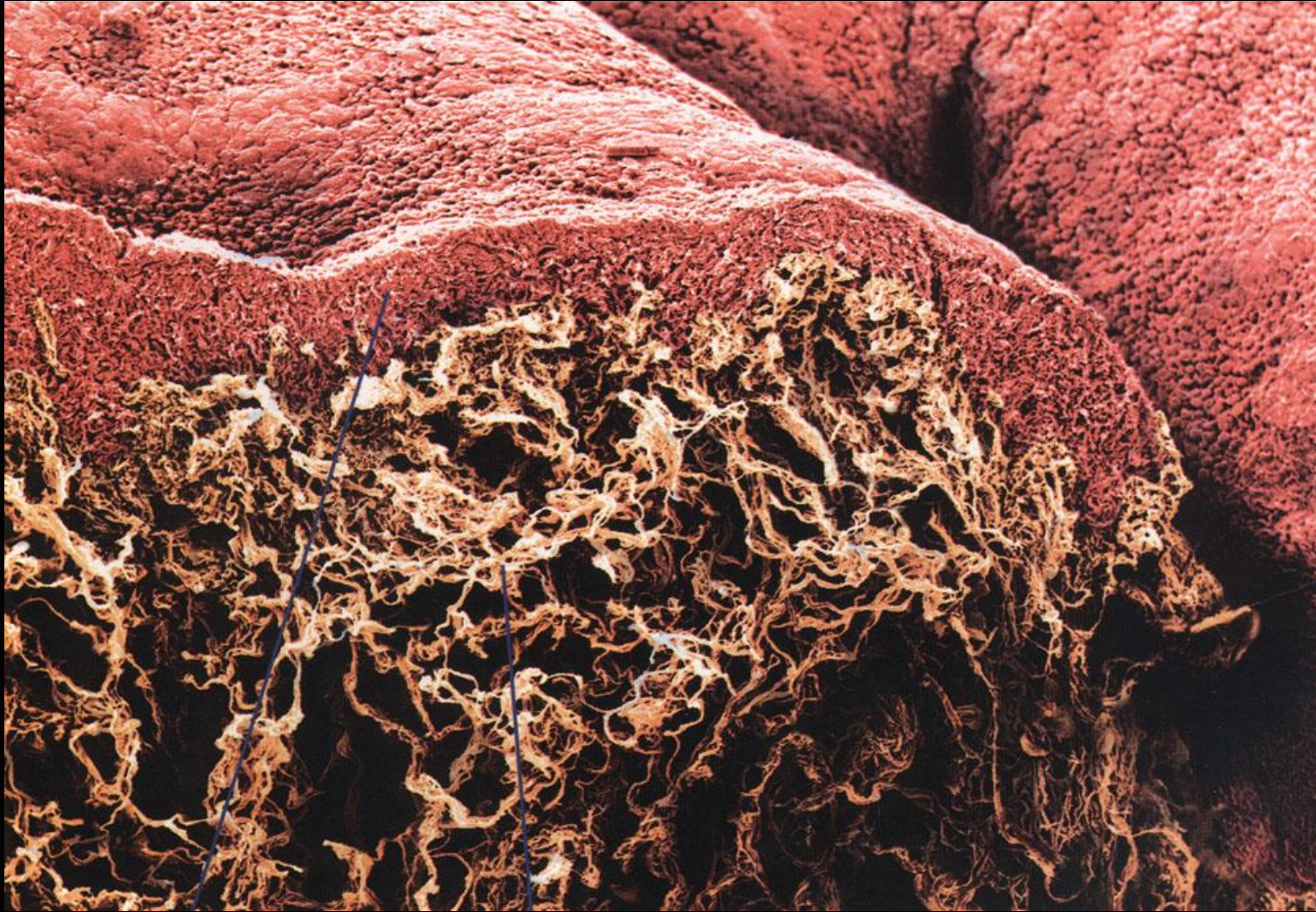
- الإحليل عبارة عن قناة طويلة تصل قاع المثانة البولية بخارج الجسم
- طولها في الرجل ٢٠ سم وفي المرأة ٤ سم وقطره ٦ مم من عنق المثانة الى فتحة الإحليل الأمامية او الخارجية .
- عند الرجل يكون هو القناة البولية التناسلية تمر وسط القضيب للرجل وتحاط بالأنسجة الأسفنجية، وقبل ذلك يمر الإحليل في غدة البروستاتا ، بينما في المرأة تفتح قناة الإحليل بفتح مستقلة اعلى الفرج للمرأة.
- يتركب جدار الإحليل من ثلاث طبقات :
- ١- الطبقة المخاطية للداخل ثم
- ٢ - طبقة اسفنجية رقيقة غنية بالشعيرات الدموية في الوسط ثم
- ٣- الطبقة العضلية للخارج وهي امتداد لتلك الطبقات العضلية للمساء في المثانة











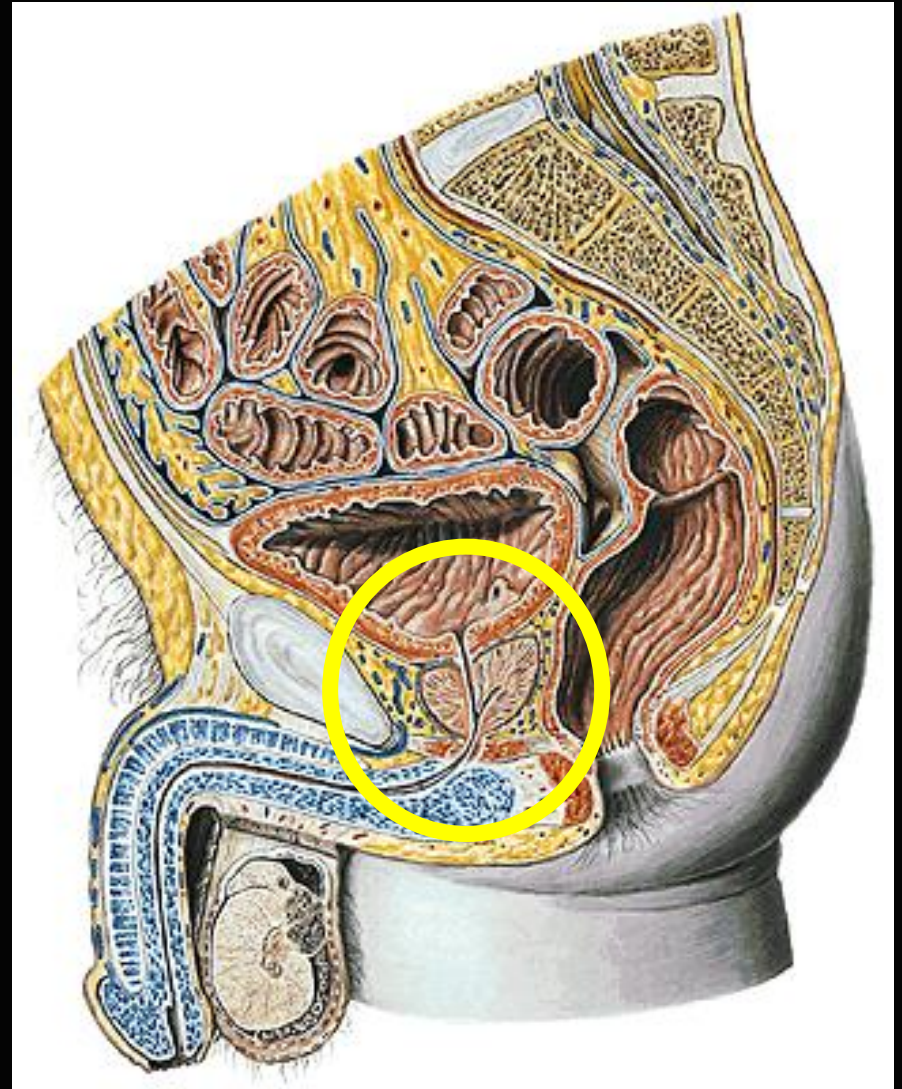
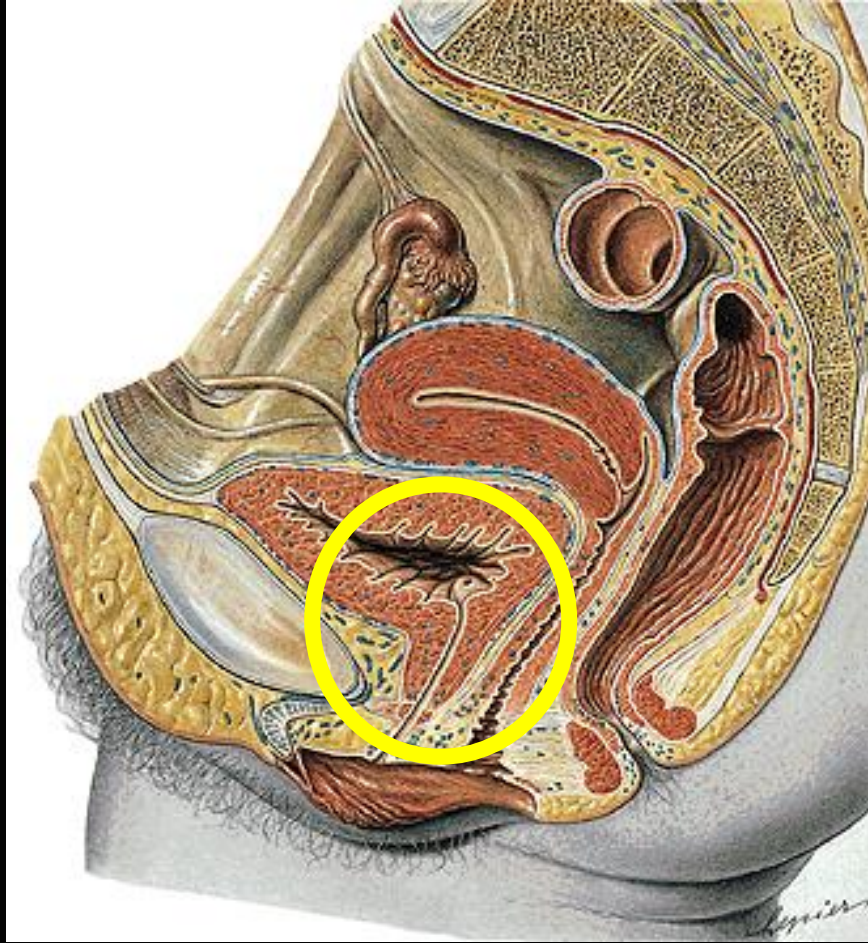
التحكم في خروج البول من المثانة (التبول)

- يفتح الحالبان عند قاعدة المثانة من الناحية العلوية العريضة بينما فتحة الإحليل توجد في قمة مثلث المثانة من الناحية السفلية .
- يتم طرد البول عن طريق التبول (urination) عن طريق تحفيزات عصبية حركية ودية وذاتية (Voluntary and involuntary)
- تبلغ سعة المثانة حوالي ٧٠٠-٨٠٠ مل وعندما تبلغ ٣٥٠-٤٠٠ مل تبدأ مستقبلات التمدد في جدار المثانة بنقل التحفيزات الى الجزء السفلي للحبل الشوكي ليرسل اشارة للمخ والذي بدوره يرسل الاعصاب الحركية لكي تنبه العضلات في جدار المثانة ثم للعاصرة لترتخي ومن ثم يندف البول الى المجري البولي او الإحليل.



Micturation





Micturition

Once urine enters the renal pelvis, it flows through the ureters and enters the bladder, where urine is stored.

Micturition is the process of emptying the urinary bladder.

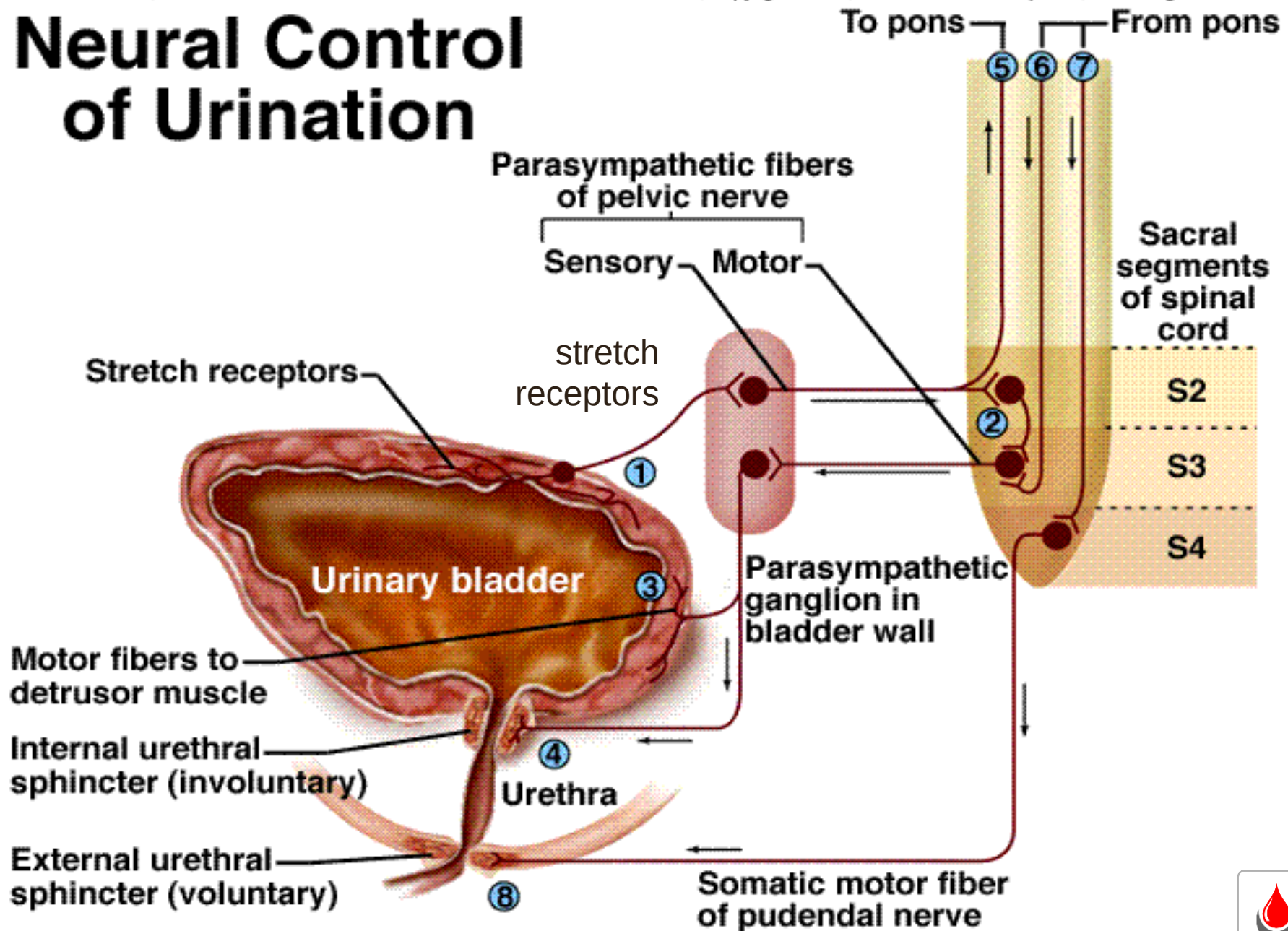
Two processes are involved:

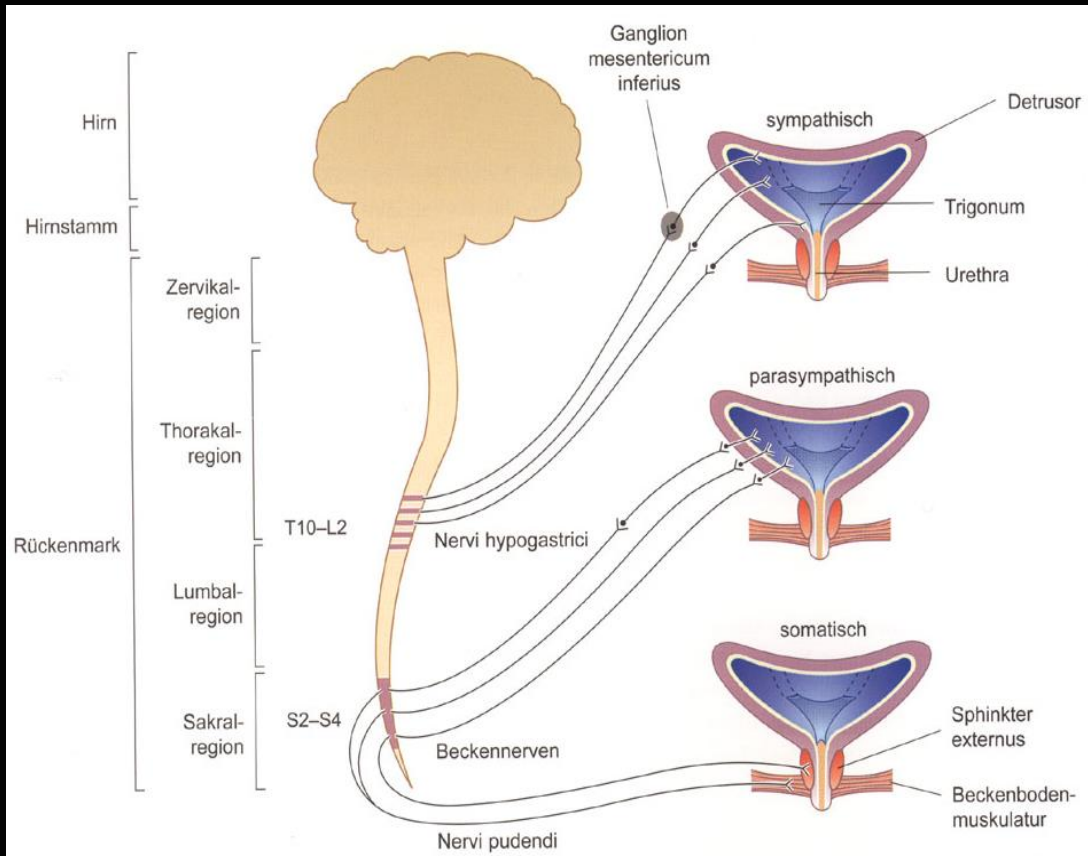
- (1) The bladder fills progressively until the tension in its wall rises above a threshold level, and then
- (2) A nervous reflex called the micturition reflex occurs that empties the bladder.

The micturition reflex is an automatic spinal cord reflex; however, it can be inhibited or facilitated by centers in the brainstem and cerebral cortex.



Neural Control of Urination





- Parasympathic S2-4
Plexus pelvici
(detrusor contractility)

- Sympathic Th10-L2
Nn. Hypogastrici
(Bladder neck relaxant)

- Somatic S2-4
N. Pudendus
(external sphincter)



